

Feeling better isn't about trying harder
It's about getting help



**MENTAL HEALTH
COOPERATIVE**

**BEHAVIORAL HEALTH
FOR ADULTS**

We welcome TennCare

www.mhc-tn.org

Here to Help

You are at the center of the team, along with your care manager, psychiatric provider, and therapist as we work together to help meet your behavioral health needs.

Locations

Nashville (Metro Center)

275 Cumberland Bend
Nashville, TN 37228
615-743-1555

Antioch

1309 Bell Road, Suite 201
Antioch, TN 37013
615-365-3160 office

Clarksville

871 Professional Park Dr
Clarksville, TN 37040
931-645-5440 office

Cleveland

2544 Dalton Pike SE
Cleveland, TN 37323
423-728-6400 office

Columbia

100 Berrywood Dr
Columbia, TN 38401
931-380-3449 office

Cookeville

418 N. Willow Ave
Cookeville, TN 38501
931-646-5600 office

Dickson

220 Skyline Circle
Dickson, TN 37055
615-446-3061 office

Gallatin

1078 South Water Ave
Gallatin, TN 37066
615-230-9663 office

Murfreesboro

1419 Kensington Square Court
Murfreesboro, TN 37130
615-904-6490 office

Chattanooga

801 N. Holtzclaw Ave, Ste 101
Chattanooga, TN 37404
423-697-5950 office
423-697-5953 intake

MEET YOUR TEAM

Care Manager

Connects you with services you may need, including:

- Living arrangements
- Financial supports and eligibility benefits
- Legal assistance - adult & juvenile court
- Medical and dental care
- Vocational or educational services
- Social support
- Transportation assistance
- Food and clothing resources

Psychiatrist/ Advanced Practice Nurse

Helps you to understand your symptoms and recommends a plan of care that may include medication.

Therapist

Assists you in learning new skills and strategies.

Also available:

- Substance abuse education and support
- Medication-Assisted Treatment (MAT)
- Intensive Services
- 24-hour emergency services
- Specialized pharmacy
- Primary care clinic

**For more information or
to make a referral:**
(615) 743-1555 or
1-866-816-0433 toll free
www.mhc-tn.org