

Feeling better isn't about trying harder
It's about getting help



CHILDREN & ADOLESCENTS

INTEGRATED APPROACH

- Community-Based Care Management
 - Child Psychiatry
- Evidence-Based Psychotherapy
 - Walk-In Initial Assessments
 - School-Based Services
 - Child & Youth Crisis Team
- Pediatric & Family Medicine Partnerships
 - Intensive Services: CTT & CCFT

We Welcome TennCare

Call us (615) 743-1555 or go online www.mhc-tn.org

Here to Help

We understand that every child is different. That's why we take the time to get to know you and your child before recommending any type of care. Only then can we develop a plan, together as a team, to meet your family's needs.

Locations

Nashville (Metro Center)

275 Cumberland Bend
Nashville, TN 37228
615-743-1555

Antioch

1309 Bell Road, Suite 201
Antioch, TN 37013
615-365-3160 office

Clarksville

871 Professional Park Dr
Clarksville, TN 37040
931-645-5440 office

Cleveland

2544 Dalton Pike SE
Cleveland, TN 37323
423-728-6400 office

Columbia

100 Berrywood Dr
Columbia, TN 38401
931-380-3449 office

Cookeville

418 N. Willow Ave
Cookeville, TN 38501
931-646-5600 office

Dickson

220 Skyline Circle
Dickson, TN 37055
615-446-3061 office

Gallatin

1078 South Water Ave
Gallatin, TN 37066
615-230-9663 office

Murfreesboro

1419 Kensington Square Court
Murfreesboro, TN 37130
615-904-6490 office

Chattanooga

801 N. Holtzclaw Ave, Ste 101
Chattanooga, TN 37404
423-697-5950 office
423-697-5953 intake

MEET YOUR TEAM

Care Manager

Connects you with services you may need, including:

- School consultation
- Transportation assistance
- Juvenile court assistance
- Behavior management assistance
- Eligibility benefits & financial supports
- Alcohol & drug treatment as needed

Child Psychiatrist/ Advanced Practice Nurse

Helps you to understand your child's behaviors and recommends treatment including medication if needed.

Therapist

Provides individual/family/group counseling.

- Trauma-Focused Cognitive Behavioral Therapy
 - Dialectical Behavioral Therapy
 - Cognitive Behavioral Therapy
 - Play Therapy

Also available:

- Intensive in-home services
- Substance abuse education and support
 - Specialized pharmacy

**For more information or
to make a referral:**

(615) 743-1555 or
(866) 816-0433 toll free
www.mhc-tn.org