

#### Introduction

### **Informed Consent Agreement**

Title of the Study:

Caregiver Engagement in Their Child's Mental Health Rehabilitation Services: Utilizing the Hoover-Dempsey and Sandler Model of Parental Involvement (2005) in Mental Health Counseling

Researchers: Dr. Michelle Wade and Andrew Holmgren

Contact information:

Dr. Michelle Wade

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#### Dear Participants,

My name is Andrew Holmgren, and I am a doctoral candidate at The University of New Orleans. Dr. Michelle Wade, and I are working on a research study to examine caregiver engagement in their child's mental health rehabilitation (MHR) counseling. The lead investigator for this study is Dr. Michelle Wade, an assistant professor at The University of New Orleans.

We are inviting you to participate in this research study, which includes a survey that will take approximately 20-30 minutes to complete, in the hopes of identifying ways to better improve MHR services and collaboration between clinicians, caregivers, and clients in these services.

To be eligible for participating in this study, participants need to meet the following criteria:

- (1) Current MHR clients age 4-16 years old, their caregiver, and their current MHR therapist
- (2) Client has a Child and Adolescent Level of Care Utilization System (CALOCUS) score of 3 or 4
- (3) Client has been enrolled in treatment for at least 3 months prior to participation date.

Participation in this study is completely voluntary, and you can choose to stop participation in this study at any time with no penalty. Participants will be eligible to be randomly selected to receive 1 of 33 \$15 Amazon gift card as a thank you for their

participation. Participants will be asked to provide their email address for this selection process and to distribute the gift cards to those participants who are selected. Your email address will not be included with your survey results and will only be used for the random selection and distribution of the gift card. There are no foreseeable risks for you to participate in this study. However, the survey questionnaire will ask you to reflect on your perceptions and behaviors within the counseling process, which may lead to some feelings of discomfort. Your answers will be anonymous, and the unique identifier that you will be asked to add will be used only to group responses from the client, caregiver and clinician. Your anonymous responses will be kept confidential and the electronic copies of the data will be stored on a passwordprotected computer. If you are a parent or caregiver of a client and reached out directly to participate in this research, your child's mental health clinician will need to be contacted as well to inform them of your participation and to receive their responses to the survey as well. Only the researchers involved in this study will have access to these protected documents. The results of the study may be published and shared with participating agencies on request. Any published data will not show any identifying information of the participants.

If you have any questions or concerns regarding this study, please contact Andrew Holmgren at aqholmgr@uno.edu or Dr. Michelle Wade at mewade@uno.edu. If you have any questions about your rights as a participant in this study, you may contact the University of New Orleans IRB by phone at

504-2850-6021 or by email at unoirb@uno.edu. Please contact Dr. Roberto Refinetti (504-280-6291) at the University of New Orleans for answers to questions about this research, your rights as a human subject, and your concerns regarding a research-related injury

### **Voluntary Consent by Participant:**

By clicking the next arrow, you acknowledge that you have read and understand your rights as a potential participant in this research study.

If you are the caregiver of the participating child, clicking next indicates your consent to participate in this study as well as your consent for your child to participate in this study.

If you directly requested to participate as a caregiver, your consent to participate in the study also indicates your consent for your child's mental health clinician/agency to be contacted to inform them of your participation and to recruit that clinician to participate too as part of the study.

If you do not wish to participate, you may close the window to exit.

Please enter the unique identifier designated for this child as agreed upon between the clinician, client caregiver, and client.

# Which agency are you currently working with?

$\bigcirc$	Absolute Health	$\bigcirc$	Jefferson Community Health Center
0	A Center for Hope and Change	0	Jefferson Parish Human Services Authority
$\bigcirc$	Acadiana Hope and Wellness Center	$\bigcirc$	Louisiana Behavioral Health
$\bigcirc$	All Out Community Care Services	$\bigcirc$	Louisiana Outreach Services
$\bigcirc$	American Active Rehabilitation	$\bigcirc$	Louisiana Solutions for Families
$\bigcirc$	Bayou Health Services	$\bigcirc$	Louisiana State Office of Mental Health
$\bigcirc$	Bayou Oaks Health Services	$\bigcirc$	Magnolia Family Services
$\bigcirc$	Behavioral Solutions LLC	$\bigcirc$	Mental Health Association of Louisiana
$\bigcirc$	Brighter Future Counseling Services	$\bigcirc$	Milestones Mental Health Agency
0	Brightside Social Services of Louisiana	0	New Orleans Center for Hope and Change
$\bigcirc$	Brightway Mental Health Clinic	$\bigcirc$	Pinnacle Community Services
$\bigcirc$	Center for Hope and Change	$\bigcirc$	Positive Direction Support Services
0	Center for Hope Children and Family Services	0	Rehabilitation Services of Acadiana
$\bigcirc$	Center for Thriving Families	$\bigcirc$	Rehabilitation Services of Louisiana
0	Cognitive Development Center	0	Rehabilitation Services of NW La- Bossier City
$\bigcirc$	Cognitive Institute	0	Resource Management Services Jennings
0	CORE	0	Resource Management Services Lafayette
0	Ekems Healthcare	$\bigcirc$	Resource Management Services Lake Charles
$\bigcirc$	Enhanced Destiny Services	$\bigcirc$	Shreveport Behavioral Health Clinic

Fidelity Behavioral Health Services	<ul> <li>Therapeutic Counseling Clinic</li> </ul>
Five Hearts Healthcare	Therapeutic Partners
○ Insight Guidance Group	O Total Life Cares Health Center
Integrated Family Services	We Care Behavioral Health
O Interim Healthcare Agency	O Westbank Mental Health Center LLC
O Jeffcare Community Health Center	O Not Listed
If your agency is not listed, ple	ease type it in below:
,	
Please indicate who is taking t	this survey
	this survey
O Clinician	this survey
Clinician CSOC Facilitator	this survey
Clinician CSOC Facilitator Parent	this survey
Clinician CSOC Facilitator	this survey
Clinician CSOC Facilitator Parent	chis survey
Clinician CSOC Facilitator Parent	chis survey
Clinician CSOC Facilitator Parent	this survey
Clinician CSOC Facilitator Parent	chis survey
Clinician CSOC Facilitator Parent Client	chis survey
Clinician CSOC Facilitator Parent Client  Parent PIPQ	chis survey
Clinician CSOC Facilitator Parent Client	chis survey
Clinician CSOC Facilitator Parent Client  Parent PIPQ	chis survey

Qualtrics Survey Software

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What is your identified gender?
O Female
O Male
O Nonbinary
O Prefer not to answer
With what race/ethnicity do you identify?
O American Indian or Alaskan Native
O Asian/ Pacific Islander
O Black/African American
O Hispanic
O White/Caucasian
Please answer the following:

	0-6 Months	7-12 Months	1 Year	2 Years	3 Years	4 Years	5+ Years
Approximately how long has your child been working with their current therapist?	0	0	0	0	0	0	0
Approximately how long have you been working with your child's current mental health agency?	0	0	0	0	0	0	0

	0-6	7-12					5+
	Months	Months	1 Year	2 Years	3 Years	4 Years	Years
Approximately how long overall has your child been in therapy?	0	$\circ$	0	0	$\circ$	$\circ$	0

Do you have previous experience in therapy as a client yourself?

- O Yes
- O No

People have different feelings about therapy. Please select the number on each line below that best describes your feelings about your experiences in therapy WHEN YOU WERE A CLIENT.

# My therapy:

Disliked	2	3	4	5	Liked
$\bigcirc$					6

### My therapist:

 Was mean
 2
 3
 4
 5
 Was nice

 O
 O
 O
 O
 O

# My therapist:

Ignored me	2	3	4	5	Cared about
1					me
$\circ$	$\bigcirc$	$\bigcirc$		$\bigcirc$	6

## My therapy experience was:

Bad	2	3	4	5	Good
Ф	0	0	0	0	6

#### I felt like:

An outsider	2	3	4	5	I belonged
$\bigcirc$	$\bigcirc$	$\circ$	0	$\circ$	6

### My overall experience was a:

Failure	2	3	4	5	Success
$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	6

Please indicate how much you AGREE or DISAGREE with each of the following statements. Please think about the current

## year in therapy as you consider each statement

	Disagree very strongly 1	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
I know how to help my child do well in their therapy	0	$\circ$	0	0	$\circ$	0
I don't know if I'm getting through to my child	0	$\circ$	0	$\circ$	$\circ$	0
I don't know how to help my child make good progress in therapy	0	0	0	0	0	0
I feel successful about my efforts to help my child learn new skills	0	$\circ$	0	0	$\circ$	0
I don't know how to help my child learn new skills	0	0	0	$\circ$	0	0

Please indicate how much you AGREE or DISAGREE with each of the following statements. Please think about the current year in therapy as you consider each statement.

	Disagree			Agree		Agree
	very		Disagree	just a		very
	strongly	Disagree	just a little	little	Agree	strongly
	1	2	3	4	5	6
Staff at this agency are interested and cooperative when they discuss my child	0	0	0	0	0	0

	Disagree			Agree		Agree
	very		Disagree	just a		very
	strongly	Disagree	just a little	little	Agree	strongly
	1	2	3	4	5	6
I feel welcome at this						
agency		$\circ$		$\circ$	$\circ$	$\circ$

# Please indicate HOW OFTEN the following have happened SINCE THE BEGINNING OF THIS YEAR IN THERAPY?

	Never 1	1 or 2 times this year 2	4 or 5 times this year 3	Once a week 4	A few times a week 5	Daily 6
My child's therapist asked me or expected me to help my child with therapy homework	0	0	0	0	0	0
My child's therapist asked me to talk with my child about the therapy session	0	0	0	0	0	0
My child's therapist asked me to attend therapy session	0	0	0	0	0	0
My child's therapist asked me to help out in therapy	0	0	0	0	0	0
My child's therapist contacted me (for example, sent a note, phoned, e-mailed)	0	0	0	0	0	0

Parents have many different beliefs about their level of responsibility in their children's therapy. Please respond to the following statement by indicating the degree to which you believe you are responsible for the following.

# I <u>believe</u> it's <u>my responsibility</u> to...

	Disagree very strongly 1	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
Volunteer to participate in session	$\circ$	0	$\circ$	0	0	0
Communicate with my child's therapist regularly	$\circ$	$\circ$	0	0	0	0
Help my child with therapeutic homework	$\circ$	$\bigcirc$	$\bigcirc$	0	$\circ$	0
Provide a space for therapy	$\circ$	$\bigcirc$	$\bigcirc$	0	$\circ$	$\circ$
Support decisions made by the therapist	$\bigcirc$	$\circ$	$\bigcirc$	0	$\circ$	0
Stay on top of things happening in session	$\bigcirc$	$\circ$	$\bigcirc$	0	$\circ$	0
Explain tough topics to my child	$\circ$	$\circ$	$\bigcirc$	0	$\circ$	0
Talk with other parents about therapy	$\bigcirc$	$\circ$	$\bigcirc$	0	$\circ$	0
Make the session better	$\circ$	$\circ$	$\circ$	0	$\circ$	$\circ$
Talk with my child about their sessions	$\circ$	$\circ$	0	$\bigcirc$	$\circ$	$\circ$

Dear Parent, Please indicate how much you AGREE or DISAGREE with each of the following statements. Please think about THE CURRENT YEAR IN THERAPY as you consider each statement

	Disagree very strongly	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
I know about additional resources and services at the agency	0	0	0	0	0	0
I have enough time and energy to help out with my child's therapy	0	0	0	0	0	0
I know enough about the subjects of my child's therapeutic homework to help them	0	0	0	0	0	0
I have enough time and energy to communicate effectively with my child's therapist	0	0	0	0	0	0
I have enough time and energy to attend sessions	0	0	0	0	0	0
I know how to supervise my child's therapeutic homework	0	0	0	0	0	0
I know about ways to participate in sessions	$\circ$	0	$\circ$	0	0	0
I know how to explain things to my child about their therapeutic homework	0	0	0	0	0	0

	Disagree very strongly 1	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
I have the skills to help out in my child's sessions	0	$\circ$	0	0	$\circ$	0
I have enough time and energy to supervise my child's therapeutic homework	$\circ$	0	0	0	0	0

Parents and families do many different things when they are involved in their children's therapy. We would like to know how often you have done the following SINCE THE BEGINNING OF THIS YEAR IN THERAPY

# Someone in this family...

	Never 1	1 or 2 times this year 2	4 or 5 times this year 3	Once a week 4	A few times a week 5	Daily 6
Talks with this child about their sessions	0	$\circ$	$\circ$	0	$\bigcirc$	0
Supervises this child's therapeutic homework	0	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Helps out in this child's therapy	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Utilize additional services and resources at the agency	0	0	0	0	0	0
Helps this child prepare for sessions	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\circ$	$\circ$

	Never 1	l or 2 times this year 2	4 or 5 times this year 3	Once a week 4	A few times a week 5	Daily 6
Volunteers to participate in sessions	0	$\circ$	$\circ$	$\circ$	$\circ$	0
Attends treatment plan meetings	0	$\circ$	$\circ$	0	$\circ$	0
Practices coping skills with this child	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$

Please indicate how much you AGREE or DISAGREE with each of the following statements. Please think about the current year in therapy as you consider each statement.

	Disagree very strongly	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
Parent meetings are scheduled so that I can attend	0	0	0	0	0	0
This agency lets me know about meetings and additional services and resources	0	0	0	0	0	0
The agency's staff contacts me promptly about any problems involving my child	0	0	0	0	0	0

	Disagree very strongly 1	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
The therapists at this agency keep me informed about my child's progress in therapy	0	0	0	0	0	0

Parents and families do many different things when they help their children with therapeutic homework. We would like to know how true the following things are for you and your family when you help your child with therapeutic homework. Please think about the current year in therapy as you read and respond to each item.

### We encourage this child...

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
When they don't feel like doing therapeutic homework	$\circ$	0	0	0	$\circ$	$\circ$
When they have trouble organizing therapeutic homework	0	0	0	0	0	0
To try new ways to do therapeutic homework when they are having a hard time	0	0	0	0	0	0

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
To be aware of how they are doing with therapeutic homework	0	0	0	0	0	0
To develop an interest in therapeutic homework	0	0	0	0	0	0
To look for more information about therapy subjects	0	0	0	0	0	0
To stick with a problem until they solve it	0	0	0	0	0	0
To believe that they can do well	$\circ$	0	0	$\bigcirc$	$\circ$	$\circ$
To believe that they can learn new things	0	$\circ$	0	0	$\circ$	$\circ$
To ask other people for help when a problem is hard	0	0	0	0	0	0
To follow the therapist's directions	$\circ$	$\circ$	0	$\circ$	$\bigcirc$	$\circ$
To explain what they think to the therapist	$\circ$	$\circ$	0	$\bigcirc$	$\bigcirc$	$\circ$
When they have trouble doing therapeutic homework	0	0	0	0	0	0

Parents and families do many different things when they help their children with therapeutic homework. We would like to know how true the following things are for you and your family when you help your child with therapeutic homework. Please think about the current year in therapy as you read and respond to each item.

#### We show this child that we

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
Like to learn new things	$\circ$	0	$\circ$	0	0	$\circ$
Know how to solve problems	0	$\circ$	$\circ$	0	0	$\circ$
Enjoy figuring things out	0	$\circ$	$\circ$	0	$\bigcirc$	$\circ$
Do not give up when things get hard	$\bigcirc$	$\circ$	$\circ$	0	0	$\circ$
Ask others for help when a problem is hard to solve	0	0	0	0	$\circ$	0
Can explain what we think to others	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$
Can learn new things	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Want to learn as much as possible	$\circ$	$\circ$	0	$\bigcirc$	$\circ$	0
Like to solve problems	$\circ$	$\circ$	0	0	0	$\circ$
Try different ways to solve a problem when things get hard	0	0	0	$\circ$	0	0

We show this child that we like it when they

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
Want to learn new things	$\circ$	0	$\circ$	$\circ$	$\bigcirc$	$\circ$
Try to learn as much as possible	0	$\circ$	$\circ$	0	0	$\circ$
Have a good attitude about doing his or her therapeutic homework	0	0	0	0	0	0
Keep working on therapeutic homework even when they don't feel like it	0	0	0	0	0	0
Ask the therapist for help	0	0	$\circ$	0	0	$\circ$
Explain what they think to the therapist	$\circ$	0	0	$\bigcirc$	0	0
Explains to us what they think about therapy	0	0	0	0	$\circ$	0
Work hard on therapeutic homework	$\circ$	0	0	0	$\circ$	0
Understand how to solve problems	$\circ$	$\circ$	$\bigcirc$	0	$\bigcirc$	$\circ$
Stick with a problem until he or she solves it	0	0	0	0	$\circ$	0
Organize their therapeutic homework	0	0	0	0	$\circ$	0
Check their progress	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$
Find new ways to do therapeutic homework when they get stuck	0	0	0	0	0	0

Dear Parent, please indicate HOW OFTEN the following have happened SINCE THE BEGINNING OF THIS YEAR IN THERAPY?

	Never 1	l or 2 times this year 2	4 or 5 times this year 3	Once a week 4	A few times a week 5	Daily 6
My child asked me to explain something about their therapeutic homework	0	0	0	0	0	0
My child asked me to supervise their therapeutic homework	$\circ$	0	0	$\circ$	0	0
My child asked me to attend sessions	0	$\circ$	$\circ$	0	$\circ$	$\bigcirc$
My child asked me to help out in sessions	0	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$
My child asked me to talk with their therapist	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\bigcirc$

Parents and families do many different things when they help their children with therapeutic homework. We would like to know how true the following things are for you and your family when you help your child with therapeutic homework. Please think about the current year in therapy as you read and respond to each item.

#### We teach this child

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
To go at their own pace while doing therapeutic homework	0	0	0	0	0	0
To take a break when they get frustrated	0	0	$\circ$	$\circ$	0	$\circ$
How to check therapeutic homework as they go along	0	0	0	0	0	0
How to get along with others	$\circ$	0	$\circ$	$\circ$	$\circ$	$\circ$
To follow the therapist's directions	$\circ$	0	$\circ$	$\circ$	$\circ$	$\circ$
Ways to make their therapeutic homework fun	0	0	0	0	0	0
How to find out more about things that interest them	0	0	0	0	0	0
To try the problems that help them learn the most	0	0	0	0	0	0
To have a good attitude about their therapeutic homework	0	0	0	0	0	0
To keep trying when they get stuck	$\circ$	0	0	$\circ$	0	$\circ$
To stick with their therapeutic homework until they finish it	0	0	0	0	0	0
To work hard	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
To talk with the therapist when they have questions	0	0	0	0	$\circ$	0
To ask questions when they don't understand something	0	0	0	0	0	0
To make sure they understand one question before going on to the next	0	0	0	0	0	0

We understand that the following information may be of a sensitive nature. We ask for this information because it helps us describe the range of families in our total group. Please bubble the response for each item that best describes you and your family.

# Please choose the job that best describes yours

$\bigcirc$	Unemployed, retired, student, disabled
$\bigcirc$	Labor, custodial, maintenance
$\bigcirc$	Warehouse, factory worker, construction
$\bigcirc$	Driver (taxi, truck, bus, delivery)
$\bigcirc$	Food services, restaurant
$\bigcirc$	Skilled Craftsman (plumber, electrician, etc.)
$\bigcirc$	Retail sales, clerical, customer services
$\bigcirc$	Service technician (appliances, computers, co

# Please choose the job that best describes your **spouse or** <u>partner's</u>:

O No spouse or partner
O Unemployed, retired, student, disabled
O Labor, custodial, maintenance
O Warehouse, factory worker, construction
O Driver (taxi, truck, bus, delivery)
O Food services, restaurant
O Skilled Craftsman (plumber, electrician, etc.)
O Retail sales, clerical, customer services
O Service technician (appliances, computers, cars)
O Bookkeeping, accounting, related administrative
O Singer/musician/writer/artist
O Real Estate/Insurance Sales
O Social services, public service, related governmental
O Teacher, nurse
O Professional, executive
On average, how many hours <b>per week</b> does your spouse or
partner work?
O No spouse or partner
0 0-5
O 6-20
O 21-40
O 41 or more

# Your spouse or partner's level of education (please check highest level completed)

- O No spouse or partner
- O Less than high school
- O High school or GED
- O Some college, 2-year
- O College or vocational degree
- O Bachelor's degree
- O Some graduate work
- O Master's degree
- O Doctoral Degree

# Family income per year

- O Less than \$5,000
- \$5,100-\$10,000
- \$10,001-\$20,000
- \$20,001-\$30,000
- \$30,01-\$40,000
- \$40,001-\$50,000
- Over \$50,001

How many children (under the age of 19) live in your home?

- O 1
- 0 2
- $\bigcirc$  3

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$\bigcirc$	4
$\bigcirc$	5
$\bigcirc$	6 or more

If you would like to be included in the random drawing for one of the 33 \$15 Amazon gift cards as a thank you for your participation once data collection is complete, please enter your email address below. This information will not be used for anything other than the random selection and distributing gift cards to selected participants and will not be associated with your survey responses.

If you would like for your child to be included in the random drawing for one of the 33 \$15 Amazon gift cards as a thank you for your participation once data collection is complete, please enter your email address below. This information will not be used for anything other than the random selection and distributing gift cards to selected participants and will not be associated with your survey responses.

## **Client PIPQ**

What is your current age?
What is your identified gender?
O Female
O Male
O Nonbinary
O Prefer not to answer
With what race/ethnicity do you identify?
O American Indian or Alaskan Native
O Asian/ Pacific Islander
O Black/African American
O Hispanic
O White/Caucasian
Please answer the following:

	0-6 Months	7-12 Months	1 Year	2 Years	3 Years	4 Years	5+ Years
Approximately how long have you been working with your current therapist?	0	0	0	0	0	0	0
Approximately how long have you been working with the current mental health agency?	0	$\circ$	0	0	0	0	0
Approximately how long overall have you been in therapy?	$\circ$	$\circ$	0	$\circ$	$\circ$	$\circ$	0

Dear Client, Families do many different things when they help children with therapy. Please think about how your family helps you with therapy and select the circle that matches what is most true for them. Thank you!

# The person in my family who usually helps me with my therapeutic homework

	Not true	A little true 2	Pretty true 3	Very true 4
Likes to learn new things	0	0	0	0
Knows how to solve problems	0	$\circ$	0	0
Doesn't give up when things get hard	$\circ$	$\circ$	0	0
Wants to learn as much as possible	0	$\circ$	$\circ$	$\bigcirc$

	Not true	A little true 2	Pretty true 3	Very true 4
Asks other people for help when a problem is hard to solve	0	0	0	0
Likes to solve problems	0	0	$\circ$	0
Enjoys figuring things out	0	$\circ$	0	$\circ$
Can explain what they think to other people	0	0	0	$\circ$
Tries a different way if they have trouble solving a problem	0	0	0	0
Can learn new things		$\circ$	$\circ$	$\circ$

Dear Client, Families do many different things when they help children with therapy. Please think about how your family helps you with therapy and select the circle that matches what is most true for them. Thank you!

# The person in my family who usually helps me with my therapeutic homework teaches me

	Not true	A little true 2	Pretty true 3	Very true 4
Ways to make my therapeutic homework fun	0	0	0	0
To keep trying when I get stuck	$\circ$	$\circ$	$\circ$	$\circ$

	Not true	A little true 2	Pretty true 3	Very true 4
To ask questions when I don't understand something	0	0	0	0
How to find out more about things that interest me	0	0	0	0
To make sure I understand one part before I go on to the next	0	$\circ$	0	0
To take a break when I get frustrated	$\circ$	0	0	$\circ$
How to check my progress in therapy as I go along	0	$\circ$	0	0
How to get along with others	0	0	0	0
To try the problems that help me learn the most	0	0	0	0
To follow therapist directions	0	0	0	0
To go at my own pace while doing my therapeutic homework	0	0	0	0
To talk with the therapist when I have questions	0	$\circ$	0	0
To stick with my therapeutic homework until I get it all done	0	0	0	0
To work hard	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$
To have a good attitude about my therapeutic homework	0	0	0	0

# The person in my family who usually helps me with my therapeutic homework encourages me

	Not true	A little true 2	Pretty true 3	Very true 4
When I don't feel like doing my therapeutic homework	0	0	0	0
When I have trouble organizing my therapeutic homework	0	0	0	0
When I have trouble doing my therapeutic homework	0	0	0	0
To be aware of how I'm doing my therapeutic homework	0	0	0	0
To try new ways to do therapeutic homework when I'm having a hard time	0	0	0	0
To look for more information about therapy subjects	0	0	0	0
To develop an interest in therapeutic homework	0	0	0	0
To believe that I can learn new things	0	$\circ$	0	$\circ$
To believe that I can do well in therapy	0	$\circ$	0	$\circ$
To ask the therapist for help when a problem is hard to solve	0	0	0	0

	Not true	A little true 2	Pretty true 3	Very true 4
To follow the therapist's directions	0	0	$\circ$	0
To explain what I think to the therapist	0	$\circ$	$\circ$	$\circ$

Dear Client, Families do many different things when they help children with therapy. Please think about how your family helps you with therapy and select the circle that matches what is most true for them. Thank you!

# The person in my family who usually helps me with my therapeutic homework shows me that they like it when I

	Not true	A little true 2	Pretty true 3	Very true 4
Stick with a problem until it gets solved	0	$\circ$	0	0
Check my work	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$
Understand how to solve problems	0	$\circ$	$\circ$	$\circ$
Ask the therapist for help	0	$\circ$	0	0
Try to learn as much as possible	$\circ$	0	$\circ$	0
Have a good attitude about doing my therapeutic homework	0	0	0	0
Work hard on my therapeutic homework	0	$\circ$	$\circ$	$\circ$

Qualtrics S	urvey Software
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	Not true	A little true 2	Pretty true 3	Very true 4
Explain what I think to the therapist	0	$\circ$	0	0
Want to learn new things	0	$\circ$	0	$\circ$
Find new ways to do my therapeutic homework when I get stuck	0	0	0	0
Explain what I think about therapy to him or her	0	0	0	0
Keep working on my therapeutic homework even when I don't feel like it	$\circ$	$\circ$	$\circ$	$\circ$

Dear Client, Clients have many different ideas about therapy and therapeutic homework. Please tell us how true each of the following ideas are for you. There are no right or wrong answers. The right answer is the answer that is most true for you. Your parents and therapist will NOT see what you say. Thank you!

	Not true	A little true 2	Pretty true 3	Very true 4
I can handle even the hardest situation if I try	0	0	0	0
I can learn the things taught in therapy	0	$\circ$	0	0
I can figure out difficult therapeutic homework	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$

	Not true	A little true 2	Pretty true 3	Very true 4
I want to understand how to solve problems	0	0	0	0
I like to look for more information about therapy subjects	0	0	0	0
I try to find a place that makes it easier to do my therapeutic homework	0	0	0	0
I ask myself questions as I go along to make sure my therapeutic homework makes sense to me	0		0	0
I try to figure out the hard parts on my own	0	0	0	0
I go back over things I don't understand	0	$\circ$	0	0
I can get along with my thearpist most of the time	0	0	0	0
I can go and talk with my therapist	0	$\circ$	0	0
I can get my therapist to help me if I have problems	0	0	0	0
I can explain what I think to my therapist	0	0	0	0
I ask for help from my parents when I have trouble understanding something	0	0	$\circ$	0
I ask my therapist to tell me how well I'm doing in thearpy	0	0	0	0
I want to learn new things	0	$\circ$	0	0

	Not true	A little true	Pretty true 3	Very true ⊿
I ask for help from my therapist when I have trouble understanding something	0		0	0

# **Therapist PIPQ**

Please enter in your current license (PLPC, LPC, LPC-S, MSW, CSW, LMSW, LCSW, etc.)
What is your current age?

What is your identified gender?

$\bigcirc$	Female
$\bigcirc$	Male
$\bigcirc$	Nonbinary
$\bigcirc$	Prefer not to answer

# With what race/ethnicity do you identify?

$\bigcirc$	American Indian or Alaskan Native
$\bigcirc$	Asian/ Pacific Islander
$\bigcirc$	Black/African American
$\bigcirc$	Hispanic
$\bigcirc$	White/Caucasian

# Please answer the following:

	0-6 Months	7-12 Months	1 Year	2 Years	3 Years	4 Years	5+ Years
Approximately how long have you been working with this client and their family?	0	0	0	$\circ$	0	0	0
Approximately how long have you been working with this mental health agency?	$\circ$	0	0	0	0	0	0
Approximately how many years of clinical experience do you have?	0	0	0	0	0	0	0

Please provide the client's current mental health diagnosis/diagnoses, including F codes.

Please indicate how much you think your client's caregiver AGREES or DISAGREES with each of the following statements. Please think about the current year in therapy as you consider each statement

	Disagree very strongly l	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
I know how to help my child do well in their therapy	0	0	0	0	0	0
I don't know if I'm getting through to my child	0	0	0	0	0	0
I don't know how to help my child make good progress in therapy	0	0	0	0	0	0
I feel successful about my efforts to help my child learn new skills	$\circ$	0	0	0	$\circ$	0
I don't know how to help my child learn new skills	0	0	0	$\circ$	0	$\circ$

Please indicate how much you think your client's caregiver AGREES or DISAGREES with each of the following statements.

Please think about the current year in therapy as you consider each statement.

	Disagree very strongly l	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
Staff at this agency are interested and cooperative when they discuss my child	0	0	0	0	0	0
I feel welcome at this agency	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

Please indicate HOW OFTEN your client's caregiver would report that the following have happened SINCE THE BEGINNING OF THIS YEAR IN THERAPY?

	Never 1	1 or 2 times this year 2	4 or 5 times this year 3	Once a week 4	A few times a week 5	Daily 6
My child's therapist asked me or expected me to help my child with therapy homework	0	0	0	0	0	0
My child's therapist asked me to talk with my child about the therapy session	0	0	0	0	0	0
My child's therapist asked me to attend therapy session	0	0	0	0	0	0
My child's therapist asked me to help out in therapy	0	0	0	$\circ$	0	0

		1 or 2	4 or 5		A few	
		times this	times this	Once a	times a	
	Never	year	year	week	week	Daily
	1	2	3	4	5	6
My child's therapist contacted me (for example, sent a note, phoned, e-mailed)	0	$\circ$	$\circ$	0	$\circ$	$\circ$

Parents have many different beliefs about their level of responsibility in their children's therapy. Please respond to the following statement by indicating the degree to which <u>you</u> <u>believe</u> your client's caregiver believes they are responsible for the following.

### I <u>believe</u> it's <u>my responsibility</u> to...

	Disagree very strongly	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
Volunteer to participate in session	$\circ$	$\circ$	$\bigcirc$	0	$\circ$	0
Communicate with my child's therapist regularly	0	0	0	0	0	0
Help my child with therapeutic homework	$\circ$	$\circ$	$\circ$	0	$\circ$	0
Provide a space for therapy	$\circ$	0	$\circ$	0	$\circ$	0
Support decisions made by the therapist	$\circ$	0	0	$\circ$	0	0
Stay on top of things happening in session	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\circ$

	Disagree very strongly 1	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
Explain tough topics to my child	0	$\circ$	0	$\circ$	$\circ$	0
Talk with other parents about therapy	$\circ$	$\circ$	$\circ$	0	0	0
Make the session better	$\circ$	$\circ$	$\circ$	0	0	0
Talk with my child about their sessions	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$	0

Please indicate how much you think your client's caregiver AGREES or DISAGREES with each of the following statements. Please think about THE CURRENT YEAR IN THERAPY as you consider each statement

	Disagree very strongly	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
I know about additional resources and services at the agency	0	0	0	0	0	0
I have enough time and energy to help out with my child's therapy	0	0	0	0	0	0
I know enough about the subjects of my child's therapeutic homework to help them	0	0	0	0	0	0

	Disagree very strongly	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
I have enough time and energy to communicate effectively with my child's therapist	0	0	0	0	0	0
I have enough time and energy to attend sessions	0	0	0	0	0	0
I know how to supervise my child's therapeutic homework	0	0	0	0	0	0
I know about ways to participate in sessions	0	$\circ$	0	0	$\circ$	$\circ$
I know how to explain things to my child about their therapeutic homework	0	0	0	0	0	0
I have the skills to help out in my child's sessions	0	0	0	0	0	0
I have enough time and energy to supervise my child's therapeutic homework	0	0	0	0	0	0

Parents and families do many different things when they are involved in their children's therapy. We would like to know how often you believe your client's caregiver has done the following SINCE THE BEGINNING OF THIS YEAR IN THERAPY

### Someone in this family...

	Never 1	l or 2 times this year 2	4 or 5 times this year 3	Once a week 4	A few times a week 5	Daily 6
Talks with this child about their sessions	0	$\circ$	0	0	$\circ$	0
Supervises this child's therapeutic homework	0	$\circ$	$\circ$	0	$\bigcirc$	0
Helps out in this child's therapy	0	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$
Utilize additional services and resources at the agency	0	0	0	0	0	0
Helps this child prepare for sessions	0	$\circ$	$\circ$	0	$\circ$	0
Volunteers to participate in sessions	0	$\circ$	$\circ$	$\bigcirc$	$\circ$	0
Attends treatment plan meetings	0	$\circ$	$\circ$	$\circ$	$\circ$	0
Practices coping skills with this child	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

Please indicate how much you think your client's caregiver AGREES or DISAGREES with each of the following statements. Please think about the current year in therapy as you consider each statement.

	Disagree very strongly l	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
Parent meetings are scheduled so that I can attend	$\circ$	$\circ$	$\circ$	$\circ$	0	$\circ$

	Disagree very strongly 1	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
This agency lets me know about meetings and additional services and resources	0	0	0	0	0	0
The agency's staff contacts me promptly about any problems involving my child	0	0	0	0	0	0
The therapists at this agency keep me informed about my child's progress in therapy	0	0	0	0	0	0

Parents and families do many different things when they help their children with therapeutic homework. We would like to know how true you believe the following things are for your client's family when they help their child with therapeutic homework. Please think about the current year in counseling as you read and respond to each item.

### We encourage this child...

	Not at all	A little bit	Somewhat	Often	Mostly	Completely
	true	true	true	true	true	true
	1	2	3	4	5	6
When they don't feel like doing therapeutic homework	0	0	0	0	0	0

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
When they have trouble organizing therapeutic homework	0	0	0	0	0	0
To try new ways to do therapeutic homework when they are having a hard time	0	0	0	0	0	0
To be aware of how they are doing with therapeutic homework	0	0	0	0	0	0
To develop an interest in therapeutic homework	0	0	0	0	0	0
To look for more information about therapy subjects	0	0	0	0	0	0
To stick with a problem until they solve it	0	0	0	0	0	0
To believe that they can do well	$\circ$	$\circ$	0	$\bigcirc$	$\circ$	0
To believe that they can learn new things	$\circ$	0	0	$\circ$	$\circ$	0
To ask other people for help when a problem is hard	$\circ$	0	0	0	0	0
To follow the therapist's directions	$\circ$	0	0	$\bigcirc$	0	0
To explain what they think to the therapist	$\circ$	0	$\circ$	$\circ$	0	$\circ$
When they have trouble doing therapeutic homework	0	0	0	0	0	0

Parents and families do many different things when they help their children with therapeutic homework. We would like to know how true you believe the following things are for your client's family when they help their child with therapeutic homework. Please think about the current year in therapy as you read and respond to each item.

#### We show this child that we

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
Like to learn new things	0	0	$\bigcirc$	$\circ$	0	$\circ$
Know how to solve problems	$\circ$	$\bigcirc$	0	0	0	$\circ$
Enjoy figuring things out	$\bigcirc$	0	$\circ$	0	0	$\circ$
Do not give up when things get hard	$\bigcirc$	0	$\circ$	0	0	$\circ$
Ask others for help when a problem is hard to solve	0	0	0	0	$\circ$	0
Can explain what we think to others	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$
Can learn new things	$\circ$	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\circ$
Want to learn as much as possible	0	0	0	0	0	0
Like to solve problems	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$

	Not at all	A little bit	Somewhat	Often	Mostly	Completely
	true	true	true	true	true	true
	1	2	3	4	5	6
Try different ways to solve a problem when things get hard	0	0	0	$\circ$	0	0

## We show this child that we like it when they

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
Want to learn new things	0	$\circ$	$\bigcirc$	0	$\bigcirc$	$\circ$
Try to learn as much as possible	$\bigcirc$	$\circ$	$\circ$	0	0	$\circ$
Have a good attitude about doing his or her therapeutic homework	0	0	0	0	0	0
Keep working on therapeutic homework even when they don't feel like it	0	0	0	0	0	0
Ask the therapist for help	$\circ$	$\circ$	$\circ$	0	$\circ$	0
Explain what they think to the therapist	0	$\circ$	$\circ$	0	$\bigcirc$	$\circ$
Explains to us what they think about therapy	$\circ$	0	0	0	0	0
Work hard on therapeutic homework	$\circ$	0	0	0	0	0
Understand how to solve problems	$\circ$	$\circ$	0	$\bigcirc$	$\circ$	0

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
Stick with a problem until he or she solves it	0	0	0	0	0	0
Organize their therapeutic homework	0	0	0	0	0	0
Check their progress	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Find new ways to do therapeutic homework when they get stuck	0	0	0	0	0	0

Please indicate HOW OFTEN you believe the following have happened between your client and their caregiver SINCE THE BEGINNING OF THIS YEAR IN THERAPY?

	Never 1	l or 2 times this year 2	4 or 5 times this year 3	Once a week 4	A few times a week 5	Daily 6
My child asked me to explain something about their therapeutic homework	0	0	0	0	0	0
My child asked me to supervise their therapeutic homework	0	0	0	0	0	0
My child asked me to attend sessions	$\bigcirc$	0	$\circ$	$\circ$	0	0
My child asked me to help out in sessions	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$

		1 or 2	4 or 5		A few	
		times this	times this	Once a	times a	
	Never	year	year	week	week	Daily
	1	2	3	4	5	6
My child asked me to talk with their therapist	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$

Parents and families do many different things when they help their children with therapeutic homework. We would like to know how true you believe the following things are for your client's family when they help their child with therapeutic homework. Please think about the current year in therapy as you read and respond to each item.

#### We teach this child

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
To go at their own pace while doing therapeutic homework	0	0	0	0	0	0
To take a break when they get frustrated	$\circ$	0	$\circ$	0	$\bigcirc$	0
How to check therapeutic homework as they go along	0	0	0	0	0	0
How to get along with others	$\circ$	0	$\circ$	$\circ$	$\bigcirc$	$\circ$
To follow the therapist's directions	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
Ways to make their therapeutic homework fun	0	$\circ$	0	0	0	0
How to find out more about things that interest them	$\circ$	$\circ$	0	0	$\circ$	0
To try the problems that help them learn the most	$\circ$	$\circ$	0	0	$\circ$	0
To have a good attitude about their therapeutic homework	0	0	0	0	0	0
To keep trying when they get stuck	$\circ$	0	0	$\circ$	0	0
To stick with their therapeutic homework until they finish it	0	0	0	0	0	0
To work hard	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$
To talk with the therapist when they have questions	0	0	0	0	0	0
To ask questions when they don't understand something	0	0	0	0	0	0
To make sure they understand one question before going on to the next	0	0	0	0	0	0

Families do many different things when they help children with therapy. Please think about how your client's family helps them with therapy and select the circle that matches what is most true for your client. Thank you!

# The person in my family who usually helps me with my therapeutic homework

	Not true	A little true 2	Pretty true 3	Very true 4
Likes to learn new things	0	0	0	0
Knows how to solve problems	$\circ$	0	0	$\circ$
Doesn't give up when things get hard	$\circ$	0	$\circ$	$\circ$
Wants to learn as much as possible	0	0	0	$\circ$
Asks other people for help when a problem is hard to solve	0	0	0	0
Likes to solve problems	$\circ$	0	0	$\bigcirc$
Enjoys figuring things out	$\circ$	0	0	$\bigcirc$
Can explain what they think to other people	0	0	0	$\circ$
Tries a different way if they have trouble solving a problem	0	0	0	0
Can learn new things	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$

Families do many different things when they help children with therapy. Please think about how your client's family helps them with therapy and select the circle that matches what is

### most true for your client. Thank you!

## The person in my family who usually helps me with my therapeutic homework teaches me

	Not true	A little true 2	Pretty true 3	Very true 4
Ways to make my therapeutic homework fun	0	0	0	0
To keep trying when I get stuck	$\circ$	0	0	$\circ$
To ask questions when I don't understand something	0	$\circ$	0	0
How to find out more about things that interest me	0	0	0	0
To make sure I understand one part before I go on to the next	0	0	0	0
To take a break when I get frustrated	0	0	0	0
How to check my progress in therapy as I go along	0	0	0	0
How to get along with others	0	0	0	$\circ$
To try the problems that help me learn the most	0	$\circ$	$\circ$	0
To follow therapist directions	0	0	0	0
To go at my own pace while doing my therapeutic homework	0	0	0	0

	Not true	A little true 2	Pretty true 3	Very true 4
To talk with the therapist when I have questions	0	0	0	0
To stick with my therapeutic homework until I get it all done	0	0	$\circ$	0
To work hard	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$
To have a good attitude about my therapeutic homework	0	0	0	$\circ$

# The person in my family who usually helps me with my therapeutic homework encourages me

	Not true	A little true 2	Pretty true 3	Very true 4
When I don't feel like doing my therapeutic homework	0	0	0	0
When I have trouble organizing my therapeutic homework	0	0	0	0
When I have trouble doing my therapeutic homework	0	0	0	0
To be aware of how I'm doing my therapeutic homework	0	0	0	0
To try new ways to do therapeutic homework when I'm having a hard time	0	0	0	0

	Not true	A little true 2	Pretty true 3	Very true 4
To look for more information about therapy subjects	$\circ$	0	0	$\circ$
To develop an interest in therapeutic homework	0	0	0	$\circ$
To believe that I can learn new things	0	$\circ$	0	$\circ$
To believe that I can do well in therapy	0	0	0	$\circ$
To ask the therapist for help when a problem is hard to solve	0	0	0	0
To follow the therapist's directions	0	0	0	0
To explain what I think to the therapist	0	0	0	0

Families do many different things when they help children with therapy. Please think about how your client's family helps them with therapy and select the circle that matches what is most true for your client. Thank you!

# The person in my family who usually helps me with my therapeutic homework shows me that they like it when I

	Not true	A little true 2	Pretty true 3	Very true 4
Stick with a problem until it gets solved	$\circ$	$\circ$	$\circ$	$\circ$

	Not true	A little true 2	Pretty true 3	Very true
Check my work	$\circ$	$\circ$	$\circ$	$\bigcirc$
Understand how to solve problems	0	$\circ$	0	$\circ$
Ask the therapist for help	0	$\circ$	0	$\circ$
Try to learn as much as possible	0	$\circ$	0	$\circ$
Have a good attitude about doing my therapeutic homework	0	0	0	0
Work hard on my therapeutic homework	0	$\circ$	0	$\circ$
Explain what I think to the therapist	0	$\circ$	0	$\circ$
Want to learn new things	0	$\circ$	0	$\circ$
Find new ways to do my therapeutic homework when I get stuck	0	0	0	0
Explain what I think about therapy to him or her	0	0	0	0
Keep working on my therapeutic homework even when I don't feel like it	0	0	0	0

Clients have many different ideas about therapy and therapeutic homework. Please tell us how true you believe each of the following ideas are for your client.

	Not true	A little true 2	Pretty true 3	Very true 4
I can handle even the hardest situation if I try	$\circ$	0	0	0
I can learn the things taught in therapy	$\circ$	0	0	0
I can figure out difficult therapeutic homework	$\circ$	0	0	0
I want to understand how to solve problems	$\circ$	0	0	0
I like to look for more information about therapy subjects	0	0	0	0
I try to find a place that makes it easier to do my therapeutic homework	0	0	0	0
I ask myself questions as I go along to make sure my therapeutic homework makes sense to me	0	0	0	0
I try to figure out the hard parts on my own	0	0	0	0
I go back over things I don't understand	$\circ$	0	0	0
I can get along with my thearpist most of the time	0	0	0	0
I can go and talk with my therapist	0	0	0	0
I can get my therapist to help me if I have problems	0	0	0	0
I can explain what I think to my therapist	$\circ$	0	0	0

	Not true	A little true 2	Pretty true 3	Very true 4
I ask for help from my parents when I have trouble understanding something	0	0	0	0
I ask my therapist to tell me how well I'm doing in thearpy	0	0	0	0
I want to learn new things	0	$\circ$	0	$\circ$
I ask for help from my therapist when I have trouble understanding something	0	0	0	0

If you would like to be included in the random drawing for one of the 33 \$15 Amazon gift cards as a thank you for your participation once data collection is complete, please enter your email address below. This information will not be used for anything other than the random selection and distributing gift cards to selected participants and will not be associated with your survey responses.

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#### **CSOC Clinician**

Please enter in your current license (PLPC, LPC, LPC-S, MSW, CSW, LMSW, LCSW, etc.) or degree (B.S., B.A., etc.)

What is your current ago?
What is your current age?
What is your identified gender?
O Female
O Male
O Nonbinary
O Prefer not to answer
With what race/ethnicity do you identify?
O American Indian or Alaskan Native
O Asian/ Pacific Islander
O Black/African American
O Hispanic
O White/Caucasian

Please answer the following:

	0-6 Months	7-12 Months	1 Year	2 Years	3 Years	4 Years	5+ Years
Approximately how long have you been working with this client and their family?	0	0	0	$\circ$	0	0	0
Approximately how long have you been working with your agency?	0	0	0	0	0	0	0
Approximately how many years of clinical experience do you have?	0	0	0	0	0	0	0

Please provide the client's current mental health diagnosis/diagnoses, including F codes.

Please indicate how much you think your client's caregiver AGREES or DISAGREES with each of the following statements. Please think about the current year in therapy as you consider each statement

	Disagree very strongly 1	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
I know how to help my child do well in their therapy	0	$\circ$	0	0	0	0

	Disagree very strongly 1	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
I don't know if I'm getting through to my child	0	0	0	0	0	0
I don't know how to help my child make good progress in therapy	0	0	0	0	0	0
I feel successful about my efforts to help my child learn new skills	0	0	0	$\circ$	0	0
I don't know how to help my child learn new skills	0	$\circ$	0	0	$\circ$	$\circ$

Please indicate how much you think your client's caregiver AGREES or DISAGREES with each of the following statements. Please think about the current year in therapy as you consider each statement.

	Disagree very strongly 1	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
Staff at this agency are interested and cooperative when they discuss my child	0	0	0	0	0	0
I feel welcome at this agency	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$

Please indicate HOW OFTEN your client's caregiver would report that the following have happened SINCE THE BEGINNING OF THIS YEAR IN THERAPY?

	Never 1	1 or 2 times this year 2	4 or 5 times this year	Once a week 4	A few times a week 5	Daily 6
My child's therapist asked me or expected me to help my child with therapy homework	0	0	0	0	0	0
My child's therapist asked me to talk with my child about the therapy session	0	0	0	0	$\circ$	0
My child's therapist asked me to attend therapy session	$\circ$	0	0	0	0	0
My child's therapist asked me to help out in therapy	0	0	0	0	0	0
My child's therapist contacted me (for example, sent a note, phoned, e-mailed)	0	0	$\circ$	0	0	0

Parents have many different beliefs about their level of responsibility in their children's therapy. Please respond to the following statement by indicating the degree to which <u>you</u> <u>believe</u> your client's caregiver believes they are responsible for the following.

### I <u>believe</u> it's <u>my responsibility</u> to...

	Disagree very strongly	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
Volunteer to participate in session	$\circ$	0	$\circ$	0	0	0
Communicate with my child's therapist regularly	0	0	0	$\circ$	0	0
Help my child with therapeutic homework	$\circ$	$\circ$	$\circ$	0	$\circ$	0
Provide a space for therapy	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$	0
Support decisions made by the therapist	$\circ$	0	$\circ$	$\bigcirc$	0	0
Stay on top of things happening in session	$\circ$	0	$\circ$	$\bigcirc$	0	0
Explain tough topics to my child	$\circ$	0	$\circ$	$\bigcirc$	0	0
Talk with other parents about therapy	$\circ$	0	$\circ$	$\circ$	0	0
Make the session better	$\circ$	0	$\circ$	$\bigcirc$	0	0
Talk with my child about their sessions	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$

Please indicate how much you think your client's caregiver AGREES or DISAGREES with each of the following statements. Please think about THE CURRENT YEAR IN THERAPY as you consider each statement

	Disagree very strongly	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
I know about additional resources and services at the agency	0	0	0	0	0	0
I have enough time and energy to help out with my child's therapy	0	0	0	0	0	0
I know enough about the subjects of my child's therapeutic homework to help them	0	0	0	0	0	0
I have enough time and energy to communicate effectively with my child's therapist	0	0	0	0	0	0
I have enough time and energy to attend sessions	0	$\circ$	0	0	0	0
I know how to supervise my child's therapeutic homework	0	0	0	0	0	$\circ$
I know about ways to participate in sessions	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\bigcirc$
I know how to explain things to my child about their therapeutic homework	0	0	0	0	0	0
I have the skills to help out in my child's sessions	0	0	0	$\circ$	0	0
I have enough time and energy to supervise my child's therapeutic homework	0	$\circ$	0	0	0	0

Parents and families do many different things when they are involved in their children's therapy. We would like to know how often you believe your client's caregiver has done the following SINCE THE BEGINNING OF THIS YEAR IN THERAPY

### Someone in this family...

	Never 1	1 or 2 times this year 2	4 or 5 times this year 3	Once a week 4	A few times a week 5	Daily 6
Talks with this child about their sessions	0	$\circ$	$\circ$	0	$\bigcirc$	$\circ$
Supervises this child's therapeutic homework	0	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$
Helps out in this child's therapy	0	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$
Utilize additional services and resources at the agency	0	0	0	0	0	0
Helps this child prepare for sessions	0	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Volunteers to participate in sessions	0	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$
Attends treatment plan meetings	0	0	$\circ$	$\bigcirc$	0	0
Practices coping skills with this child	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$

Please indicate how much you think your client's caregiver AGREES or DISAGREES with each of the following statements. Please think about the current year in therapy as you consider each statement.

	Disagree very strongly	Disagree 2	Disagree just a little 3	Agree just a little 4	Agree 5	Agree very strongly 6
Parent meetings are scheduled so that I can attend	0	0	0	0	0	0
This agency lets me know about meetings and additional services and resources	0	0	0	0	0	0
The agency's staff contacts me promptly about any problems involving my child	0	0	0	0	0	0
The therapists at this agency keep me informed about my child's progress in therapy	0	0	0	0	0	0

Parents and families do many different things when they help their children with therapeutic homework. We would like to know how true you believe the following things are for your client's family when they help their child with therapeutic homework. Please think about the current year in counseling as you read and respond to each item.

## We encourage this child...

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
When they don't feel like doing therapeutic homework	0	$\circ$	0	0	0	0
When they have trouble organizing therapeutic homework	0	0	0	0	0	0
To try new ways to do therapeutic homework when they are having a hard time	0	0	0	0	0	0
To be aware of how they are doing with therapeutic homework	0	0	0	0	0	0
To develop an interest in therapeutic homework	0	0	0	0	0	0
To look for more information about therapy subjects	0	0	0	0	0	0
To stick with a problem until they solve it	0	$\circ$	0	0	0	0
To believe that they can do well	$\circ$	$\circ$	0	0	$\bigcirc$	0
To believe that they can learn new things	$\circ$	$\circ$	0	0	$\bigcirc$	0
To ask other people for help when a problem is hard	0	0	0	0	0	0
To follow the therapist's directions	$\bigcirc$	$\circ$	$\circ$	0	$\bigcirc$	$\circ$

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
To explain what they think to the therapist	0	0	$\circ$	0	0	$\circ$
When they have trouble doing therapeutic homework	0	0	0	0	0	0

Parents and families do many different things when they help their children with therapeutic homework. We would like to know how true you believe the following things are for your client's family when they help their child with therapeutic homework. Please think about the current year in therapy as you read and respond to each item.

#### We show this child that we

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
Like to learn new things	$\circ$	0	$\circ$	0	0	$\circ$
Know how to solve problems	$\circ$	0	$\circ$	0	0	$\circ$
Enjoy figuring things out	$\circ$	0	$\circ$	0	0	$\circ$
Do not give up when things get hard	$\circ$	$\circ$	$\circ$	0	0	$\circ$
Ask others for help when a problem is hard to solve	0	$\circ$	$\circ$	$\circ$	$\circ$	0

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
Can explain what we think to others	$\circ$	$\circ$	0	0	$\bigcirc$	0
Can learn new things	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Want to learn as much as possible	$\bigcirc$	$\bigcirc$	$\circ$	0	0	$\circ$
Like to solve problems	$\circ$	$\circ$	$\circ$	$\circ$	0	0
Try different ways to solve a problem when things get hard	0	$\circ$	0	$\circ$	$\circ$	$\circ$

## We show this child that we like it when they

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
Want to learn new things	0	$\circ$	$\circ$	$\circ$	$\bigcirc$	0
Try to learn as much as possible	$\circ$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	$\circ$
Have a good attitude about doing his or her therapeutic homework	0	0	0	0	0	$\circ$
Keep working on therapeutic homework even when they don't feel like it	0	0	0	0	0	0
Ask the therapist for help	0	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$
Explain what they think to the therapist	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completel true 6
Explains to us what they think about therapy	0	$\circ$	0	0	0	0
Work hard on therapeutic homework	0	0	0	0	0	0
Understand how to solve problems	$\circ$	$\bigcirc$	0	$\circ$	$\circ$	$\circ$
Stick with a problem until he or she solves it	0	0	0	0	0	0
Organize their therapeutic homework	0	0	0	0	$\circ$	$\circ$
Check their progress	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Find new ways to do therapeutic homework when they get stuck	$\circ$	0	0	0	0	0

Please indicate HOW OFTEN you believe the following have happened between your client and their caregiver SINCE THE BEGINNING OF THIS YEAR IN THERAPY?

	Never 1	l or 2 times this year 2	4 or 5 times this year 3	Once a week 4	A few times a week 5	Daily 6
My child asked me to explain something about their therapeutic homework	0	0	0	0	0	0

		1 or 2 times this	4 or 5 times this	Once a	A few times a	
	Never	year 2	year 3	week 4	week 5	Daily 6
My child asked me to supervise their therapeutic homework	0	0	0	0	0	0
My child asked me to attend sessions	0	$\circ$	$\circ$	$\circ$	$\circ$	$\bigcirc$
My child asked me to help out in sessions	0	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\bigcirc$
My child asked me to talk with their therapist	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\circ$	$\bigcirc$

Parents and families do many different things when they help their children with therapeutic homework. We would like to know how true you believe the following things are for your client's family when they help their child with therapeutic homework. Please think about the current year in therapy as you read and respond to each item.

#### We teach this child

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
To go at their own pace while doing therapeutic homework	0	0	0	0	0	0
To take a break when they get frustrated	$\circ$	$\bigcirc$	0	$\bigcirc$	$\circ$	0

	Not at all true 1	A little bit true 2	Somewhat true 3	Often true 4	Mostly true 5	Completely true 6
How to check therapeutic homework as they go along	0	0	0	0	0	0
How to get along with others	$\circ$	$\circ$	$\circ$	0	$\bigcirc$	$\circ$
To follow the therapist's directions	$\circ$	$\circ$	$\circ$	0	$\bigcirc$	$\circ$
Ways to make their therapeutic homework fun	0	0	0	0	$\circ$	0
How to find out more about things that interest them	0	0	0	0	0	0
To try the problems that help them learn the most	0	0	0	0	0	0
To have a good attitude about their therapeutic homework	0	0	0	0	0	0
To keep trying when they get stuck	0	0	$\circ$	0	0	$\circ$
To stick with their therapeutic homework until they finish it	0	0	0	0	0	0
To work hard	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
To talk with the therapist when they have questions	$\circ$	$\circ$	0	0	0	0
To ask questions when they don't understand something	0	0	0	0	0	0

	Not at all	A little bit	Somewhat	Often	Mostly	Completely
	true	true	true	true	true	true
	1	2	3	4	5	6
To make sure they understand one question before going on to the next	0	0	0	0	0	$\circ$

Families do many different things when they help children with therapy. Please think about how your client's family helps them with therapy and select the circle that matches what is most true for your client. Thank you!

# The person in my family who usually helps me with my therapeutic homework

	Not true	A little true 2	Pretty true 3	Very true 4
Likes to learn new things	0	0	0	$\circ$
Knows how to solve problems	0	0	$\circ$	$\bigcirc$
Doesn't give up when things get hard	$\circ$	0	$\circ$	$\circ$
Wants to learn as much as possible	0	0	$\circ$	$\bigcirc$
Asks other people for help when a problem is hard to solve	0	0	0	0
Likes to solve problems	0	0	$\circ$	$\bigcirc$
Enjoys figuring things out	$\circ$	0	0	$\circ$

	Not true 1	A little true 2	Pretty true 3	Very true 4
Can explain what they think to other people	$\circ$	0	0	$\circ$
Tries a different way if they have trouble solving a problem	0	0	0	0
Can learn new things		$\circ$	$\circ$	$\bigcirc$

Families do many different things when they help children with therapy. Please think about how your client's family helps them with therapy and select the circle that matches what is most true for your client. Thank you!

# The person in my family who usually helps me with my therapeutic homework teaches me

	Not true	A little true 2	Pretty true 3	Very true 4
Ways to make my therapeutic homework fun	0	0	0	0
To keep trying when I get stuck	$\circ$	0	0	$\circ$
To ask questions when I don't understand something	0	0	0	$\circ$
How to find out more about things that interest me	0	0	0	0
To make sure I understand one part before I go on to the next	0	0	0	0

	Not true	A little true 2	Pretty true 3	Very tru 4
To take a break when I get frustrated	0	$\circ$	0	0
How to check my progress in therapy as I go along	0	0	0	0
How to get along with others	0	$\circ$	0	$\circ$
To try the problems that help me learn the most	0	0	0	0
To follow therapist directions	$\circ$	0	$\circ$	0
To go at my own pace while doing my therapeutic homework	0	0	0	0
To talk with the therapist when I have questions	0	0	0	0
To stick with my therapeutic homework until I get it all done	0	0	0	0
To work hard	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$
To have a good attitude about my therapeutic homework	$\circ$	$\circ$	$\circ$	0

The person in my family who usually helps me with my therapeutic homework encourages me

	Not true	A little true 2	Pretty true 3	Very true 4
When I don't feel like doing my therapeutic homework	0	0	0	0
When I have trouble organizing my therapeutic homework	0	0	0	0
When I have trouble doing my therapeutic homework	0	0	0	0
To be aware of how I'm doing my therapeutic homework	0	0	0	0
To try new ways to do therapeutic homework when I'm having a hard time	0	$\bigcirc$	0	0
To look for more information about therapy subjects	0	0	0	0
To develop an interest in therapeutic homework	0	0	0	0
To believe that I can learn new things	0	$\circ$	0	0
To believe that I can do well in therapy	0	$\circ$	0	0
To ask the therapist for help when a problem is hard to solve	0	0	0	0
To follow the therapist's directions	0	0	0	0
To explain what I think to the therapist	0	0	0	0

Families do many different things when they help children with therapy. Please think about how your client's family helps them with therapy and select the circle that matches what is most true for your client. Thank you!

# The person in my family who usually helps me with my therapeutic homework shows me that they like it when I

	Not true	A little true 2	Pretty true 3	Very true 4
Stick with a problem until it gets solved	0	$\circ$	$\circ$	0
Check my work	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$
Understand how to solve problems	$\circ$	$\circ$	$\circ$	$\bigcirc$
Ask the therapist for help	$\circ$	$\circ$	0	$\bigcirc$
Try to learn as much as possible	$\circ$	0	0	$\circ$
Have a good attitude about doing my therapeutic homework	0	0	0	0
Work hard on my therapeutic homework	$\circ$	$\circ$	0	$\bigcirc$
Explain what I think to the therapist	$\circ$	$\circ$	0	$\circ$
Want to learn new things	$\circ$	$\circ$	0	$\bigcirc$
Find new ways to do my therapeutic homework when I get stuck	0	$\circ$	0	0
Explain what I think about therapy to him or her	0	0	0	0

	Not true	A little true	Pretty true	Very true
	1	2	3	4
Keep working on my herapeutic homework even when I don't feel ike it	0	$\circ$	$\circ$	0

Clients have many different ideas about therapy and therapeutic homework. Please tell us how true you believe each of the following ideas are for your client.

	Not true	A little true 2	Pretty true 3	Very true 4
I can handle even the hardest situation if I try	$\circ$	0	0	$\circ$
I can learn the things taught in therapy	0	$\circ$	0	$\circ$
I can figure out difficult therapeutic homework	0	$\circ$	0	$\circ$
I want to understand how to solve problems	0	0	0	0
I like to look for more information about therapy subjects	0	0	0	0
I try to find a place that makes it easier to do my therapeutic homework	0	0	0	0
I ask myself questions as I go along to make sure my therapeutic homework makes sense to me	0	0	0	0
I try to figure out the hard parts on my own	0	$\circ$	$\circ$	$\circ$

	Not true	A little true 2	Pretty true 3	Very true 4
I go back over things I don't understand	$\circ$	0	0	$\circ$
I can get along with my thearpist most of the time	0	0	0	0
I can go and talk with my therapist	$\circ$	0	0	$\bigcirc$
I can get my therapist to help me if I have problems	0	0	0	0
I can explain what I think to my therapist	$\circ$	0	0	$\circ$
I ask for help from my parents when I have trouble understanding something	0	$\circ$	$\circ$	$\circ$
I ask my therapist to tell me how well I'm doing in thearpy	0	0	0	0
I want to learn new things	$\circ$	0	0	0
I ask for help from my therapist when I have trouble understanding something	0	0	0	0

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cards to selected participants and will not be associated with
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