

FROM GENOGRAM TO GENEALOGY IN CLINICAL SUPERVISION:
Person-of-the-Therapist, Family-of-Origin, and Generational Trauma

References

- Aponte, H. (1994). How personal can training get? *Journal of Marital and Family Therapy, 20*(1), 3–16.
- Aten, J. D., Madson, M. B., & Kruse, S. J. (2008). The supervision genogram: A tool for preparing supervisors-in-training. *Psychotherapy: Theory, Research, Practice, Training, 45*(1), 111–116.
- Bar-On, D. (1995). *Fear and Hope: Three Generations of the Holocaust*. Cambridge, MA: Harvard University Press.
- Benningfield, M. (1987). *Family of origin work in training and supervision*. Rockville, MD: U.S. Aspens Systems Corp.
- Bernard J. M., & Goodyear R. K. (2009). *Fundamentals of Clinical Supervision* (4th ed.). Upper Saddle River, NJ: Pearson.
- Bernard, J. M. (1979). Supervisor training: A discrimination model. *Counselor Education and Supervision, 19*, 60-68.
- Bowen, M. (1978). *Family Therapy in Clinical Practice*. New York: Jason Aronson.
- Braverman, S. (1997). The use of genograms in supervision. *The Complete Systemic Supervisor: Context, Philosophy, and Pragmatics*, 349-362.
- Center for Substance Abuse Treatment (US). (1993). *Treatment improvement protocol (TIP) series*. US Department of Health and Human Services, Public Health Service, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment.
- Crunk, A. E., & Barden, S. J. (2017). The Common Factors Discrimination Model: An integrated approach to counselor supervision. *The Professional Counselor, 7*(1), 62–75.
- Danieli, Y. (2010). *International Handbook of Multigenerational Legacies of Trauma*. New York & London: Plenum Press.
- Dagba, X. (). *The Trigger Workbook: A Practical Guide to Help You Illuminate Your Shadow, Heal Your Reactivity and Deepen Your Inner Peace*. Xavierdagba.com
- DeAngelis, T. (2019). The legacy of trauma. *Monitor on Psychology, 50*(2).
- Degrugy-Leary, J. (2017). *Post-traumatic slave syndrome: America's legacy of enduring injury*. Portland, OR: Joy DeGruy Publications Inc.
- Deveaux, F., & Lubell, I. (1994). Training the supervisor: Integrating a family of origin approach. *Contemporary Family Therapy: An International Journal, 16*(4), 291–299.
- Doige, N. (2007). *The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science*. New York: Viking Press.
- Elias, A., & Brown, A. D. (2022). The role of intergenerational family stories in mental health and wellbeing. *Frontiers in Psychology, 13*, 927795.
- Evans-Campbell, T. (2008). Historical trauma in American Indian/Native Alaska communities: A multilevel framework for exploring impacts on individuals, families, and communities. *Journal of Interpersonal Violence, 23*(3), 316-338.
- Frank, G. (1984). The Boulder Model: History, rationale, and critique. *Professional Psychology: Research and Practice, 15*(3), 417–435.
- Fu, C. N., Fu, M., Bustrum, J. M., & Jenks, E. H. (2023). The Worldview Genogram: A process model for enhancing diversity responsiveness and competence in education, training, and clinical supervision. *Psychological Services, 20*(2), 219–226.

- Duke, M. P., Lazarus, A., & Fivush, R. (2008). Knowledge of family history as a clinically useful index of psychological well-being and prognosis: A brief report. *Psychotherapy Theory, Research, Practice, Training*, 45, 268-272.
- Garcia, J. L. (2020). Historical Trauma and American Indian/Alaska Native Youth Mental Health Development and Delinquency. *New directions for child and adolescent development*, 2020(169), 41–58.
- Golden, R. (2021). *Epigenetics and Trauma*. Ebook: Youcanprint.
- Haber, R., & Hawley, L. (2004). Family of Origin as a Supervisory Consultative Resource. *Family Process*, 43(3), 373-390.
- Hardy, K. V., & Laszloffy, T. (1997). The cultural genogram: An application. In C. L. Storm & T. C. Todd, (Eds.), *The Reasonably Complete Systemic Supervisor Resource Guide* (pp. 34–39). Needham Heights, MA: Allyn & Bacon.
- Haynes, R., Corey, G., & Moulton, P. (2003). *Clinical Supervision in the Helping Professions: A practical guide*. Pacific Grove, CA: Brooks/Cole.
- Holloway, E. (1995). *Clinical supervision: A systems approach*. Thousand Oaks, CA: Sage.
- Keiley, M., Dolbin, M., Hill, J., Karuppaswamy, N., Liu, T., Natrajan, R., Poulsen, S., Robbins, N., & Robinson, P. (2007). The cultural genogram: Experiences from within a marriage and family therapy training program. *Journal of Marital and Family Therapy*, 28: 165-178.
- Kelly, B. D. (2019). The great Irish famine (1845-52) and the Irish asylum system: Remembering, forgetting, and remembering again. *Irish Journal of Medical Science*, 188(3), 953–958.
- Kirmayer, L. J., Gone, J. P., & Moses, J. (2014). Rethinking historical trauma. *Transcultural Psychiatry*, 51(3): 299-319.
- Lawson, D., & Gaushell, H. (1988). Family autobiography: A useful method for enhancing counselors' personal development. *Counselor Education and Supervision*, 28, 162–167.
- Lieberman, S. (1979). *Transgenerational Family Therapy*. London, UK: Croom Helm.
- Loganbill, C. R., Hardy, E. V., & Delworth, U. (1982). Supervision: A conceptual model. *The Counseling Psychologist*, 45, 78-83.
- McGoldrick, M., Gerson, R., & Petry, S. (2008). *Genograms: Assessment and Intervention* (3rd ed.). W.W. Norton & Co.
- Mendenhall, T. J., & Trudeau-Hern, S. (2014). Using medical genograms in clinical supervision. In R. A. Bean, S. S. Davis, & M. P. Davey (Eds.), *Clinical supervision activities for increasing competence and self-awareness*, (pp. 141-147), New Jersey: Wiley.
- Moore, D. S. (2015). *The Developing Genome: An Introduction to Behavioral Epigenetics*. New York: Oxford Press.
- Moore, S., Rosenthal, D., & Robinson, R. (2021). *The Psychology of Family History: Exploring Our Genealogy*. New York: Routledge.
- Peluso, P. R. (2003). The ethical genogram: A tool for helping therapists understand their ethical decision-making styles. *The Family Journal*, 11(3), 286-291.
- Powell, K. (2021, February 16). *50 Questions to Ask Relatives About Family History*. Retrieved from <https://www.thoughtco.com/fifty-questions-for-family-history-interviews>.
- Radtke, K. M., Ruf, M., Gunter, H. M., Dohrmann, K., Schauer, M., Meyer, A., & Elbert, T. (2011). Transgenerational impact of intimate partner violence on methylation in the promoter of the glucocorticoid receptor. *Translational Psychiatry*, 1(21).
- Rakoff, V., Sigal, J. J. & Epstein, N. (1966). Children and families of concentration camp survivors. *Canada's Mental Health*, 14, 24-26.
- Rashid, A., Rashid, A., & Rashid, M. (2022). Post-traumatic effects of COVID-19 and its transgenerational epigenetics. *International Journal of Innovative Science and Research Technology*, 7(7), 1577–1583.

- Robertson, P. K. (2017). *Connect with Your Ancestors: Transforming the Transgenerational Trauma of Your Family Tree* (Series Book 1). Calgary, Canada: Peaceful Possibilities Press.
- Robertson, P. K. (2017). *Let Your Tears Flow: Transforming the Transgenerational Trauma of Your Family Tree* (Series Book 2). Calgary, Canada: Peaceful Possibilities Press.
- Robertson, P. K. (2017). *Step Into The Light: Transforming the Transgenerational Trauma of Your Family Tree* (Series Book 3). Calgary, Canada: Peaceful Possibilities Press.
- Ronnestad, M. H. & Skovholt, T. M. (2003). The journey of the counselor and therapist: Research findings and perspectives on professional development. *Journal of Career Development*, 30, 5-44.
- Ronnestad, M. H., & Skovolt, T. M. (1993). Supervision of beginning and advanced graduate students of counseling and psychotherapy. *Journal of Counseling and Development*, 71, 396-405.
- Skovolt, T. M., & Ronnestad, M. H. (1992). *The Evolving Professional Self: Stages and Themes in Therapist and Counselor Development*. Chichester, England: Wiley.
- Stoltenberg, C. D. (1981). Approaching supervision from a developmental perspective: The counselor complexity model. *Journal of Counseling Psychology*, 28, 59-65.
- Stoltenberg, C. D., & Delworth, U. (1987). *Supervising Counselors and Therapists*. San Francisco: Jossey-Bass.
- Stoltenberg, C. D., McNeill, B., & Delworth, U. (1998). *IDM Supervision: An Integrated Developmental Model for Supervising Counselors and Therapists*. San Francisco: Jossey-Bass.
- Taggart, D., Rouf, K., Binti, I., Hisham, I., Duckworth, L., & Sweeney, A. (2021). Trauma, mental health and the COVID-19 crisis: Are we really all in it together? *Journal of Mental Health*, 30(4), 401-404.
- Todd, T. C., & Storm, C. L. (Eds.). (2014). *The Complete Systemic Supervisor: Context, Philosophy, and Pragmatics* (2nd ed.). Wiley-Blackwell.
- Tosone, C. (Ed.). (2020). *Shared Trauma, Shared Resilience During a Pandemic: Social Work in the Time of COVID-19*. Switzerland: Springer.
- Vinkers, C. H., Gueze, E., van Rooij, S. J. H., Kennis, M., Schur, R. R., Nispeling, D. M., Smith, A. K., Nievergelt, C. M., Uddin, M., Rutten, B. P. F., Vermetten, E., & Boks, M. P. (2021). Successful treatment of post-traumatic stress disorder reverses DNA methylation marks. *Molecular psychiatry*, 26(4), 1264–1271.
- Wells, V. K., Scott, R. G., Schmeller, L. J., Hilmann, J. A., & Searight, H. R. (1990). The family-of-origin framework: A model for clinical training. *Journal of Contemporary Psychotherapy*, 20(4), 223–235.
- Yehuda R., Daskalakis N. P., Bierer L. M., Bader H. N., Klengel T., Holsboer F., Binder E. B. (2016). Holocaust exposure induced intergenerational effects on FKBP5 methylation. *Biological Psychiatry*, 80, 372–380.
- Young, J., Stuart, J., Rubenstein, R., Boyle, A., Schotten, H., McCormick, F., Jorgensen, A., Halloran, K., & Pearce, J. (2003). Revisiting family of origin in the training of family therapists. *Australian and New Zealand Journal of Family Therapy*, 24, 132-140.