



# Trauma-Informed Supervision

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# Biography

Kim Street, PhD, LPC-MHSP – currently full-time, core faculty at Freed-Hardeman University in the Clinical Mental Health Counseling program. I have been licensed since 2007 and became a supervisor in 2012.

# Trauma-Informed Practice

## Safety

Both the physical and interpersonal environment.

## Trust

Confidentiality, boundaries, consistency, transparency

## Choice

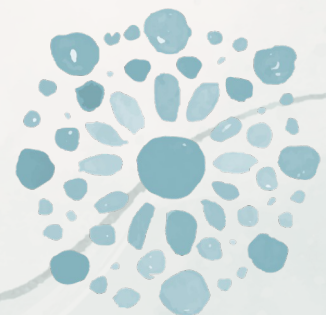
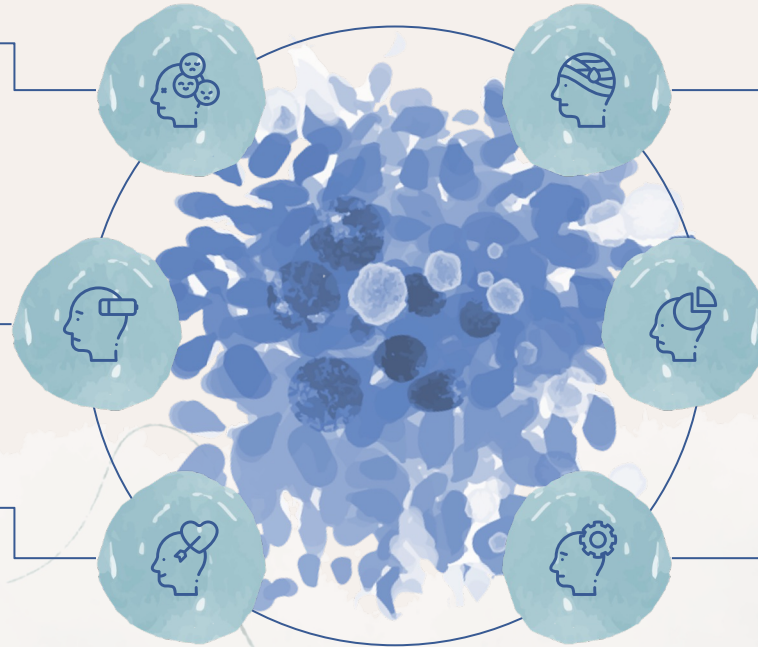
Giving clients the choice on their treatment.

## Collaboration

Encouraging an active role in treatment.

## Empowerment

Clients should have an active role in planning and evaluating the course of treatment.



# Trauma-Informed Supervision

## Knowledge of Trauma

How does trauma affect clients?

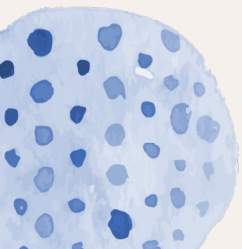


## Indirect Trauma



## Core Skills of Supervision

## Trauma-Informed Principles





# Trauma-Informed Supervision

**Trauma-Informed**

**Principles**

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**Safety**

**Choice**

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**Trust**

**Empowerment**

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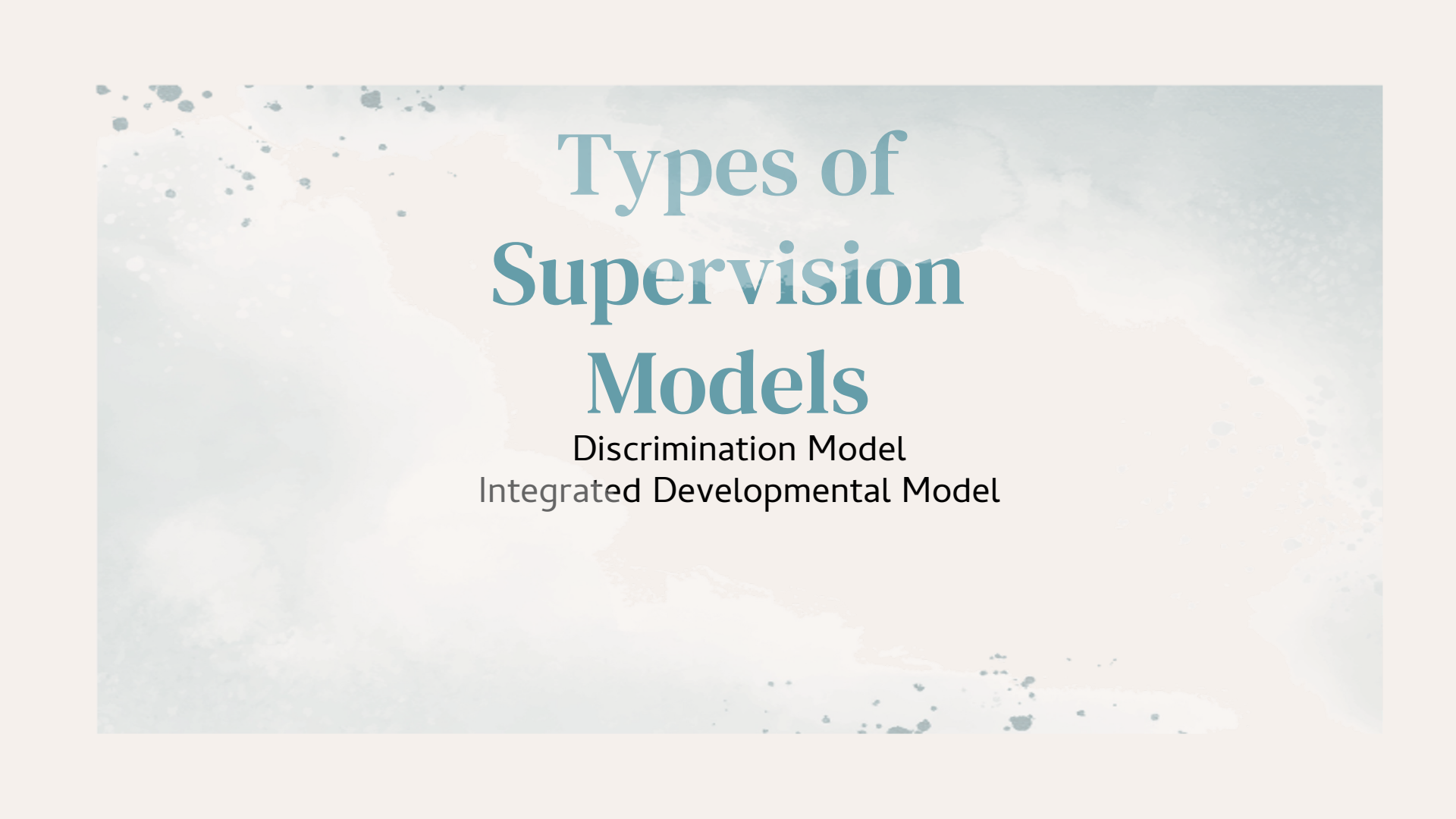
**Collaboration**

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# Types of Supervision Models





# Types of Supervision Models

Discrimination Model  
Integrated Developmental Model



# Discrimination Model: Goodyear & Bernard (2014)





## Integrated Developmental Model: Stoltenberg & Delworth (1987)