

2025 Counseling and Therapy Summit – Session Schedule

	Session 1	Session 2	Session 3	Session 4	Session 5
	9:45 to 10:45 AM	11:00 AM – 12:00 PM	2:00 – 3:00 PM	3:15 – 4:15 PM	4:30 – 5:30 PM
Boone Center	<i>Roundtables (See below for titles)</i>		Kali Connection Therapy: Creating Somatic Safety and Empowerment in Uncertain Times Mara Giovanni	<i>Navigating the Ethical Quagmire of Multiple Relationships and Boundary Extensions with Clients</i> Sarah Bracey	<i>Rhythms of Renewal: A Drum Circle for Counselor Replenishment and Connection</i> Vanessa Davis
Room 102/104	<i>Beyond "Checking the Box:" Effective and Creative Strategies for Utilizing the Suicide Safety Plan</i> Nathan Harris	<i>Let's Talk About Death: What Death, Dying, and Bereavement Teach us About Life and Living?</i> Carla Archuletta	<i>Homicidal Threat Assessment Training for LPCs</i> Rob Moore Clay Harris	<i>THE THRIVE INTERVENTION: Reorienting suicide treatment around story, meaning, recovery, & a relentless pursuit</i> Jacob Henry Adam Graham Jennifer Lockman	<i>Beyond the Code: Ethical Counseling in a Multicultural and Social Justice Framework</i> Marisa White
Room 106/108	<i>A Standard for Helping Your Practice Assess Suicidal Clients</i> Michael Christian	<i>Body Dysmorphic Disorder (BDD): Identifying an Often- Overlooked Concern</i> Benjamin Craft Amy Mariaskin	<i>Why Can't I be the Main Character? The Depictions of Eating Disorders in Films from 2000-2020</i> Jermeckia Sandefer	<i>Digital Detox for Families: Reclaiming Connection in a Hyperconnected World</i> Paul G. Helton	<i>Eating Disorders 101: Core Skills and Competencies for Treating Disordered Eating</i> Caroline Whitaker
Room 109	<i>Economic Realities in the Counseling Field: Implications of Data from Current and Former Counseling Students</i> Frankie Fachilla	<i>Creating a Self-Care Strategy for Early Career Counselors</i> Julie Barnes April Lamoreaux	<i>Redefining Parenthood: Navigating Identity Development in the Perinatal Period</i> Sara Rader	<i>Supervision of College Interns: Effective Tools and Skills to Make the Most of Student and Supervisor Growth</i> Tori Rokicki	<i>Rural Isolation and Its Mental Health Impact: Effective Counseling Strategies for Change</i> Paige Seymour
Room 110	<i>The Counseling Compact, The Time Is Near</i> Greg Searls	<i>Licensure Q & A</i> Kim Speakman	<i>Legislative Update</i> Heather Meshell Clay Harris April Lamoreaux	<i>The Counseling Compact, The Time Is Near (repeat session)</i> Greg Searls	
Room 111	<i>Adoption Soup: Exploring the Complex Needs of the Adoption Triad</i> Stacey Buford	<i>From Provider to Patient: An Inside Look at Mental Health Treatment</i> Amber Chaney	<i>Parent Abuse: The Best Hidden Family Secret</i> Jeremy Henderson- Teelucksingh	<i>What Do Counseling Clients Want? Messages From the White Board</i> Suzanne Grannis	<i>Becoming a Board-Certified Telemental Health Provider</i> Peter Wilson Lauren Groves
Room 113	<i>Rewiring the Past, Restoring the Present: The Role of Lifespan Integration in Treating Trauma and Dissociation</i> Stephanie Davis	<i>The Hidden Burden: Understanding the Impact of Parental Incarceration on Children Through an IFS Lens</i> Jasmine Reynolds	<i>Autistic Masking in Adults: The What, Why & How</i> Chris Quarto	<i>Autism, ADHD, and Sexual Compulsivity</i> Ray White	<i>Adult ADHD: Exploring Current Considerations for Diagnosis and Treatments</i> Mason Hale Katie Blair Ellie Heerema Andrew Newton Dot Perkins Jillian Royster

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Room 114	<i>Nurturing Growing Minds: Helping Teens Build Healthy Digital Habits for Mental Wellness</i> Ashley Elmquist	<i>Conceptualizing an Emerging Domain of Client Wellness: Social Media/Technology Health</i> Shelly Erdman Ben Nelson	<i>Streamlining Clinical Notes: Evaluating AI, Traditional Methods, and Ethical Standards</i> Lisa Long Shelly Erdman	<i>I Still Love Being a Counselor: The 5 Essential Truths in Maintaining Your Passion for Counseling Life Long</i> Donald Harvey	<i>Efficacy of Self Care and Burnout Prevention- Don't Just Put a Bandaid On It!</i> Aneta Hopkins
Room 115	<i>Supporting Transgender, Non-Binary, and Gender Expansive Clients in a Hostile Sociopolitical Landscape</i> Mickey White Jordan Westcott	<i>Enhancing Relationship Engagement during Trauma Reprocessing: A Two- Pronged Approach to PTSD Treatment</i> William Feck Cameron Harman	<i>Beyond the Behavior: Understanding the Function of Non-Suicidal Self-Injury</i> Dakota Lawrence	<i>BPD or C-PTSD? Understanding the Overlap and Key Differences</i> Dakota Lawrence	<i>Jump Start Your Brain: Emotional Regulation Activities for Youth</i> Jeff Devine
Quick Lecture Hall	<i>Human Centered Design and Systems Thinking in Clinical and Program Supervision</i> Tiffany Lindsey	<i>From Awareness to Action: Addressing Parallel Process in Supervision Across Cultural Identities</i> Britney Taylor Charita Upkins	<i>Bridging Experience and Leadership: The Correlation Between Clinical Tenure and Supervisory Self-Efficacy</i> Emily Keller Grace Garron Halle Bonner	<i>Scope it Out! Improving Compliance and Ethical Adherence by Clarifying Counselor Scope of Practice</i> Jenny French	<i>Spiritual Abuse: Implications for Mental Health Counseling</i> Andrea Mills Laura Enciso Hunter Braden Enchantice Laws
Greathouse, Room 211	<i>Rewired to Rest: Healing Trauma Through Cultural Humility and Nervous System Regulation</i> Yunetta Smith	<i>Therapeutic Connectedness: Using Evidence-Based De-escalation for Your Most Challenging Clients</i> Carletta Smelcer Bethany Powers	<i>Using the Family Art Assessment to Creatively Engage Children and their Caregivers in Family Sessions</i> Kasie Lee Kelly Diehl Abbey Wyatt Andrew Thompson		
Greathouse, Room 212	<i>Getting Unstuck: Discovering Rumination Focused ERP</i> Jeff Devine	<i>Taking the Stress out of Documentation</i> Aimee Isenberg	<i>Impression Management in Psychotherapy: How to Use Yourself as an Effective Therapeutic Tool</i> Francesca Giordano	<i>Strategies for Connecting and Engaging Adolescents and College Students</i> James Sapp	

Roundtables
9:45 to 10:45 AM - Boone Center

Session 1	<i>Counseling in a Non-democratic Society and Its Impact on the Counseling Profession</i>	Nicoletta Montgomery
Session 2	<i>Why is Woody Jealous of Buzz Lightyear? How Film Clips Can Develop Emotional Granularity in Grade 5 Boys</i>	Adam Diaz
Session 3	<i>The Practical Implications of the Dual Process Model of Coping with Bereavement in Mental Health Care Settings</i>	Mason Hale; John Kennedy; Danielle Peters
Session 4	<i>Acceptance & Commitment Therapy for Anxiety Disorders 101</i>	Benjamin Craft; Chris Pursell
Session 5	<i>Health-Medical Challenges and Grief: Group EMDR Therapy for Patients and Caregivers</i>	Carla Archuletta
Session 6	<i>When Good Intentions Backfire: Navigating Ethics and Professional Risks of Counselor Advocacy</i>	Marisa White