

## 2025 Counseling and Therapy Summit – Session Schedule

	Session 1	Session 2	Session 3	Session 4	Session 5
	9:45 to 10:45 AM	11:00 AM – 12:00 PM	2:00 – 3:00 PM	3:15 – 4:15 PM	4:30 – 5:30 PM
Boone Center	<i>Roundtables (See below for titles)</i>		Kali Connection Therapy: Creating Somatic Safety and Empowerment in Uncertain Times <b>Mara Giovanni</b>	<i>Navigating the Ethical Quagmire of Multiple Relationships and Boundary Extensions with Clients</i> <b>Sarah Bracey</b>	<i>Rhythms of Renewal: A Drum Circle for Counselor Replenishment and Connection</i> <b>Vanessa Davis</b>
Room 102/104	<i>Beyond "Checking the Box:" Effective and Creative Strategies for Utilizing the Suicide Safety Plan</i> <b>Nathan Harris</b>	<i>Let's Talk About Death: What Death, Dying, and Bereavement Teach us About Life and Living?</i> <b>Carla Archuletta</b>	<i>Homicidal Threat Assessment Training for LPCs</i> <b>Rob Moore Clay Harris</b>	<i>THE THRIVE INTERVENTION: Reorienting suicide treatment around story, meaning, recovery, &amp; a relentless pursuit</i> <b>Jacob Henry Adam Graham Jennifer Lockman</b>	<i>Beyond the Code: Ethical Counseling in a Multicultural and Social Justice Framework</i> <b>Marisa White</b>
Room 106/108	<i>A Standard for Helping Your Practice Assess Suicidal Clients</i> <b>Michael Christian</b>	<i>Body Dysmorphic Disorder (BDD): Identifying an Often- Overlooked Concern</i> <b>Benjamin Craft Amy Mariaskin</b>	<i>Why Can't I be the Main Character? The Depictions of Eating Disorders in Films from 2000-2020</i> <b>Jermeckia Sandefer</b>	<i>Digital Detox for Families: Reclaiming Connection in a Hyperconnected World</i> <b>Paul G. Helton</b>	<i>Eating Disorders 101: Core Skills and Competencies for Treating Disordered Eating</i> <b>Caroline Whitaker</b>
Room 109	<i>Economic Realities in the Counseling Field: Implications of Data from Current and Former Counseling Students</i> <b>Frankie Fachilla</b>	<i>Creating a Self-Care Strategy for Early Career Counselors</i> <b>Julie Barnes April Lamoreaux</b>	<i>Redefining Parenthood: Navigating Identity Development in the Perinatal Period</i> <b>Sara Rader</b>	<i>Supervision of College Interns: Effective Tools and Skills to Make the Most of Student and Supervisor Growth</i> <b>Tori Rokicki</b>	<i>Rural Isolation and Its Mental Health Impact: Effective Counseling Strategies for Change</i> <b>Paige Seymour</b>
Room 110	<i>The Counseling Compact, The Time Is Near</i> <b>Greg Searls</b>	<i>Licensure Q &amp; A</i> <b>Kim Speakman Candyce Wilson Katherine Trawick</b>	<i>Legislative Update</i> <b>Heather Meshell Clay Harris April Lamoreaux</b>	<i>The Counseling Compact, The Time Is Near (repeat session)</i> <b>Greg Searls</b>	
Room 111	<i>Adoption Soup: Exploring the Complex Needs of the Adoption Triad</i> <b>Stacey Buford</b>	<i>From Provider to Patient: An Inside Look at Mental Health Treatment</i> <b>Amber Chaney</b>	<i>Parent Abuse: The Best Hidden Family Secret</i> <b>Jeremy Henderson- Teelucksingh</b>	<i>What Do Counseling Clients Want? Messages From the White Board</i> <b>Suzanne Grannis</b>	<i>Becoming a Board-Certified Telemental Health Provider</i> <b>Peter Wilson Lauren Groves</b>
Room 113	<i>Rewiring the Past, Restoring the Present: The Role of Lifespan Integration in Treating Trauma and Dissociation</i> <b>Stephanie Davis</b>	<i>The Hidden Burden: Understanding the Impact of Parental Incarceration on Children Through an IFS Lens</i> <b>Jasmine Reynolds</b>	<i>Autistic Masking in Adults: The What, Why &amp; How</i> <b>Chris Quarto</b>	<i>Autism, ADHD, and Sexual Compulsivity</i> <b>Ray White</b>	<i>Adult ADHD: Exploring Current Considerations for Diagnosis and Treatments</i> <b>Mason Hale Katie Blair Ellie Heerema Andrew Newton Dot Perkins Jillian Royster</b>

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Room 114		<i>Conceptualizing an Emerging Domain of Client Wellness: Social Media/Technology Health</i> <b>Shelly Erdman</b> <b>Ben Nelson</b>	<i>Streamlining Clinical Notes: Evaluating AI, Traditional Methods, and Ethical Standards</i> <b>Lisa Long</b> <b>Shelly Erdman</b>	<i>I Still Love Being a Counselor: The 5 Essential Truths in Maintaining Your Passion for Counseling Life Long</i> <b>Donald Harvey</b>	
Room 115	<i>Supporting Transgender, Non-Binary, and Gender Expansive Clients in a Hostile Sociopolitical Landscape</i> <b>Mickey White</b> <b>Jordan Westcott</b>	<i>Enhancing Relationship Engagement during Trauma Reprocessing: A Two- Pronged Approach to PTSD Treatment</i> <b>William Feck</b> <b>Cameron Harman</b>	<i>Beyond the Behavior: Understanding the Function of Non-Suicidal Self-Injury</i> <b>Dakota Lawrence</b>	<i>BPD or C-PTSD? Understanding the Overlap and Key Differences</i> <b>Dakota Lawrence</b>	<i>Jump Start Your Brain: Emotional Regulation Activities for Youth</i> <b>Jeff Devine</b>
Quick Lecture Hall	<i>Human Centered Design and Systems Thinking in Clinical and Program Supervision</i> <b>Tiffany Lindsey</b>		<i>Bridging Experience and Leadership: The Correlation Between Clinical Tenure and Supervisory Self-Efficacy</i> <b>Emily Keller</b> <b>Grace Garron</b> <b>Halle Bonner</b>	<i>Scope it Out! Improving Compliance and Ethical Adherence by Clarifying Counselor Scope of Practice</i> <b>Jenny French</b>	<i>Spiritual Abuse: Implications for Mental Health Counseling</i> <b>Andrea Mills</b> <b>Laura Enciso</b> <b>Hunter Braden</b> <b>Enchantice Laws</b>
Greathouse, Room 211	<i>Rewired to Rest: Healing Trauma Through Cultural Humility and Nervous System Regulation</i> <b>Yunetta Smith</b>	<i>Therapeutic Connectedness: Using Evidence-Based De-escalation for Your Most Challenging Clients</i> <b>Carletta Smelcer</b> <b>Bethany Powers</b>	<i>Using the Family Art Assessment to Creatively Engage Children and their Caregivers in Family Sessions</i> <b>Kasie Lee</b> <b>Kelly Diehl</b> <b>Abbey Wyatt</b> <b>Andrew Thompson</b>		
Greathouse, Room 212	<i>Getting Unstuck: Discovering Rumination Focused ERP</i> <b>Jeff Devine</b>	<i>Taking the Stress out of Documentation</i> <b>Aimee Isenberg</b>	<i>Impression Management in Psychotherapy: How to Use Yourself as an Effective Therapeutic Tool</i> <b>Francesca Giordano</b>	<i>Strategies for Connecting and Engaging Adolescents and College Students</i> <b>James Sapp</b>	

<b>Roundtables</b> <b>9:45 to 10:45 AM - Boone Center</b>		
Session 1	<i>Counseling in a Non-democratic Society and Its Impact on the Counseling Profession</i>	<b>Nicoletta Montgomery</b>
Session 2	<i>The Practical Implications of the Dual Process Model of Coping with Bereavement in Mental Health Care Settings</i>	<b>Mason Hale; John Kennedy; Danielle Peters</b>
Session 3	<i>Acceptance &amp; Commitment Therapy for Anxiety Disorders 101</i>	<b>Benjamin Craft; Chris Pursell</b>
Session 4	<i>Health-Medical Challenges and Grief: Group EMDR Therapy for Patients and Caregivers</i>	<b>Carla Archuletta</b>
Session 5	<i>When Good Intentions Backfire: Navigating Ethics and Professional Risks of Counselor Advocacy</i>	<b>Marisa White</b>