



Counseling and Therapy Summit 2018

April 13-14, 2018

Embassy Suites, Murfreesboro, Tennessee





Healing Happens Here

West Palm Beach, FL | Vero Beach, FL | South Padre Island, TX

Origins Recovery Center™

HeadWaters at Origins™

Gate Lodge at Origins™

Hanley Center at Origins™

Hannah's House by Origins™

Transitions at Origins™

Origins Behavioral HealthCare is a group of age and gender specific substance use disorder treatment programs.

With locations in Florida and Texas, Origins offers evidence-based treatment modalities designed to address the individual needs of young adults, adults and older adults.

Offering residential and extended care.

OriginsRecovery.com
888.U.GET.WELL

Table of Contents

Conference at a Glance	4
Presidents' Welcome	7
Sponsors	8
Keynote Presentation	10
Opioid Panel Discussion	11
2018 Student Poster Presentations.....	13
Volunteers	15
Organization Meetings	17
Map of the hotel	18
Session 1	19
Session 2	25
CT Awards Luncheon	32
Session 3	34
Session 4	41
Session 5	48
Exhibitor Information	53
TNAMFT Leadership	61
TLPCA Leadership	62
Presenters	64
Notes	65

Conference at a Glance

Thursday, April 12, 2018

3:00-7:00 pm	Registration Open
7:00-10:00 pm	Exhibitor Set Up

Friday, April 13, 2018

7:00 am	Registration Open
7:15-8:00 am	Continental Breakfast in the Exhibit Hall
7:00 am-4:30 pm	Exhibit Hall Open
8:00-8:15 am	Opening Remarks- TLPCA and TNAMFT Presidents
8:15-10:15 am	Keynote: Moral Injury - Dr. Rita Brock
10:15-10:30 am	Break in the Exhibit Hall
10:30 am-12:00 pm	Keynote: Moral Injury - Dr. Rita Brock
12:00-12:30 pm	TENNVets.org Presentation
12:30-1:30 pm	Sit With a Vet Lunch
1:30-2:00 pm	Veterans Pro-Bono Networking
2:15-5:15 pm	Opioid Panel
5:30-7:30 pm	Opening Reception/Student Poster Showcase

Saturday, April 14, 2018

7:00 am	Registration Open
7:00-8:15 am	Breakfast in the Exhibit Hall 7:00 – 8:15
7:00 am- 4:30 pm	Exhibit Hall Open
8:30 -9:30 am	TNAMFT Town-Hall - Broadlands A-B
	TLPCA Membership Meeting - Cambridge A-B
9:30- 9:45 am	Break in the Exhibit Hall
9:45-11:45 am	Sessions
12:00-1:00 pm	CT Summit Awards Luncheon
1:15-4:35 pm	Sessions

Thursday, April 12	
3:00 – 7:00 pm	Registration Open
7:00 – 10:00	Exhibitor Set Up
Friday, April 13	
7:00 -6:00 am	Registration Open
7:15 – 8:00	Continental Breakfast in the Exhibit Hall Exhibit Hall Open 7:00 – 7:30
8:00-8:15	Opening Remarks- TLPCA and TNAMFT Presidents
8:15 – 10:15	Keynote: Moral Injury Dr. Rita Brock
10:15 – 10:30	Break in the Exhibit Hall
10:30 – 12:00	Keynote: Moral Injury Dr. Rita Brock
12:00 – 12:30	TENNVets.org Presentation
12:30 – 1:30	Sit With A Vet Lunch
1:30-2:00	Veterans Pro-Bono Networking
2:15- 5:15	Opioid Panel
5:30- 7:30 pm	Opening Reception/Student Poster Showcase

Saturday, April 14							
7:00 -5:00	Registration Open						
7:00 – 8:15	Breakfast in the Exhibit Hall 7:00 – 8:15 Exhibit Hall Open 7:00 – 4:30						
8:30 -9:30	TNAMFT Town-Hall Broadlands A-B				TLPCA Membership Meeting Cambridge A-B		
9:30- 9:45	Break in the Exhibit Hall						
Rooms	Broadlands A	Broadlands B	Oakleigh A	Oakleigh B	Oakleigh C	Cambridge A	Cambridge B
9:45- 10:45	Counseling With, not For: Establishing Anti-Oppressive Dialogue Zack Budesa	Treating Trauma in a Traumatic World Christine Bates	Legislative Session	Healing Psychological Injury: A Grief Model of Trauma Recovery Cindy Westcott	The Therapeutic Benefits of a Complete Evaluation Jessica Huddleston	Neuroplasticity and Addiction Treatment Barbara Peavey	Dating & Sexuality in Teens & Emerging Adults: Trends & Treatment Implications Amanda Grieme Bradlev

10:45- 10:55	Break in the Exhibit Hall						
10:55- 11:55	Intergeneration Supervision: Understanding the Clinical and Administrative Supervision Needs of Multiple Generations <i>Lacrecia Dangerfield</i>	Childhood Trauma & the Brain: Knowing How to Help Holistically <i>Christine Browning</i>	Using Feminist Therapy to Address Systemic Cultural Oppression and Improve Counseling Efficacy with Marginalized Populations <i>Frankie Fachilla</i>	Play Therapy and Expressive Art: An Ethical Approach to Building Resilience and Post Traumatic Growth in Children of Refugee Status <i>Anna Edgeston; Lydia Yau; Kate Worley; Suzanne Blackwood; Marisol Rosas-Biser</i>	"Help! I can't figure out what's going on with my client." Case formulation to the rescue! <i>Christopher Quarto</i>	Medical Family Therapy/ Integrative Behavioral Health: A Place for MFT's Randall Phillips	Intro to Drama Therapy: Principles, techniques, & current practices Sarah Rodgers
12:00 – 1:00	CT Summit Awards Luncheon						
1:15-2:15	Licensure Q & A	Responding to Emergency Responders <i>Derrick Edwards</i>	Tattoos As A Window To The Psyche <i>Ray White</i>	Tools for Spiritual Integration in Counseling <i>Mark Loftis</i>	When the One You Love Wants to Leave: Helping Couples Navigate the Crisis of Marital Separation <i>Donald Harvey</i>	The Realm of the Inner Healer – Healing Heart, Sacred Heart <i>Holly Cook</i>	Building Strong Brains Tennessee <i>Melissa McGee</i>
2:15- 2:25	Break in the Exhibit Hall						
2:25- 3:25	Group Supervision as Embodied Empathy <i>Graham Disque</i>	Understanding Brain Injury and Effective Counseling Strategies <i>Julia Johnson Jessy Barclay</i>	Treatment with Mixed-Orientation Couples <i>Joshua Gebhardt</i>	Neuroscience-Informed Career-Focused Counseling: Ethical Considerations <i>Chad Luke</i>	A Survivors Map: The Path to Licensure after Graduation <i>Peter Wilson (and panel)</i>	Parental Alienation: Theory and Practice <i>William Bernet</i>	Stop Media Trauma <i>Jenny Black</i>
3:35- 4:35	Blazing the Future: Online Supervision and Consultation Services for Mental Health Professionals <i>Rachel McCrickard</i>	Higher Educational Consortium	Treatment Issues Among Adult Third Culture Kids <i>Tyler Rogers Amelia Ward</i>	The Ethics of "Sincerely Held Principles" <i>Randall Phillips</i>	Exploring Private Practice; Is it something for me? <i>Gordon Brewer</i>	That's The Way We Became The Brady Bunch: Using Narrative Therapy With Families <i>Alvin Bonds, II</i>	Ethics, Language, and Stigma: Let's Talk About Addiction <i>Marisa White</i>

Presidents' Welcome



Dear presenters, sponsors, and attendees,

I wanted to take this opportunity to welcome you to the Counseling and Therapy Summit 2018. For the second year in a row, the Tennessee Association for Marriage and Family Therapy (TNAMFT) and the Tennessee License Professional Counselor Association (TLPCA) are thrilled to be hosting a combined conference and giving the opportunity for both our individual and joint members to have the time to socially connect and professionally grow together. We are very grateful this year to have the Rev. Dr. Rita Brock with us as our keynote speaker this year, along with our over 30 individual workshops and the panel of experts to address the continued opioid crisis in the state of Tennessee and how we as mental health clinicians can have a positive role in working toward solutions. As our two organizations find opportunity to work more closely together, we believe very much is to the benefit of not just us but also for the individuals and families in Tennessee that we desire to serve. Thank you so much for being with us and we look forward to the weekend to come.

Sincerely,

S. David Hall, PsyD, LMFT, LPC-MHSP

President- Tennessee Association for Marriage and Family Therapy



Greetings and welcome to the Annual CT Summit!

I am glad that you chose to attend this year. I believe that the program that awaits you will be professionally and personally meaningful. The conference leadership of both organizations have worked hard to provide this opportunity for all us. Don't forget to take time to make some new connections and renew old friendships, but most of all, take time to relax and enjoy yourself.

I look forward to seeing you and reconnecting.

Rob Moore, PhD, EdD, ACS, NCC, LPC-MHSP, LP-HSP
TLPCA President

Thank you to our Sponsors!

Origins Behavioral Health – Keynote Sponsor

*Cumberland Heights – CT Awards Luncheon
Sponsor*

Argosy University – Silver Sponsor

Focus Treatment Center – Reception Sponsor

Integrative Life Center – Reception Sponsor

*Trevecca Nazarene University Graduate
Counseling Program – Lanyard Sponsor*

Thank you to our Keynote Sponsor!

Origins Behavioral Healthcare



Origins Behavioral HealthCare operates age- and gender-specific alcohol and drug addiction treatment programs, with locations in Florida and Texas. Our approach to treatment consists of an integration of medical, clinical, psychological, and spiritual interventions and therapies designed to heal the whole person. Origins embraces the timeless 12-Step philosophy and compliments it with the latest medical and therapeutic approaches. We offer a highly effective and comprehensive approach to long-term aftercare support.

Call 888.843.8935 for more information or visit www.OriginsRecovery.com.



Keynote Presentation

Moral Injury



8:15 – 12:00 pm

Mirabella E



Dr. Rita Nakashima Brock, Rel. M., M.A

Moral Injury is a recent term used to describe the threat to identity and meaning posed by profound violations of core moral foundations. As a disruption of self-concept and relationships, it can be a dimension of most trauma. However, as a comprehensive form of suffering that involves moral emotions such as shame, outrage, betrayal, guilt, mistrust, and grief, few evidence-based protocols exist for addressing it. This presentation will provide an overview of the state of research on moral injury and strategies for recovery.

1. Understand moral injury and its consequences especially in military veterans, but also in other professions.
2. Identify morally injurious aspects of trauma and select best-practice strategies for different populations and precipitating events.
3. Articulate and implement integrative resources for addressing moral injury and supporting recovery.
4. Reflect upon and assess the relationship between Post Traumatic Stress and moral injury.

Dr. Brock is Senior Vice President for Moral Injury Programs at Volunteers of America. A native of Fukuoka, Japan, Brock was six years old when she and her mother were brought to the U.S. by her stepfather from Amory, Mississippi. She was raised in a military family and currently resides in San Pedro, CA. From 2001-2002, she was a fellow at the Harvard Divinity School Center for Values in Public Life and is an internationally distinguished lecturer and award-winning author. A pioneer in the study of moral injury, in 2012 she co-founded the Soul Repair Center, Brite Divinity School at TCU, with Col. (Chaplain) Herman Keizer Jr., U.S. Army veteran, and directed it until May 2017. Her most recent book is *Soul Repair: Recovering from Moral Injury After War*, co-authored with Gabriella Lettini.

Opioid Panel Discussion



2:15 – 5:15 pm

Mirabella E



The Opioid epidemic has had a large impact on the state of Tennessee and the United States. Since 2014, the number of overdoses and deaths caused by opioids has risen, especially in the 15-24 age range. For this reason, it is vital that individuals, communities, and helping organizations increase their knowledge around opioid abuse and how to help its victims. This workshop serves to increase participant's knowledge about the opioid epidemic in the state of Tennessee, as well as provide education and awareness around helping strategies and resources for the addicted. Knowing this information will help to combat the problem that is damaging our state and our country

Panelist:

Representative Richard Briggs

Linda McCorkle, Director of Treatment and Recovery Services for the Tennessee Department of Mental Health and Substance Abuse

Terry Shapiro, Origins Behavioral Health Care

Kyle Cruze, Cumberland Heights

David Perez and Tamara Roth, JourneyPure

Objectives:

- learn more about opioids and the effects
- gain knowledge about the opioid epidemic in our society and our state
- understand the cultural implications for the opioid epidemic
- become aware of resources and basic skills to use in treating clients who are addicted to opioids.

Thank you to our Opening Reception and
Student Poster Session Sponsors!

Focus Centers and Integrative Life Center



Opening Reception

and

Student Poster Sessions

5:30 – 8:30 pm

Friday, April 14, 2018



Mirabella F



Please join us for a night of networking and fun!

2018 Student Poster Presenters

Carly Abel
Trevecca Nazarene University
Mild Neurocognitive Disorder due to TBI

Tina Back, M.Ed., LPC, BethAnne Swick, MSED,
LPCC-S, & Carson Economy, LPCA
Lindsey Wilson College
Celebrating Female Voices in Counseling

Tatiana Maria Bauer
Tennessee Technological University
Preventative Care for Military Families

Cameron Bentley, Katie Pill, & Melody Shipley
Austin Peay State University
Strengthening Military Families using CPRT

Barbara Aline Moreira Curran
Lincoln Memorial University
Acculturation

Carson Economy, LPCA, BethAnn Swick, MSED,
LPCC-S & Tina Back, M.Ed., LPC
Lindsey Wilson College
Addressing Burnout in Counselor Trainees

Shelly Erdman
Trevecca Nazarene University
Social Capital and Mental Health in Rural Areas

Lois C. Kirk
Trevecca Nazarene University
Doctoral Counselor Education Students Academic
Help-Seeking Attitudes, Perceived Peer Support,
and Advisory Working Alliance as predictors of
Research, Teaching, and Supervision Self-Efficacy

Kacie R. Maeda
Tennessee Technological University
Rural Barriers to Queer Parenting

Jennifer Moralejo
University of Tennessee
Students & Their Experience with Suicidal Clients

Michelle Marie Osterhoudt
Tennessee Technological University
Advocacy for Children of Sexual Abuse

Haley Payne
Tennessee Technological University
Improving Care for Women Survivors of MST

Roxanne Pennington
Trevecca Nazarene University
The Role of the Therapist in Domestic Violence

LaToya A. Phillips
Argosy University, Nashville
Mindfulness in Palliative and End-of-Life Care

Adina Schmidt
Argosy University, Nashville
Intimate Partner Violence and Narrative Therapy

Tia Smith
Lincoln Memorial University
Compassion Fatigue and New Counselors

Racquel Strickland, M.Ed., LPCC-S & Carson
Economy, LPCA
Lindsey Wilson College
Connection through Restorative Practices

BethAnne Swick, MS Ed, LPCC-S, Tina Back M.Ed.,
LPC & Carson Economy, LPCA
Lindsey Wilson College
Resources for the LBGTQ Community in Rural
Areas

Juliet Thomas
Argosy University, Nashville
Balancing a Counseling Career with Other Roles:
Female Resilience



Full Service Behavioral Health Care for
Adults, Children & Adolescents



**MENTAL HEALTH
COOPERATIVE**

Serving 45 counties in Middle Tennessee
To make a referral, call: (615) 743-1555
Toll free: (866) 816-0433

Special thanks to our volunteers!

Roxanne Pennington, Coordinator

Kate Worley, Coordinator

Viktorea Edwards

Shelly Erdman

Betty Gebhardt

Missy Hamilton

Jason Leaverton

Samantha Matteson

Madison Swayze

Amy Profant

Hannah Roberts

Donna Ross

Adina Schmidt

Linda Smith

Beth Anne Swick

Charaya Upton

Allison Warner

Meredith Weis

Kate Worley

HIGHLIGHTS

- ▶ Spring and Fall admissions
- ▶ On campus and online courses
- ▶ Experienced clinical faculty
- ▶ Cohorts of supportive professional colleagues
- ▶ Clinical specialization
- ▶ Evidence based practice
- ▶ Psychotherapy integration
- ▶ International learning opportunities
- ▶ Community service
- ▶ Clinical project instead of dissertation

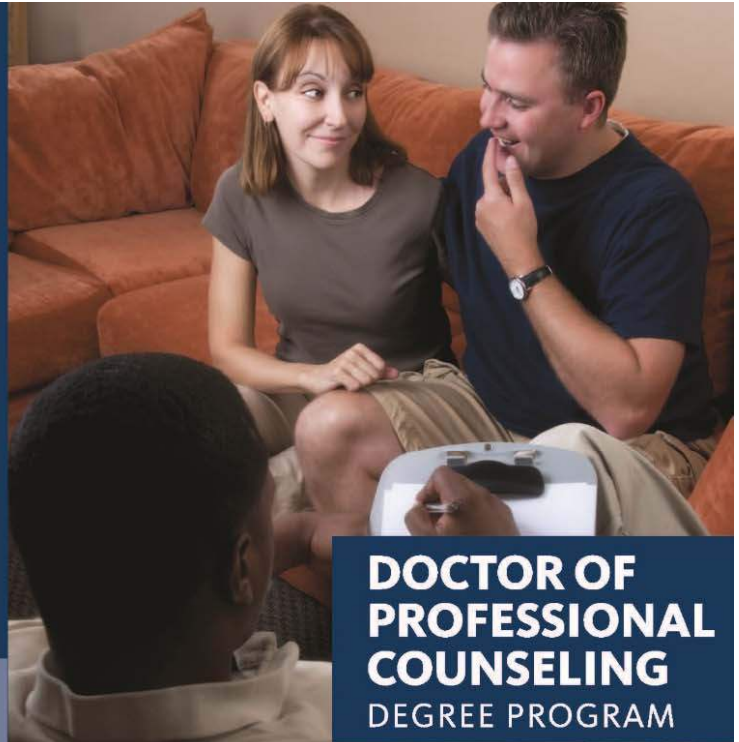
APPLY TODAY

mc.edu/apply

Graduate Admissions
601.925.7367
GPS@mc.edu

CONTACT

Dawn Ellison
Director
dellison@mc.edu



**DOCTOR OF
PROFESSIONAL
COUNSELING
DEGREE PROGRAM**

GPS | **Mississippi College**
GRADUATE & PROFESSIONAL STUDIES

LINDSEY WILSON COLLEGE

#WeAreLWC

SCHOOL OF PROFESSIONAL COUNSELING



LINDSEY
WILSON
COLLEGE

SCHOOL OF
PROFESSIONAL
COUNSELING

For more information
about LWC School of
Professional Counseling
in your area contact:

This text is editable.
Please put contact information here.
Adjust as needed.

www.lindsey.edu
lindseyonline.lindsey.edu

Earn a Bachelor's or Master's Degree in Counseling

LWC offers a flexible, exciting
bachelor of arts degree
program in human services
and counseling; and
a nationally accredited
master of education program
in counseling and
human development.

Fully-accredited by the Southern
Association of Colleges and
Schools

Flexible schedule that fits your
work and your life (evening,
weekends and online)

Eight or 16-week modules
(two courses per 8-week module
for accelerated
degree completions)

Student support services
and resources

Financial aid available



**26 Campus
Locations**

Face-to-Face or Online

Organization Meetings

8:30 – 9:30 am



TNAMFT Town Hall Meeting

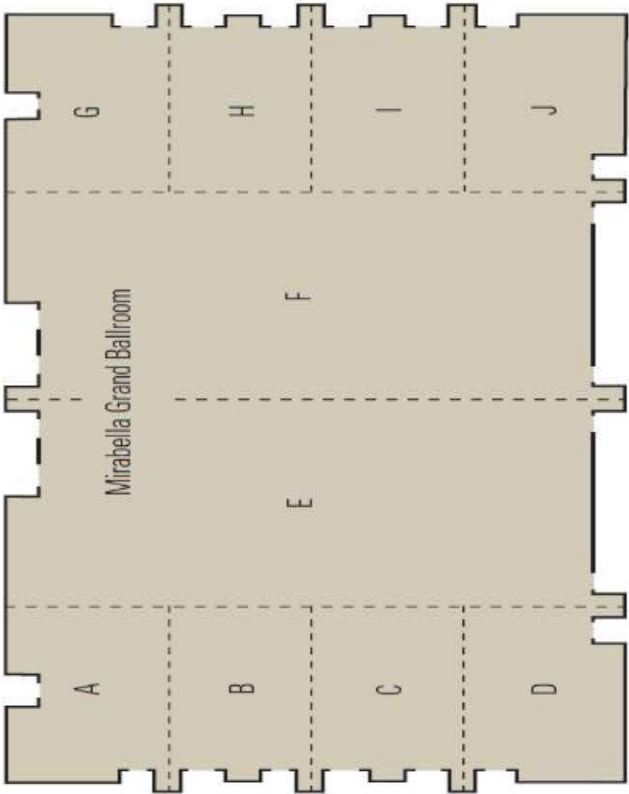
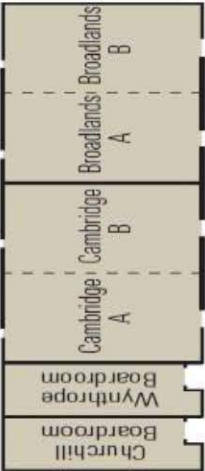
Broadlands A-B



TLPCA Business Meeting

Cambridge A-B

MURFREESBORO CONFERENCE CENTER FLOOR PLANS AND CAPACITIES



Session 1

9:45-10:45 am

Breakout trainings:

Counseling With, not For: Establishing Anti-Oppressive Dialogue

Treating Trauma in a Traumatic World

Legislative Session

Healing Psychological Injury: A Grief Model of Trauma Recovery

The Therapeutic Benefits of a Complete Evaluation

Neuroplasticity and Addiction Treatment

Dating & Sexuality in Teens & Emerging Adults: Trends & Treatment Implications



Counseling With, Not For: Establishing Anti-Oppressive Dialogue

Zach Budesza

Plateau Mental Health

Room: Broadlands A

Time: 9:45-10:45

This presentation will address how counselors may contribute to the discrimination of individuals seeking services, as well as alternative for preventing future discriminatory practice. The primary focuses will be on building counseling habits to reduce the power imbalance in counseling relationships and mental health provision, and on improving counselors' social justice advocacy skills.

Program Objectives:

- identify current practices that may contribute to, rather than ease, feelings of marginalization
- find new alternatives to these practices
- improve support for social justice during the course of counseling and community mental health centers.

NBCC/CACREP Content Areas: Counselor Professional Identity and Practice Issues; Systemic



Treating Trauma in a Traumatic World

Christine Bates

Passati Counseling & Direction

Room: Broadlands B

Time: 9:45-10:45

How do we help traumatized clients attain or regain an experience of wellbeing in a world where anything can happen at anytime? As long as people seek rest and stability in the very things that have proven to be unstable, there will be a need for counselors to help them use their difficulties as fuel for cultivating inside the strength they oftentimes seek outside. We'll explore some tools for doing that.

Program Objectives:

- identify common errors people make in seeking to heal themselves and others from the pain in their lives
- utilize tools that will help build Counselor trust (and therefore client trust) in the capacity of human beings to heal from trauma
- support themselves and their clients in training their perception so that what they perceive lines up with reality.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship; Human Growth and Development; Social and Cultural Foundations; Wellness and Prevention



Legislative Session

Jenny Ford
Dianne Bradley
Clay Harris

Robbie Hutchens
Robin Lee
Chris Sanders

Room: Oakleigh A
Time: 9:45-10:45

This session will present an update on current legislative efforts for TNAMFT and TLPCA. Our government representative, Jenny Ford, will share information about current legislation affecting our organizations and her work to address key pieces of legislation. In addition, panelists, who represent legislative advocates for both organizations, will share their current work and discuss best practices for collaborative advocacy.

Program Objectives:

- understand current legislative efforts for both organizations
- Identify best practices for collaborative advocacy
- have a clearer understanding of the short-term and long-term gains for the mental health profession in Tennessee
- be able to identify regulatory and legislative trends at the national level that impact our state activity

NBCC/CACREP Content Areas: Counselor Professional Identity and Practice Issues



Healing Psychological Injury: A Grief Model of Trauma Recovery

Cynthia Westcott
Onsite Workshops

Room: Oakleigh B
Time: 9:45-10:45

What exactly do we mean when we use the term "trauma recovery"? The Grief Model offers a useful conceptualization for assessing an individual's progress towards the state of peace, empowerment, and restoration of self-identity we hope for in the healing of trauma(s).

Program Objectives:

- How traumatic experiences as well as grief and loss are registered as psychological injury and encoded in the brain in a similar fashion;
- How the 'stages' of grief effectively describe the subjective experience of feeling, emotional, and cognitive states as an individual grieves a variety of usual and unusual life experiences;
- How clinicians, loved ones, and communities can create optimizing environments which support and facilitate grief work and healing, with specific focus on EMDR as a tool for facilitating the grief stage processing necessary for trauma recovery.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship; Counselor Professional Identity and Practice Issues



The Therapeutic Benefits of a Complete Evaluation

Jessica Huddleston

Sabin Behavioral Health

Room: Oakleigh C

Time: 9:45-10:45

The process of therapy is non-judgmental and this can be challenging when clinicians are attempting to formulate a diagnosis and plan the best treatment modality. However, a complete diagnostic picture can speed up the therapeutic process and make treatment more effective and efficient. Having an accurate diagnosis and additional recommendations can provide beneficial therapeutic anchors, as well as assist in goal formulation and provide insight into prognosis. This seminar will assist clinicians in determining when an assessment is needed, and what type of assessment may be required. Further, this seminar intends to provide some basic understanding of the evaluation process.

Program Objectives:

- Determine when an assessment is necessary.
- Differentiate between a neuropsychological and psychological evaluation.
- Have a basic understanding of the difficulty types of psychological testing procedures.

NBCC/CACREP Content Areas: Assessment



Neuroplasticity and Addiction Treatment

Barbara Peavey

Origins Behavioral Health & PsychoNeuroPlasticity (PNP) Center

Room: Cambridge A

Time: 9:45-10:45

Principles and practices of neuroplasticity / psychoneuroplasticity in addiction treatment will be explained. As well, the concept of addiction being a brain-based disorder will be covered. Intentionally adding dimensions of brain health with a 12-Step addiction recovery model will be discussed; along with methods and strategies for healing, enlivening and directing the brain using self-regulation strategies.

Program Objectives

- To define neuroplasticity and psychoneuroplasticity.
- To have working knowledge of the brain pathways linked to addiction.
- To understand addiction is a brain-based “disease”
- To understand how neuroplasticity is applied to addiction treatment.
- To gain understanding the importance of addiction treatment to address: healing the brain, providing basic structure through 12-Step model, and providing strategies and tools for sobriety.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship; Counselor Professional Identity and Practice Issues; Wellness and Prevention



Dating & Sexuality in Teens & Emerging Adults: Trends & Treatment

Implications

Amanda Grieme Bradley
Trevecca Nazarene University

Room: Cambridge B

Time: 9:45-10:45

With the accessibility of social media, cell phones, and constant internet connection, teens today are faced with unique challenges as they explore their sexuality and navigate the dating world. The domain of dating is rapidly changing, and teens are receiving conflicted messages about sex. This presentation will identify the trends in dating & sexuality for today's youth (ages 14 to22), as well as how to address these common experiences within the therapy setting.

Program Objectives:

- identify & explain the current trends in dating & sexual behaviors of today's youth.
- evaluate sexual & dating behaviors on the continuum of typical to concerning.
- develop a framework for how to explore these topics (dating & sexual behavior) while working with their teenaged clients.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship; Human Growth and Development; Social and Cultural Foundations

EXHIBITOR BINGO

Participate for a chance to win a Registration at the CT Summit 2019!

Stop by each booth at the Expo & have the exhibitor representative initial your sheet. Return your completed sheet to the Registration Desk by 4:00 pm Saturday. The winner will be drawn and emailed after the conference!







Rosemary Frank, LLC
 Rosemary Frank, MBA, CDFP/ADFA, CFE, MAFF
 615.595.6850

The Tools You Need to Navigate... Life.

Rosemary Frank Financial, LLC provides you with the tools, personal resources, expertise and guidance you need to make your best financial decisions. We believe in combining financial education, at whatever level you need, with individualized guidance and assistance.

Dealing with the financial issues of difficult life events:

Loss of Loved One
 Guidance with patience and understanding for your new responsibilities

Divorce
 Extensive specialized expertise from an adviser who teaches and assists both clients and attorneys

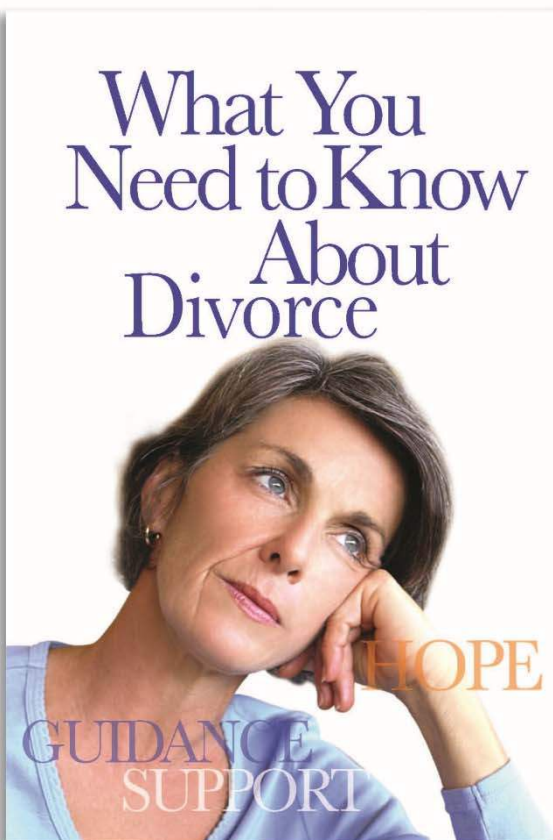
Job Loss
 A tactical approach to new strategies, preservation of funds, consolidation of issues

Rosemary@RosemaryFrank.com
 RosemaryFrank.com

Chesapeake Centre
 205 Powell Place, Suite 234
 Brentwood, TN 37027

Rosemary Frank Financial, LLC is
 a Registered Investment Adviser

- Financial Advisor
- Certified /Advanced Divorce Financial Analyst
- Certified Fraud Examiner
- Master Analyst in Financial Forensics
- TN Supreme Court Listed Rule 31 Family Mediator



What You Need to Know About Divorce

HOPE

**GUIDANCE
SUPPORT**

Second Saturday of Every Month

This **workshop** is designed to help women take the next step, no matter where they are in the process of untying the knot. **Second Saturday** deals with the legal, financial, family and personal issues of divorce in a logical, yet compassionate way. With the guidance of trained professionals, workshop participants gain greater understanding of the confusing divorce process.

Second Saturday of Every Month
 Nashville School of Law
 4013 Armory Oaks Drive
 Nashville, TN 37204
8:00 am-8:30 am Registration
8:30 am-12:00 pm Workshop


Your Host and Presenter:
Rosemary Frank, MBA, CDFP/ADFA, CFE, MAFF, Financial Advisor, Certified/Advanced Divorce Financial Analyst, Certified Fraud Examiner, Master Analyst in Financial Forensics and Rule 31 Family Mediator

Guest Presenters:
Divorce Attorney, An experienced attorney, highly regarded in their profession, and whose practice is more than 75% dedicated to family law, will explain the legal process and confusing terminology.


Psychotherapist, A distinguished licensed mental health professional will discuss how to deal with the emotional issues of divorce, as relates to yourself, family and friends, and how to move forward.

**You've Come to
the Right Place.**
No reservation necessary
 \$40.00 check or cash at door

You are not alone.
INFORMATION
 DollarsOfDivorce.com
615.595.6850



Second Saturday workshops are
 presented by agreement with:



Session 2

9:55-10:55 am

Breakout trainings:

Intergeneration Supervision: Understanding the Clinical and Administrative Supervision Needs of Multiple Generations

Childhood Trauma & the Brain: Knowing How to Help Holistically

Using Feminist Therapy to Address Systemic Cultural Oppression and Improve Counseling Efficacy with Marginalized Populations

Play Therapy and Expressive Art: An Ethical Approach to Building Resilience and Post Traumatic Growth in Children of Refugee Status

“Help! I can’t figure out what’s going on with my client.” Case formulation to the rescue!

Medical Family Therapy/ Integrative Behavioral Health: A Place for MFT’s

Intro to Drama Therapy: Principles, techniques, & current practices



Intergeneration Supervision: Understanding the Clinical and Administrative Supervision Needs of Multiple Generations

Lacrecia Dangerfield

L. Dangerfield Consulting

Room: Broadlands A

Time: 10:55-11:55

Today's workforce and college classrooms are comprised of multiple generations. During this educational session, the presenter will discuss the dual roles of being a supervisor. The presenter will also share research regarding the clinical and administrative needs of the various generations represented within the counseling profession.

Program Objectives:

- Understand the sociological characteristics of the multiple generations in the classroom and workforce.
- Explore the implications and needs that emerge in clinical and administrative supervision of the multiple generations in one setting
- Understand and discuss recommendations for supervising multiple-generations in the classroom and workforce

NBCC/CACREP Content Areas: Supervision



Childhood Trauma & the Brain: Knowing How to Help Holistically

Christine Browning

Milligan College

Room: Broadlands B

Time: 10:55-11:55

Attendees will be taken on a journey of discovery that traverses regions of the brain affected by childhood trauma and abuse, the lingering consequences of altered brain structure and the power of interventions that address clients holistically.

Program Objectives:

- Identify how childhood trauma affects the neurochemistry as well as brain structure and function.
- Explain the process of chemical and structural change.
- Identify interventions that engage the client holistically.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship; Human Growth and Development



Using Feminist Therapy to Address Systemic Cultural Oppression and Improve Counseling Efficacy with Marginalized Populations

Frankie Fachilla

Trevecca Nazarene University

Room: Oakleigh A

Time: 10:55-11:55

Marginalized populations face disempowerment in society and, often, in counseling sessions. Counselors can unintentionally re-enact patterns of oppression without careful attention to power dynamics both in and out of the session. Feminist therapy principles offer a theoretical foundation to empower clients. Using incarcerated women (potentially the most disempowered group of people in the United States today) as an example, attendees will learn how to apply feminist therapy to enhance counseling efficacy with marginalized groups.

Program Objectives:

- identify ways that counselors can unintentionally oppress and silence clients in sessions.
- learn six main principles of feminist therapy and how these principles can help to empower all clients, especially those that are marginalized in the societal system.
- analyze three case studies of incarcerated women dealing with extensive institutional oppression and how feminist principles might be applied to make counseling effective.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship; Social and Cultural Foundations; Systemic



“ Help! I can’t figure out what’s going on with my client.” Case formulation to the rescue!

Christopher Quarto

Middle Tennessee State University

Room: Oakleigh C

Time: 10:55-11:55

Have you ever felt clueless about what's going on with your clients or what you should do to help them? Do you ever feel like there's a “missing piece” that would help you better understand and work with them? If so, come and learn a practical, non-theoretical case formulation model that you can easily incorporate into your work and use when you arrive home from the conference!

Program Objectives:

- learn what case formulation is and how it fits into the practice of counseling
- learn a model of case formulation and how it may be applied to a fictitious case
- discuss with other attendees and the presenter how the model may be applied in their work with clients

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship



Medical Family Therapy/Integrative Behavioral Health: A Place for

MFT's

Randall Phillips

R. W. Phillips Consulting, LLC

Room: Cambridge A

Time: 10:55-11:55

The presentation on Medical Family Therapy (Integrated Behavioral Health) will focus on: 1.) a brief history of the development of Medical Family Therapy; 2.) Theoretical perspectives that provide a rationale for engagement of MFT's in healthcare and; 3.) medical settings, specific medical issues and medical specializations that provide opportunities for clinical collaboration.

Program Objectives:

- Explain a theoretical framework for MFT engagement in integrated behavioral health.
- State their clinical strengths and practice interests and how they can be applied in in medical settings.
- Take steps to inform the medical community of the services an MFT can provide.

NBCC/CACREP Content Areas: Systemic

When it's time to refer a
patient to the next level of care,
Rogers Behavioral Health is here.



At Rogers Behavioral Health, we provide the highest level of care to meet a comprehensive range of mental health needs—right here in Nashville. Turn to Rogers when a child, teen, or adult you know requires specialized treatment for:

- Depression and mood disorders
- OCD and anxiety
- Eating disorders

To learn more about the results of our evidence-based treatments, visit rogersbh.org/clinicaloutcomes.



Together we can restore hope and healing for those who are suffering.
To learn more, visit rogersbh.org/refer or call our Nashville location at 615-760-3990.



Play Therapy and Expressive Art: An Ethical Approach to Building Resilience and Post Traumatic Growth in Children of Refugee Status

Anna Edgeston
Argosy University

Kate Worley,
Nations Ministry Center

Lydia Yau
Libscomby University Counseling Center

Suzanne Blackwood
Family Counseling Center of Middle Tennessee

Marisol Rosas-Biser

Room: Oakleigh B
Time: 10:55-11:55

According to Catholic Charities, over 1,600 refugees were resettled in Tennessee, in 2014. Due to complex trauma associated with forced migration, trauma informed and culturally sensitive techniques are needed to meet the mental health needs of children of refugee status. The presenters will provide participants with information about the unique stressors experienced by this population, using the ACEs study as a guide to understanding the risks associated with complex and developmental trauma. The attendees will learn about play therapy and expressive art interventions that may be used. Moreover, the attendees will gain an understanding of the ethical considerations relevant when working with this population using the ACA and AAMFT Code of Ethics. Experiential and interactive methods will be included to engage the audience and create an atmosphere of collaborative learning.

Program Objectives:

- understand how the Adverse Childhood Experiences (ACEs) study provides a basis of understanding the trauma and challenges experienced by children of refugee status;
- discuss play therapy techniques and interventions, specifically child centered approaches and trauma informed techniques;
- identify and navigate through ethical challenges when counseling children of refugee status.

NBCC/CACREP Content Areas: Ethics; Counseling Theory/Practice and the Counseling Relationship; Social and Cultural Foundations; Counselor Professional Identity and Practice Issues; Wellness and Prevention



Intro to Drama Therapy: Principles, techniques, & current practices

Sarah Rodgers

Creative Counseling Nashville PLLC

Room: Cambridge A

Time: 10:55-11:55

"Drama therapy is the intentional use of drama and/or theater processes to achieve therapeutic goals" (North American Drama Therapy Association). This modality offers the benefits of embodiment and expression as well as structured and creative modes for exploring connection, relationship, and the client's role in her world. Drama therapy's principles and approaches can offer insight and inspiration to the new or aspiring clinician, as well as offer some new perspectives to seasoned counselors.

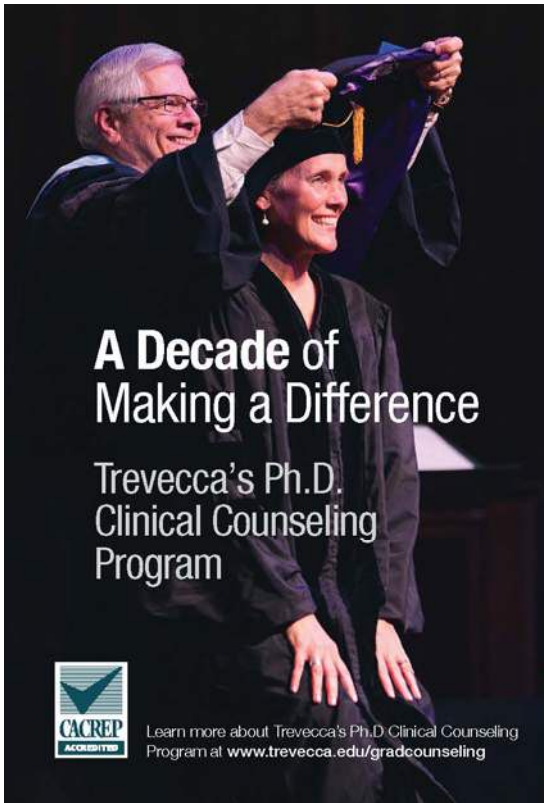
Program Objectives:

- develop a basic understanding of the field of drama therapy, including its origins, clinical underpinnings, professional governance, and scope of practice.
- absorb and experience application of foundational theories of drama therapy, learning new ways to facilitate expression and containment for clients.
- explore the benefits of drama therapy-specific tools that support development of empathy, social confidence and skill-building, and empowerment and safety for the client.

NBCC/CACREP Content Areas: Group Dynamics and Counseling; Wellness and Prevention; Systemic


Thank you to our Lanyard sponsor!

Trevecca Nazarene University Graduate Counseling



**A Decade of
Making a Difference**

Trevecca's Ph.D.
Clinical Counseling
Program



Learn more about Trevecca's Ph.D. Clinical Counseling Program at www.trevecca.edu/gradcounseling

A unique and celebrated doctoral program, Trevecca's Ph.D. Clinical Counseling: Teaching and Supervision program maintains a strong reputation throughout Middle Tennessee as a leading educator in Counselor Education and Supervision. Established in 2007, the program fully equips students to become clinicians, counselor educators, supervisors, researchers, and leaders who use their skills in service to others. With a strong focus on research and practical application of knowledge, Trevecca's Ph.D. Clinical Counseling program prepares students for success as compassionate leaders and practitioners in the mental health field.

"As a result of earning a Ph.D., I have been granted professional opportunities to apply my clinical skills while working with diverse populations, serving in positions of leadership, and educating and supervising clinicians in training."

Dr. DeAndrea Witherspoon, '11



CLINICAL COUNSELING
PROGRAM

Please join us for our
CT Awards Luncheon!



12:00 – 1:00 pm
Mirabella E



Thank you for our Luncheon sponsor!

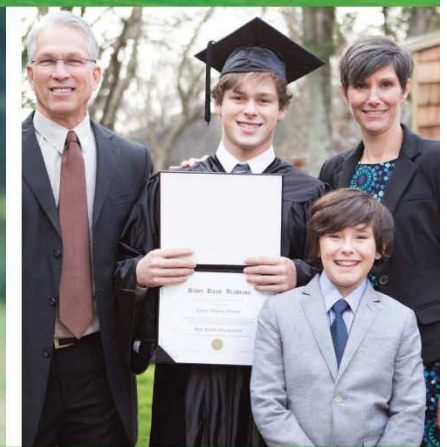
Cumberland Heights





Cumberland Heights Knows The Faces Of Recovery

Recovery from drug and alcohol addiction has a face. It's joyous. It's grateful. It's prepared for life's challenges. Since 1966, Cumberland Heights has seen the face of recovery thousands of times in the men, women and adolescents – and their families – who feel good finally about themselves, their relationships and their futures. We're proud of our relationships in the Nashville community. The ultimate act of trust is when any clinical professional asks Cumberland Heights to provide care for a patient.



For more information about Cumberland Heights
please visit CumberlandHeights.org or call 800.646.9998.

Session 3

1:15 – 2:15 pm

Breakout trainings:

Licensure Q & A

Responding to Emergency Responders

Tattoos as a Window To The Psyche

When the One You Love Wants to Leave: Helping Couples Navigate the Crisis of Marital Separation

Tools for Spiritual Integration in Counseling

The Realm of the Inner Healer – Healing Heart, Sacred Heart

Building Strong Brains Tennessee



Licensure Q & A

Susan Hammons-White, Broad President

Shelly Steel, Board Member

Kim Speakman, Board Member

Tennessee Board of Licensed Professional Counselors, Licensed Marital and Family Therapists and Licensed Pastoral Therapists

Room: Broadlands A

Time: 1:15-2:15

This presentation will walk attendees through the process of becoming licensed as a Licensed Professional Counselor with Mental Health Service Provider designation through the State of Tennessee. After a step-by-step review of the requirements, the presenters will answer questions regarding the individual issues or audience members.

Program Objectives:

- Learn about the licensure process
- Receive answers regarding issues with application process

NBCC/CACREP Content Areas: Counselor Professional Identity and Practice Issues



Responding to Emergency Responders

Derrick Edwards

Tennessee Tech University

Room: Broadlands B

Time: 1:15-2:15

Fire fighters emergency medical technicians, and police officers present unique challenges to the mental health clinician. Namely, the majority of emergency responders have been taught to minimize their emotional expression, and to consider the horrific scenes they have witnessed as simply “Part of the Job”. Emergency responders are at an increased risk for alcohol and drug issues, divorce, and suicide. This training will highlight evidenced based treatment models used when working with emergency responders.

Program Objectives:

- explain the nature and culture of working as an emergency responder.
- identify 3 major “roadblocks” when working with emergency responders, including the ability to identify common changes associated with accumulated stress exposure
- identify evidenced based practices for working with emergency responders, and utilize professional and peer support resources available for emergency responders.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship; Social and Cultural Foundations; Wellness and Prevention



Tattoos As A Window To The Psyche

Ray White

Whitewood Counseling & Consultation

Room: Oakleigh A

Time: 1:15-2:15

The social and behavioral correlates for individuals with tattoos are varied, paradoxical, and multi-faceted (Koch, 2015). This workshop will explore aspects of personality and well-being as viewed through the lens of tattoo acquisition. Can tattoos be viewed as a window to the psyche? Join us to find out....

Program Objectives:

- Identify possible personality differences between tattooed and non-tattooed individuals.
- Identify suggested correlates between tattoo acquisition and emotional well being.
- Suggest possible ways talking about skin art can inform the counseling process.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship; Assessment



When the one you love wants to leave: Helping couples navigate the crisis of marital separation

Donald Harvey

Trevecca Nazarene University

Room: Oakleigh C

Time: 1:15-2:15

Some couples seeking treatment for relational difficulties are “distressed” whereas others, possessing more severe relational problems, are actually in “crisis.” Failing to distinguish between these very different types of couples can result in fundamental treatment errors. This presentation will focus on one of the common types of marital crises, couples facing separation, and will suggest both a conceptual paradigm and intervention strategy for threatening this confusing area.

Program Objectives:

- differentiate between those relationships in distress vs. crisis.
- understand the three reasons why partners leave a relationship and how the resolution for each is different.
- think systemically regarding assessment and intervention with couple separation and crisis.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship; Wellness and Prevention; Systemic



Tools for Ethical and Spiritual Integration in Counseling

Mark Loftis

Tennessee Tech University

Room: Oakleigh B

Time: 1:15-2:15

The American Association for Spiritual, Ethical, and Religious Values in Counseling's core competencies in counseling is very specific in its language that assessing a client's spiritual and/or religious values is an important part of the assessment, diagnosis and treatment processes. The ASERVIC Competencies and the ACA Code of ethics are in complete harmony with this area of competency. The 2014 ACA Code states that counselors "recognize diversity and embrace a cross-cultural approach in support of the worth, dignity, potential, and uniqueness of people within their social and cultural contexts." This presentation will provide specific assessment tools and suggested therapeutic approaches that honors clients' spiritual and/or religious perspectives.

Program Objectives:

- identify various assessments and techniques to assist in understanding client's spiritual and/or religious perspective.
- identify specific techniques in counseling that help to integrate spiritual, ethical, and religious values in counseling
- facilitate an understanding of clients' phenomenological life experiences and how a clients' beliefs and values may facilitate or impede treatment.

NBCC/CACREP Content Areas: Ethics; Counseling Theory/Practice and the Counseling Relationship; Social and Cultural Foundations; Assessment; Counselor Professional Identity and Practice Issues; Wellness and Prevention; Systemic



The Realm of the Inner Healer - Healing Heart, Sacred Heart

Holly Cook

Lee McCormick

Integrative Life Center

Room: Cambridge A

Time: 1:15-2:15

As humans, we long for connection with our deepest self however, our subconscious programming and the stories we tell dictate the quality of our lives. This presentation focuses on reconnecting with the heart and rewriting our stories so that we are able to move beyond the limitations of own mind and return to our true Self.

Program Objectives:

- Explain and utilize the concept of mind-heart coherence
- Identify and explain how people can change their brains and change their lives by engaging in regular brain-healthy habits
- Explain how rewriting parts of ones life story can change the brain, leading to increased well-being and resilience.

NBCC/CACREP Content Areas: Human Growth and Development; Counselor Professional Identity and Practice Issues; Wellness and Prevention



AGAPE

Love Works

Professional, affordable, and accessible
counseling services located at numerous
offices throughout Middle Tennessee.

Contact us at:

615-781-3000 | www.agapenashville.org

4555 Trousdale Drive Nashville, TN 37204

*AGAPE's mission is to strengthen children
and families with the healing love of Christ
through counseling and social services.*



Building Strong Brains Tennessee

Melissa McGee

Tennessee Commission on Children and Youth

Room: Cambridge B

Time: 1:15-2:15

The future prosperity of any society depends on its ability to foster the health and well-being of the next generation. This presentation explores how Adverse Childhood Experiences (ACEs) harm developing brains and bodies, compromising the foundation for lifelong health. Understanding ACEs research deepens professional knowledge across sectors and creates a common language for collectively addressing community challenges. ACEs research has also resulted in child abuse and neglect being acknowledged as a major public health problem.

Program Objectives:

- identify how brain architecture is established early in life and supports lifelong learning, behavior, and health, describe the role of "serve and return" relationships in shaping brain architecture, and explain the impact of toxic stress on brain development.
- express understanding of Adverse Childhood Experiences and related research connecting poor social, emotional, and physical health outcomes with increased early adversity.
- identify micro and macro approaches to building resilience in children and communities to support positive outcomes that benefit all citizen's shared prosperity.

NBCC/CACREP Content Areas: Human Growth and Development; Social and Cultural Foundations



TREATMENT FOR ADDICTION AND MENTAL HEALTH
DISORDERS

JOURNEYPURE.COM

615-939-9294



REFLECT, RESTORE, RECOVER



ABOUT US

Mirror Lake Recovery is a renowned alcohol and drug treatment center. We have been helping individuals recover from addiction for over 30 years. Our compassionate approach to treatment emphasizes the physical, mental, emotional and spiritual transformation of the individual. Our clinical program is based on research/science as we effectively treat addiction.



TREATMENT PHILOSOPHY

Mirror Lake Recovery offers Evidence Based Practices (EBP). Client driven services which honor the voice and choice of the patient. EBPs in use at Mirror Lake Recovery:

- Motivational Interviewing
- Stages of Change
- Dialectical Behavioral Therapy
- Cognitive Behavioral Therapy
- 12 Step Education

ADULT SERVICES PROVIDED

- Medical Detoxification
- 28 Day Rehabilitation Program
- Faith-based, Young Adult & Gender Specific Program Tracks
- Traditional 12-Step Approach to Recovery
- Individual, Group & Family Counseling
- Dedicated Aftercare/ Alumni Program
- Licensed by State of TN Department of Mental Health & Substance Abuse
- Partial Hospitalization Program

MAKE A REFERRAL TODAY

Mirror Lake Recovery accepts most major commercial insurance and has affordable private pay rates.

Call Us Today: (800) 365-3899

Session 4

2:25 – 3:25 pm

Breakout trainings:

Group Supervision as Embodied Empathy

Understanding Brain Injury and Effective Counseling Strategies

Treatment with Mixed-Orientation Couples

Neuroscience-Informed Career-Focused Counseling: Ethical Considerations

A Survivors Map: The Path to Licensure after Graduation

Parental Alienation: Theory and Practice

Stop Media Trauma



Group Supervision as Embodied Empathy

Graham Disque

ETSU

Room: Broadlands A

Time: 2:25-3:25

This experiential workshop will demonstrate how to utilize family constellation theory to create an experiential group supervision practice. Workshop participants will have the opportunity to present a case they are working with or supervising.

Program Objectives:

- utilize family constellation exercises to create new possibilities with clients.
- conduct family constellation techniques to demonstrate the value of systems theory and embodied empathy to practicing supervisees.
- conduct a group supervision session that reveals the systemic nature of a clients presenting issue and possible interventions.

NBCC/CACREP Content Areas: Supervision; Counseling Theory/Practice and the Counseling Relationship; Group Dynamics and Counseling; Career Development and Counseling; Counselor Professional Identity and Practice Issues; Systemic



Treatment with Mixed-Orientation Couples

Joshua Gebhardt

Kirstee Williams

Lee University

Room: Oakleigh A

Time: 2:25-3:25

Mixed-orientation couples (MOCs) are a marginalized population that have received little attention from researchers and clinicians. Those in mixed-orientation relationships seem to face specific challenges that contribute to unique difficulties in marriage (CITE). Yet, MOCs are a marginalized LGBTQ+ population that have received little attention from researchers and clinicians. The topics covered in this presentation will include a discussion of best practices, relational themes, and risk factors when working with mixed-orientation couples.

Program Objectives:

- provide information about common themes and risk factors when working with mixed-orientation couples.
- illustrate and identify what a mixed-orientation couple looks like.
- establish treatment guidelines when working with mixed-orientation couples.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship



Understanding Brain Injury and Effective Counseling Strategies

Julia Johnson
Neuropsychology Associates

Doug Johnson
Lantern Lane Farm

Jessy Barclay
Neuropsychology Associates

Room: Broadlands B

Time: 2:25-3:25

Brain injury is known to be a significant problem in our society. A concussion in sports, or a stroke can alter someone's cognitive and behavioral functioning. This requires a greater awareness and sensitivity to the unique nature of how an insult or injury to the brain affects our behavior, and the most effective counseling strategies to assist in remediation of negative symptoms.

Program Objectives:

- Identify core issues in persons with brain injury, and available resources which may enhance behavioral treatment.
- Utilize specific strategies to help remediate negative mood and behavior symptoms.
- Explain to both persons with brain injury and family/caregivers how to recognize needs and give educational information regarding functional changes.

NBCC/CACREP Content Areas: Human Growth and Development; Group Dynamics and Counseling; Assessment; Research and Program Evaluation; Wellness and Prevention



Neuroscience-Informed Career-Focused Counseling: Ethical Considerations

Chad Luke
Tennessee Tech University

Room: Oakleigh B

Time: 2:25-3:25

Career-focused counseling is “real” counseling, and neuroscience offers evidence to support this claim. Furthermore, career-related issues are so vital to client wellness and counselor identity that it is ethically incumbent on counselors to consider career-related issues, even if they are not explicitly identified by the client as the presenting problem.

Program Objectives:

- experience a rationale for the ethical basis for assessment of career issues with clients, regardless of presenting problem
- learn key brain regions and neural correlates of career development
- explore the use of neuro-based metaphors for career-focused counseling

NBCC/CACREP Content Areas: Ethics; Career Development and Counseling



Wellness 66 Presents: Coping With Anxiety

Did You Know:

- May is National Anxiety Awareness Month.
- Depression and anxiety frequently co-occur with one another.
- According to the National Institute of Health, approximately 40 million American adults age 18 and older, with a given year, have an anxiety disorder.

Join us **May 10, 2013**, for this **complimentary, educational workshop**, as we examine the impact anxiety can have on the mind, body and spirit.

Through breakout sessions we will participate in activities designed to help decrease anxiety.

Lunch is included.

4 free NAB and CEU hours will be provided.

Questions? Contact Alisha Darsey at: (615) 342-3400.



TriStar Centennial
PARTHENON PAVILION

Friday, May 10, 2013
8:30 AM – 3:30 PM

Harpeth Hills Church of Christ
1949 Old Hickory Blvd.
Brentwood, TN 37027
(615) 371-8659

Attendance is free.
Registration is required.

Call (615) 342-1919
or visit

TriStarHealth.com/Events.



A Survivors Map: The Path to Licensure after Graduation

Peter Wilson
Trevecca Nazarene University

Lynece Benton-Stewart
Private Practice

Jennifer Castner
Clarksville Behavioral Health

Stephanie Evans
Centerstone

Frankie Fachilla
TN Prison for Women

Melissa McGee
TN Commission on Children and Youth

Room: Oakleigh C
Time: 2:25-3:25

If you have graduated or expect to graduate from a clinical mental health program in the near future, you have asked yourself, "What are the next steps to obtaining my license?" Educational programs provide the academic requirements, but there are additional requirements to obtaining the LPC-MHSP designation in Tennessee. This presentation is designed to provide you direction as to next steps. The process can be confusing, but our panel has answers to the questions asked by graduates.

Program Objectives:

- identify the steps necessary post-masters to obtain the LPC-MHSP license in Tennessee.
- explain what is an appropriate clinical setting in which to accumulate hours as well as know what is required of one who supervises post-masters hours.
- identify the required exams, the sequence of exams, as well as the process of seeking approval to complete the exams.
- understand the significance and value of obtaining the temporary license.

NBCC/CACREP Content Areas: Career Development and Counseling; Counselor Professional Identity and Practice Issues



Parental Alienation: Theory and Practice

William Bernet
Vanderbilt University School of Medicine

John Brownlee
Private Practice

Room: Cambridge A
Time: 2:25-3:25

The presenters address the sound and fury with regard to parental alienation. "Theory": Dr. Bernet provides an overview of parental alienation history, theory, manifestations, prevention, and interventions, as well as its place in DSM-5 and ICD-11. "Practice": Mr. Brownlee relates clinical vignettes that illustrate the strongly held false beliefs (of alienated children), the incessant accusations

(by the preferred parent), and the exhausting frustrations (of the target parent).

Program Objectives:

- summarize the diagnostic features of parental alienation.
- explain how parental alienation is driven by the child's false belief that one of his/her parents is evil or dangerous.
- understand how frustrating it is for a nurturing parent to suddenly lose his or her relationship with a child and face strong, unjustified rejection.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship



Stop Media Trauma

Jennifer Black

Room: Cambridge B

Time: 2:25-3:25

We are living in a time of significant cultural change especially related to the role the media plays in our lives. The average teenager is suffering levels of depression and anxiety that in the past, we would associate with a specific trauma or persistent low level trauma. This presentation is a discussion about how social media and smart phones can be a conduit for all levels of trauma, how as mental health professionals we can explore this potential harm and educate those who are being affected, and what specific care and interventions we can offer those who are suffering from Media Trauma.

Program Objectives:

- Identify how our current use and relationship with social technology/media can cause anxiety, depression and other symptoms of trauma, abuse and addiction.
- Investigate the potential harm of Media Trauma for our clients.
- Create interventions and safety plans for our clients who are being harmed by their use of social technology/exposure to media.

NBCC/CACREP Content Areas: Human Growth and Development; Social and Cultural Foundations; Wellness and Prevention; Systemic



ARGOSY UNIVERSITY, NASHVILLE

The Tennessee Licensed Professional Counselor's Association (TLPCA) Scholarship

Argosy University, Nashville is pleased to offer the Tennessee Licensed Professional Counselor's Association (TLPCA) Scholarship. Argosy University will offer five-\$10,000 TLPCA scholarships to outstanding students. The scholarship will be awarded to five recipients, selected by the Argosy University, Nashville campus Scholarship Committee.

The award is contingent upon application and acceptance into the Master of Arts in Clinical Mental Health Counseling or the Doctor of Education in Counselor Education & Supervision programs* at Argosy University, Nashville. Interested students will be required to write a letter of aspiration describing how a scholarship would enable them to advance their skills in one or more of the following seven areas: Clinical, Supervision, Teaching, Research, Leadership, Advocacy, and/or Human Service Organization Management/Consultation.

TO LEARN MORE

For more information about Argosy University, Nashville TLPCA Scholarship, please contact Jessica R. Michael, Senior Director of Admissions at 615.525.2800 or email jrmichael@argosy.edu



ARGOSY UNIVERSITY, NASHVILLE

100 Centerview Drive | Suite 225
Nashville, TN 37214
615.525.2800 | 866.833.6598
argosy.edu/locations/nashville

*The Argosy University, Nashville EdD in Counselor Education & Supervision and MA in Clinical Mental Health Counseling degree programs are accredited by The Council for Accreditation of Counseling and Related Educational Programs (CACREP), a specialized accrediting body recognized by the Council for Higher Education Accreditation (CHEA). The Council for Accreditation of Counseling and Related Educational Programs can be contacted at 1001 North Fairfax Street, Suite 510, Alexandria, VA 22314, (703) 535-5990 <http://www.cacrep.org>.

Argosy University, Nashville is authorized by the Tennessee Higher Education Commissions. This authorization must be renewed each year and is based on an evaluation by minimum standards concerning quality education, ethical business practices, health and safety, and fiscal responsibility. Argosy University is accredited by the WASC Senior College and University Commission (985 Atlantic Avenue, Suite 100, Alameda, CA 94501, www.wscuc.org). Programs, credential levels, technology, and scheduling options vary by school and are subject to change. Not all online programs are available to residents of all U.S. states. Argosy University, Nashville, 100 Centerview Drive, Suite 225, Nashville, TN 37214. © 2018 Argosy University. All rights reserved. Our email address is materialsreview@argosy.edu | AU-031711R

See auprogams.info for program duration, tuition, fees and other costs, median debt, salary data, alumni success, and other important info.

Session 5

3:35 – 4:35 pm

Breakout trainings:

Blazing the Future: Online Supervision and Consultation Services for Mental Health Professionals

The Ethics of “Sincerely Held Principles”

Treatment Issues Among Adult Third Culture Kids

Exploring Private Practice; Is it something for me?

That’s The Way We Became The Brady Bunch: Using Narrative Therapy With Families

Ethics, Language, and Stigma: Let’s Talk About Addiction



Blazing the Future: Online Supervision and Consultation Services for Mental Health Professionals

Rachel McCrickard
LMFT Connect

Room: Broadlands A

Time: 3:35-4:35

In a dynamic, thought-provoking session, Presenter will discuss the critical need for therapists to continue to engage in consultation and supervision services both before and after professional licensure. Presenter will provide guidance on the legal and ethical considerations of engaging in online supervision and consultation services and will also discuss the powerful impact a commitment to lifelong learning has on the quality of a clinician's work.

Program Objectives:

- list the three reasons why establishing a quality supervision experience is important for the trajectory of his/her professional career.
- discuss the importance of engaging in supervision and consultation services following licensure.
- develop a plan for incorporating peer consultation and supervision into his/her ongoing professional practice.

NBCC/CACREP Content Areas: Supervision; Career Development and Counseling; Counselor Professional Identity and Practice Issues



The Ethics of "Sincerely Held Principles"

Randall Phillips
R. W. Phillips Consulting, LLC

Room: Oakleigh B

Time: 3:35-4:35

In 2016 Tennessee Governor Bill Haslam signed into law Senate Bill 1556 and depending on who you talk to this bill was dubbed: the "Counselor's Discrimination Bill" or "Sincerely Held Principles" bill. The bill was drafted with absolutely no consideration for guidance for the education of counselors/therapists; Supervision; Practice; or the regulation of the new law. This workshop will examine each of these areas.

Program Objectives:

- Provide a review of the debate leading up to the signing of the bill.
- Examine the implications of the law for: Education; Supervision; Practice; and the Regulation of the new law.
- Identify (some) of the un reconciled dilemma(s) SB 1556 creates for therapists.

NBCC/CACREP Content Areas: Ethics; Counselor Professional Identity and Practice Issues



Treatment Issues Among Adult Third Culture Kids

Tyler Rogers

Amelia Ward

Richmont Graduate University

Room: Oakleigh A

Time: 3:35-4:35

This presentation will explain how numerous factors, specifically family functioning, relate to depression prevalence among adult third culture kids (ATCKs). ATCKs have been shown to suffer great trauma, cultural identity loss, and social isolation as a result of their upbringing in foreign countries. Participants will be introduced to common challenges faced by these individuals and will develop an understanding of how family functioning impacts mental health outcomes among ATCKs. Further evidence for the need for therapeutic interventions targeting this group will also be presented.

Program Objectives:

- identify how family functioning serves to predict ATCK success in the relocation process.
- utilize this information in treatment of families who plan to live, currently live, or return from living in foreign countries, specifically in the promotion of interventions that increase family functioning.
- explain why ATCKs are at higher risk for depression as a result of their unconventional upbringing and status as members of a cultural minority.

NBCC/CACREP Content Areas: Human Growth and Development; Social and Cultural Foundations; Research and Program Evaluation



Exploring Private Practice; Is it something for me?

Gordon Brewer

The Practice of Therapy/ Kingsport Counseling Associates, PLLC

Room: Oakleigh C

Time: 3:35-4:35

This presentation will look at the ins and outs of private practice and the business side of being self-employed. Will talk about some of the hidden expenses of private practice and how someone might build a successful practice.

Program Objectives:

- Learn what it takes to go into private practice as mental health clinician.
- Learn some strategies for marketing and building a private practice.
- Learn some of the pros and cons of being self-employed and being in private practice.

NBCC/CACREP Content Areas: Career Development and Counseling



That's The Way We Became The Brady Bunch: Using Narrative Therapy With Families

Alvin Bonds, II

Revelation of Hope Counseling Services

Room: Cambridge A

Time: 3:35-4:35

Participants will participate in an experiential learning opportunity using narrative therapy and how it can be used when providing therapy to families.

Program Objectives:

- Identify foundational principles of narrative therapy.
- Describe the benefits of using narrative therapy.
- Demonstrate narrative therapy interventions for working with families.

NBCC/CACREP Content Areas: Counseling Theory/Practice and the Counseling Relationship; Social and Cultural Foundations; Wellness and Prevention; Systemic



Ethics, Language, and Stigma: Let's Talk About Addiction

Marisa White

Argosy University

Zachary Alexander

Centerstone and Argosy University

Room: Cambridge B

Time: 3:35-4:35

Words have the power to hurt and heal. They also have the power to advocate or stigmatize. This session will focus on the evolution of language in addiction treatment. Attendees of this session will be able to identify how language impacts the ethical treatment of addiction disorders. Attendees will also recognize how updated, ethical, and person-first language can be used in addiction treatment.

Program Objectives:

- identify the role of language in counseling clients with addiction disorders.
- recognize implications that language can have in the treatment of addiction disorders.
- describe the importance of person-first language and how terminology in the recovery community has evolved over time.

NBCC/CACREP Content Areas: Ethics; Counseling Theory/Practice and the Counseling Relationship; Counselor Professional Identity and Practice Issues



Bristol / Johnson City / Knoxville

Sponsor and Exhibitor Information



For more than fifty years, AGAPE has provided professional, quality care to children, families, and adults. AGAPE provides counseling, crisis support, adoption and foster care services, and pregnancy-maternity care. Our compassionate and professional therapists help clients address life issues in a safe, affordable, accessible, and Christian environment. We offer counseling at 10 locations throughout Middle Tennessee. At AGAPE, we know love works because we see it in action each and every day.

American Addictions Center

Our mission is to provide quality, compassionate, and innovative care to adults struggling with addiction and co-occurring mental health disorders. Through comprehensive and customized treatment plans, our research-based, empathetic care we instill hope that long-term recovery is possible. Our purpose and passion is to empower you, your family, and community by helping you achieve recovery and optimal wellness of the mind, body, and spirit.



Argosy University is a university community dedicated to delivering high quality professional education programs to working professionals. The university serves these individuals by offering doctoral, masters, post-graduate certificate, and undergraduate programs in professional and career fields as well as continuing education and professional development services

Argosy University dedicates itself to offering its programs and services in ways that are accessible and responsive to the needs of its students. By focusing on the development of key educational and professional competencies, the university is able to serve effectively its student body and the needs of the professions served by its programs.



Caron Treatment Centers is a nationally recognized non-profit provider of alcohol and drug addiction treatment. With nearly 60 years in the field, Caron is one of the oldest and largest organizations offering primary, relapse and longer-term residential treatment for adolescents, young adults, adults and older adults, as well as families affected by the disease of addiction.



Compass Intervention Center is located in Southwest Tennessee. This convenient location provides access to larger communities in Tennessee, Mississippi, and Arkansas. We work with children and families throughout the United States, including military families overseas.



CoreCivic Community is driven by a single purpose: to tackle America's recidivism crisis. To achieve that, we work to help the men and women we work with successfully reintegrate with their communities, reconnect with their families, and regain their financial footing.

We do this by providing both residential and non-residential services, designed to help people reintegrate after prison or avoid being incarcerated in the first place.



Alcohol and drug addiction is a chronic, progressive, and potentially fatal disease. With our treatment at Cumberland Heights we provide the highest quality care for adults, adolescents, and families who suffer from or are affected by this disease.

Cumberland Heights' co-founders, Robert Crichton, Sr. And Dr. Thomas Frist, Sr., had a clear vision for a treatment center, "We want to have a location and a program which will enable a man to go back to the primary meanings of his life so he can start over again."

From this foundation Cumberland Heights developed this mission – to transform lives, giving hope and healing to those affected by alcohol or drug addiction. We implement our mission by incorporating the principles of the 12 Steps with the therapeutic tools necessary to live a productive, sober life.



Optimize remote counselor supervision and create demand for your program with the technology that today's students use in their daily lives. EMS' **SIMULATIONiQ Counseling** is a leading audio-video recording and web-based learning management system that can be used in your clinical training, supervision, clinic, research, and pedagogy. Add on the VideoCAPTURE Counseling app, and students will have the flexibility to record field interviews, playback, bookmark, and annotate videos on any mobile device, and automatically upload to the SIMULATIONiQ Counseling platform for faculty review. Visit the EMS booth and <http://www.simulationiq.com> for more.



Focus Treatment Centers

We at Focus Treatment Centers believe that eating and substance use disorders are progressive and life-threatening, but with effective treatment, recovery is possible.

Our multidisciplinary staff is comprised of doctors, psychotherapists, dietician and nurses, many of which are walking their own path of recovery, sharing a passion and dedication to providing memorable and quality care to each patient and their loved ones. Treatment is individualized and holistic with a focus on reconnecting mind, body, and spirit and celebrating each person's unique life experience. The warm and intimate environment of our centers provide a place of safety for the exploration of underlying issues, practicing new skills, and building new, healthy relationships with personal accountability. We believe that recovery cannot be fully reached without the ability to establish these healthy relationships, both with others and with self, and our ultimate goal is to prepare and empower each patient to move forward with a healthy, productive, joy-filled life.



The mission of Freed-Hardeman University is to help students develop their God-given talents for His glory by empowering them with an education that integrates Christian faith, scholarship, and service.



Recovery at Integrative Life Center happens in the real world so that men and women may explore and develop a sense of choice and empowerment in their own lives and personal development.

Our Partial Hospitalization Program is grounded in a personalized, integrative approach to treatment that supports self-discovery, strengthens inner wisdom, and restores a sense of balance between mind, body, and spirit.



We are a behavioral healthcare company with facilities located across the southeast aimed at setting the standard in addiction treatment. We provide real solutions to the addiction epidemic by deploying systems of care to communities with the greatest need. We believe every person and their family should be afforded a chance to recover, no matter their circumstances.



Lindsey Wilson College is located in Columbia, Kentucky, and through its School of Professional Counseling serves students in 5 states with 26 satellite campuses, including Gallatin Campus at Volunteer State Community College. The mission of Lindsey Wilson College is to serve the educational needs of students by providing a living-learning environment within an atmosphere of active caring and Christian concern where every student, every day, learns and grows and feels like a real human being. Lindsey Wilson College is CACREP accredited and provides online or weekend seated programs.



For more than 20 years, Mental Health Cooperative (MHC) has been helping adults with severe mental illness and children with serious emotional challenges live quality lives in the community with ongoing support and treatment.

We combine behavioral health services, physical health care and pharmacy resources to help the whole person. In the last two decades, our evidence-based team approach has helped build trust with tens of thousands of Tennesseans. Our services can improve your overall health and life satisfaction by integrating physical healthcare and behavioral healthcare.



Motivo provides online clinical supervision through our live, HIPAA-compliant video platform.

With Motivo, you can search our directory of supervisors to find the one that best fits your needs. We then introduce you to the supervisor through a 15-minute free consultation. Once you're ready to move forward, you gain access to our platform for live video sessions.

Our ultimate goal? To provide supervision that is simple, accessible and of the highest quality. Motivo supervisors represent a wealth of experience and expertise. It's important to us that you don't just find a supervisor, but you find the best supervisor for your unique career path. On our site, you will find supervisors specializing in everything from couples to coaching, from attachment to addiction, from play therapy to post traumatic stress.



The state-of-the-art treatment for Major Depression. We are one of the largest providers of Transcranial Magnetic Stimulation (TMS) in the greater Nashville area and are the most experienced treatment center in the use of TMS. With TMS, there is hope for relief from depression even after multiple medications have failed to help you. Using unique personalized treatment approaches, we don't just provide symptom improvement; we can get most patients truly well. We can help you get back to the real you. Located in Green Hills and Cool Springs very soon!



TMS stands for Transcranial Magnetic Stimulation. It is an FDA cleared, non-medication based treatment for depression. It is also indicated for a broad range of conditions including: PTSD, OCD, Addictions, Eating Disorders, Anxiety, Autism Spectrum Disorders, ADHD, and Chronic Pain. TMS is widely researched and poised to dramatically change the treatment of psychological and neurological conditions.



Origins Behavioral HealthCare operates age- and gender-specific alcohol and drug addiction treatment programs, with locations in Florida and Texas. Our approach to treatment consists of an integration of medical, clinical, psychological, and spiritual interventions and therapies designed to heal the whole person. Origins embraces the timeless 12-Step philosophy and compliments it with the latest medical and therapeutic approaches. We offer a highly effective and comprehensive approach to long-term aftercare support.

Call 888.843.8935 for more information or visit www.OriginsRecovery.com.



Pine Grove Behavioral Health & Addiction Services in Hattiesburg, MS understands lasting recovery and healing begins at the roots of who we are. Transformation is deeply woven into the core of each individual through broad reaching treatment options. As a result, we have gained a reputation as one of the nation's most comprehensive treatment campuses – drawing on cross-disciplinary expertise and multiple, whole-life treatment programs to effectively address the real complexities of life and addiction. Since 1984, Pine Grove has remained committed to being a leader in healing and changing lives, providing the highest quality behavioral health and addiction treatment services available... because life is for living



As part of the Wisconsin-based Rogers Behavioral Health System, Rogers Behavioral Health–Nashville offers comprehensive intensive outpatient and partial hospitalization programs for children, teens, and adults with obsessive-compulsive disorder (OCD) and related anxiety disorders, depression and mood disorders, and eating disorders. Using cognitive behavioral therapy (CBT) as a foundation for treatment, patients receive individualized treatment plans to address their unique situations. Visit rogersbh.org to learn more.



Rosemary Frank Financial, LLC is a Registered Investment Advisor helping individuals and families achieve their financial goals. The firm also provides Divorce Financial Consulting services to divorcing persons and their attorneys, Continuing Legal Education (CLE) for attorneys, and is the Middle Tennessee Partner for the Second Saturday Divorce Workshops for Women.



THE BRIDGE
TO RECOVERY

EST. 1972

The Bridge to Recovery is a transformational residential program, which specializes in healing individuals by addressing the core causes of anxiety, depression and compulsive behaviors. The result is emotional recovery and a renewed enthusiasm for life.



The Doctor of Philosophy (PhD) Clinical Counseling, Teaching and Supervision degree program is accredited by The Council for Accreditation of Counseling & Related Educational Programs (CACREP). The doctoral program exists to equip students to become competent mental health professionals, counselor educators, supervisors, researchers, and leaders in the field who will use their skills in service to others. The education and training from this program will help counselors gain leadership and service skills that employers are currently seeking.



TriStar Centennial Parthenon Pavilion is Nashville's largest and most established psychiatric hospital. Our facility has been helping individuals in need of mental health treatments since 1971. We believe that mental illness is treatable in a supportive and therapeutic environment. Our psychiatrists, therapists, nurses and other specialists are dedicated to improving the lives of our patients. We have a long history of helping individuals recover from different mental disorders and substance abuse problems. It is our mission to help patients return to a fulfilling and productive life.

Vanderbilt Behavioral Health



Vanderbilt Behavioral Health is comprised of Vanderbilt Psychiatric Hospital, an 88-bed inpatient facility; the Adult and Adolescent Partial Hospitalization Programs; the Psychiatry Outpatient Clinics which provide more than 70,000 outpatient visits annually; the Neuromodulation program which includes Transcranial Magnetic Stimulation (TMS), Electroconvulsive Therapy (ECT), and Deep Brain Stimulation (DBS); and the Center of Excellence which provides services for children in state custody or who are at risk of a custodial situation. As a part of Vanderbilt University Medical Center, we provide world-class care for our patients, setting the standard for excellence while advancing our field through education and research.

TNAMFT Leadership

Current Leadership

President: David Hall

President-Elect: Robbie Hutchins

Secretary: Dianne Bradley

Treasurer: John Hart



Regional Representatives

Middle TN Representative: Teri Murphy

East TN Representative: Gordon Brewer

West TN Representative: Barry Greenlee

Student Representative: Emily Kratzert

Past Presidents

Barney Self

Linda Hazel

Richard Gillespie

Linda Oxford

Randall Phillips

Brenda Dew

Jerry Harber

Phil Barkley

Janice Barkley

Celia Ferguson

Judith Roney

TLPCA Leadership



Current Leadership

Robert Moore, President

Marcy Webb, Past President

Clay Harris, President-Elect

Ellen Blaylock,
Secretary

Michael Pilcher, Treasurer

Former Board Presidents

John Kennedy, President, 2015-2016

Marisa White, President, 2014-2017

Rebecca Stein, President 2013-2016

Marcy Webb, President 2012-2015

Dan Edwards, President 2011-2014

Deb Wilson, President 2010-2013

Kim Speakman, President 2009-2012

Carol L. Harp, President 2008-2011

Kay Arnold, President 2007-2010

Cindy Sneed, President 2006-2009

Former Board Secretaries

Clay Harris, 2016-2017

Trina Winters, 2014-2016

Marisa White, 2012-2014

Marcy Webb, 2010-2012

Trish Sanders, 2006-2010

Former Board Treasurers

Anna Edgeston, 2015-2017

Deb Wilson, 2013-2015

Heather Hendrickson, 2011-2013

John Thomas, 2009-2011

Kim Speakman, 2006-2009

Committee Chairs

Bylaws- Alexine Batts

Professional Development - Alvin Bonds

Diversity- Anna Edgeston

Ethics - Marisa White

Events - Robin Lee

Media/Public Relations - Rebecka Warren

Membership - Ann White

Public Policy & Licensure - Michael Randolph,
Co-Chair; Clay Harris, Co-Chair

Regional Representatives

State-Wide Coordinator - Alvin Bonds

Chair for Regional Reps - Liane De Souza

Student Representative - Zachary Alexander

East Tennessee:

Knoxville Area - Nancy Truett, Anthony Fuller

Chattanooga Area - Yohunna Woods-Moton, Crystal Crumley

Tri-cities – Leah Smith

Middle Tennessee:

Nashville Area - Connie Taylor, Tara Lamb, Leah Lennox

Columbia/Lewisburg/Lawrenceburg Area - Todd Fehrman, Andrea Troope

Cookeville Area - Robert Ridley, Derrick Edwards

Murfreesboro Area - Martha Jones

West Tennessee:

Jackson Area - Linda Laney

Memphis Area - Laura White

TLPCA Founding Members

Kay Arnold, LPC/MHSP
Hendersonville

M. Elaine Baldwin, EdD, LPC/MHSP
Knoxville

Saroj Chand, LPC/MHSP
Knoxville

Carol H. Gipson, PhD, LPC/MHSP
Nashville

Tom Gutridge, LPC/MHSP
Knoxville

Susan Hammonds-White, EdD, LPC/MHSP
Nashville

Daniel S. Hayle, LPC/MHSP
Gallatin

Nancy Johnson, LPC/MHSP
Memphis

Robin Lee, PhD, LPC/MHSP
Murfreesboro

Suzanne Manniss, PhD
Jackson

Trish Sanders, LPC/MHSP
Nashville

Cindy Sneed, NCC, LPC/MHSP
Nashville

Kimberly D. Speakman, LPC/MHSP
Nashville

John R. Thomas, LPC
Nashville

Nancy Truett, LPC/MHSP
Knoxville

Suzanne S. Wilson, LPC/MHSP, CTA
Brentwood

Presenters

Zachery Alexander – p. 51

Zach Budesá – p. 20

Jessy Barclay, Ph. D. – p. 43

Christine Bates, LPC – p. 20

Lynece Benton-Stewart, LPC-MHSP – p. 45

William Bernet, M.D. – p. 45

Jenny Black, LMFT – p. 46

Suzanne Blackwood – p. 29

Alvin Bonds, II, NCC, ACS, RPT-S, LMFT, LPC/MHSP – p. 51

Gordon Brewer, Med, LMFT – p. 50

Christine M. Browning, Ph.D., LPC-MHSP, NCC, SPE – p. 26

John Brownlee – p. 45

Amanda Grieme Bradley, PhD, LMFT – p. 23

Jennifer Castner – p. 45

Holly Cook – p. 38

Lacrecia Dangerfield, EdD, LPC-MHSP – p. 26

Graham Disque, Ph.D. – p. 42

Anna Edgeston, Ed.D, LPC-MHSP – p. 29

Derrick L. Edwards, PhD, LPC-MHSP – p. 35

Stephanie Evans, LPC-MHSP – p. 45

Frankie Fachilla, LPC-MHSP – p. 27, 45

Jenny Ford, p. 20

Joshua Gebhardt – p. 42

Donald Harvey – p. 36

Susan Hammonds-White – p. 35

Jessica Huddleston, LPC-MHSP – p. 22

Julia Johnson, LPC-MHSP– p. 43

Mark Loftis, Ph.D., LPC-MHSP, SPE-HSP, LADAC II, MAC – p. 37

Chad Luke, PhD, LPC-MHSP, NCC, ACS, MAC – p. 43

Lee McCormick – p. 38

Rachel McCrickard, LMFT – p. 49

Melissa McGee – p. 39, 45

Barbara S. Peavey, Ph.D., M.S. PsyPharm, BCIAC – p. 22

Randall Phillips, LMFT – p. 28, 49

Christopher J. Quarto, Ph.D., Licensed psychologist (HSP) – p. 27

Sarah B. Rodgers, MA, LMFT, RDT – p. 30

Tyler Rogers, Ph.D, LPC, LMFT, NCC – p. 50

Marisol Rosas-Biser – p. 29

Chris Sanders – p. 29

Shelly Steel, p. 35

Amelia Ward – p. 50

Cindy Westcott, LCSW – p. 21

Marisa White, PhD, LPC, NCC – p. 51

Ray White, Ed.S., LPC/MHSP/AS, NCC, ACS – p. 36

Peter Wilson – p. 45

Kate Worley – p. 29

Lydia Yau – p. 29

Notes

[illegible]

[illegible]