

**Charly 2026 Counseling and Therapy Summit – Session Schedule**

	<b>Session 1</b>	<b>Session 2</b>	<b>Session 3</b>	<b>Session 4</b>	<b>Session 5</b>
	<b>9:45 to 10:45 AM</b>	<b>11:00 AM – 12:00 PM</b>	<b>2:00 – 3:00 PM</b>	<b>3:15 – 4:15 PM</b>	<b>4:30 – 5:30 PM</b>
Boone Center	<i>Roundtables (See below for titles)</i>	<i>Roundtables (See below for titles)</i>	<i>Roundtables (See below for titles)</i>	<b>When Insight Isn't Enough: Somatic Tools to Complete the Stress Cycle</b> <i>Mara Giovanni</i>	<b>Rhythms of Renewal: A Drum Circle for Counselor Replenishment and Connection</b> <i>Vanessa Davis</i>
Room 102/104 (ethics)	<b>Ethical Use of Music in Counseling: Professional Identity, Boundaries, and Clinical Decision-Making</b> <i>Jena Collins Jessie Meehan Hailey Mason</i>	<b>The Ethical Considerations of Professional Changes and Career Transitions</b> <i>Shelly Erdman Joy Conklin Michael Christian</i>	<b>When Clients Stay: Ethical Decision Making and Clinical Pitfalls in Domestic Violence Cases</b> <i>Angie Galyean</i>	<b>Ethical Considerations Across Eating Disorder Treatment and Supervision</b> <i>Heidi Hensley</i>	
Room 106/108 (grief)	<b>Supporting Clients Through Death Anxiety, Dying, and Existential Distress</b> <i>Carla Archuletta</i>	<b>Supporting the Growth of Bereaved Clients through Meaning Reconstruction and Posttraumatic Growth</b> <i>Mason Hale John Kennedy</i>	<b>A Shipwreck, A Decision, and Excellence: Implementing Stoic Philosophy in the Therapy Room</b> <i>Adam Barfoot</i>	<b>Ambiguous Loss in Clinical Practice: When Grief Has No Funeral</b> <i>Christal Pennic</i>	<b>The Addicted, Developing Brain: Biological Implications and Treatment Suggestions</b> <i>Jeremy Northrop</i>
Room 109	<b>Beyond the Binky: Bringing Clinical Practice to the Nursery</b> <i>Kendra Cook</i>	<b>Play With Purpose: Using Tabletop Role-Playing Games in Group Therapy with Neurodivergent Middle and High School ??</b> <i>Allison Battles</i>	<b>Doing It Scared: Falling Forward into the Clinical Growth Zone</b> <i>Rebecca Bray</i>	<b>Know Your Worth: Fee Setting and Revenue Planning for Counselors</b> <i>Katya Brewington</i>	
Room 110	<b>Counseling Compact Update</b> <i>Greg Searls</i>	<b>Legislative Update</b> <i>Heather Meshell April Lamoreaux Clay Harris</i>	<b>Licensure Q &amp; A</b> <i>Kim Speakman</i>		
Room 111	<b>Resentment Drift: Why Clients Get Stuck in Bitterness—and How Counselors Help Them Return to Healthy Anger</b> <i>Andy Melton</i>	<b>Understanding First Responder Culture: Keys for Clinicians</b> <i>Lori Morrow Christine Webb</i>	<b>Community Mental Health as Specialty Practice: Elevating and Sustaining High-Complexity Care</b> <i>Paige Seymour</i>	<b>When Your Past Meets Your Practice: Working with Childhood Wounds as a Neurodivergent Clinician</b> <i>Yunetta Smith</i>	<b>Counseling First Responders</b> <i>Sarah Steger</i>
Room 113	<b>Poetry Summit for Marginalized Students: Poetry Therapy and Coping Mechanisms on College Campuses</b> <i>Jeremy Berry Patrick Whitfill</i>	<b>Historical Trauma, Contemporary Pain: Examining Culture and Mental Health in BIPOC Communities</b> <i>Kimberly Proctor-White</i>	<b>I'm Not Your Superwoman: Black Women &amp; Depression</b> <i>April Riddick</i>	<b>From Therapy Room to Frontline: Exploring Co-Response Careers</b> <i>Roxanne Miller</i>	<b>The Power of Triangles: A Clear Framework for Psychodynamic Case Formulation</b> <i>Jeff Devine</i>

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Room 114	<b>Furthering Eating Disorder Treatment: Fat is Not a Dirty Word - Countertransference in the Diet Culture Era</b> <i>Ashley Vicari</i>	<b>Designing Opt-Out Counseling: A Theory-Informed Approach to Normalizing Support</b> <i>Lucy White</i>	<b>Dads Matter: Appreciating the Unique Role of Fathers Within the Family</b> <i>Ronny Nevo</i>	<b>Counselors at the Table: Navigating the Future of Counseling Regulation in Tennessee</b> <i>Susan Baker</i> <i>Mekenzie Russell Lane</i>	<b>Sonorous Sessions: How to Integrate Music into Your Practice</b> <i>Cassandra Meredith</i>
Room 115 (trauma)	<b>Balancing Safety and Activation: A Trauma-Informed Approach to ERP</b> <i>Allyson Melcher</i> <i>Amy Blount</i>	<b>Addressing Sexual Dysfunction in General Practice: What Neuroscience and Safety Theory Reveal</b> <i>Olivia Felts</i>	<b>Counseling in Times of Collective Trauma and Crisis</b> <i>Marisa White</i>	<b>Helping Families Heal Together: Engaging Caregivers in Child Trauma Therapy</b> <i>Chase Sanders</i> <i>Mikaela Rowland-Pearce</i>	<b>Betrayal Bonding and Trauma Bonding: Neurobiology, Relational Dynamics, and Clinical Applications</b> <i>Michael Christian</i> <i>Joy Conklin</i>
Quick Lecture Hall (Supervision)	<b>Developing Psychologically Safe Clinical Supervision Framework For Your Clinical Supervision Practice</b> <i>Charly Bjornsen</i>	<b>When Coping Skills Backfire: A Neurobiological Reframe</b> <i>Katie Casey</i>	<b>From Practice to Power: Relational and Liberatory Frameworks for Clinical Work and Supervision</b> <i>Anna Morgan-Mullane</i>	<b>Application of Acceptance and Commitment Therapy in Supervision to Enhance Growth Mindset and Reduce Burnout</b> <i>Amanda Russell</i>	<b>When Trust Becomes Survival: A Unified Model of Betrayal Trauma and Moral Injury</b> <i>Lisa Long</i> <i>Shelly Erdman</i>
Wakefield Auditorium (trauma)	<b>Deep Brain Reorienting: The Neurobiological based Trauma Treatment</b> <i>Alexis Castle</i>	<b>Working with Betrayal Trauma: Clinical Strategies for Post-Infidelity Stress</b> <i>Detra Flowers</i>		<b>Fragmentation to Integration: Treating Dissociation in Complex Trauma</b> <i>Dakota Lawrence</i>	<b>Sexual Behaviors of Children: Normative v. Problematic and How Can We Best Help Children</b> <i>Stefanie Golper</i>
Greathouse, Room 211	<b>Marriage and the Family: Helping Clients Navigate Intergenerational Boundaries</b> <i>Sarah Bracey</i>	<b>Intergenerational Narratives and Emerging Adults' Perceptions of the Sexual Double Standard: An Exploration</b> <i>Margaux Seitz</i> <i>Christopher Hipp</i>	<b>Why Counseling Students Leave—and How Entrepreneurship Interrupts That Pattern</b> <i>Cecily Moore</i>	<b>Reclaiming the Narrative: Bridging Mental Health, Culture, and Spirituality</b> <i>Parris Charmai Leisure</i>	<b>When the body speaks: Treating Conversion Disorder</b> <i>Kara Werner</i> <i>Megan Loving</i>
Greathouse, Room 212	<b>Recovering the Self: Helping Women Heal from Destructive Relationships</b> <i>Tara Forrest Greene</i>	<b>The Transformational Nature of Anger: Clinical Applications for Treatment of Adult Clients</b> <i>Francesca Giordano</i>	<b>Hospitalization as Last Resort: A Posture of Competence and Compassion When Treating Suicidality</b> <i>Nathan Harris</i>	<b>When "Toxic" Becomes a Verb: Navigating the 3 Faces of Workplace Toxicity</b> <i>Don Harvey</i>	<b>Addressing Emerging Addictive Technology and Media Therapeutically: A Guide for Treatment Conceptualization</b> <i>Kevin Hull</i> <i>Chelsea Alexander</i> <i>Rebecca Felt</i> <i>Kimmy Gains</i>

# Roundtables

## 9:45 to 10:45 AM - Boone Center

	Session Title	Presenter(s)
Session 1	The Great Exchange: Gen Z's Switch from Smartphones to Flip Phones, A Qualitative Phenomenological Analysis	Cory Bishop
Session 2	Inmate or Resident? How Language Influences Beliefs and Hinders Client Access to Therapy in Carceral Settings	Miranda Buell; Jess Kemp
Session 3	Emetophobia: Supporting Clients with the Fear of Vomit and Vomiting	Benjamin Craft; Amy Mariaskin
Session 4	PDA: Complex and Misunderstood	Kari Daevel
Session 5	Sharing the Silence: A Roundtable on Loss and Counselor Well-Being	Laura Enciso; Enchantice Laws
Session 6	Bridging Mental Health Services and School Counseling: Partnering Across Systems to Support Children	Nicole Golden
Session 7	You Have a Seat at the Table: A Roundtable on Facilitating Therapeutic RPG Groups	Vanessa Davis

## 11:00 AM – 12:00 PM - Boone Center

	Session Title	Presenter(s)
Session 1	Mental Health Treatment Considerations for Adult Women who Experienced Purity Culture in Adolescence	Emily Oliver
Session 2	Water from an Empty Well: Restoring the Healer Within	Lorice Parker
Session 3	Toys, Not Just for Tots: What Kids Can Teach Us About Working with Adults	Tori Rokicki
Session 4	The Power of Performance: How to Navigate Performing in Life	Burgess Rye
Session 5	Assisting College Students Manage Their Anxiety and Worries	James Sapp
Session 6	What School Didn't Prepare Me For: A Reflective Discourse Regarding Treatment of Outcasted Individuals	Meagan Thompson

**2:00 – 3:00 PM - Boone Center**

	<b>Session Title</b>	<b>Presenter(s)</b>
Session 1	Witnessing Loneliness: A Relational and Experiential Group Therapy Model	<b>Julie Thompson</b>
Session 2	Out of the Box Techniques to Relieve Stress in Five Minutes or Less Utilizing Items in Your Environment	<b>Heather White; Douglas Devaney; Taneka Butler</b>
Session 3	The Pornification of Social Media	<b>Ray White</b>
Session 4	Using Biculturalism to Help Immigrants and Families Build Identity and Belonging	<b>Chenxi Zhu; Shellsea Morales</b>
Session 5	Improving Client Retention Through Building Authentic Rapport	<b>Taylor Proberts</b>