

# LIFESPAN INTEGRATION®

Connecting with the now, with yourself, with others and with life

## Level One Training August 28<sup>th</sup> & 29<sup>th</sup> Nashville, TN

### LI Level One At a Glance

- 14.5 Clock hours through NBCC
- Early registration rate  
(register at least 3 weeks before training date)
- Full – \$580
- Grad Students, Group rate\*, and those taking Level 1 for a second time – \$490
- Gain four basic LI protocols:
  - The LI Baseline protocol
  - The LI PTSD protocol
  - The LI Relationship protocol
  - A simple trauma clearing protocol called Timeline from Explicit Memory.

\*Three or more therapists attending from the same agency qualify for group rate.

## What is Lifespan Integration?

Lifespan Integration (LI) engages the entire body-mind and is more effective than traditional talk therapies. LI utilizes repetitions of a somatosensory Timeline to clear past trauma and heal attachment deficits. Clients who have completed Lifespan Integration therapy report that they are calmer, less reactive, and better able to enjoy their lives and relationships.

### Registration

Use code “TLPCA” for group rate pricing at checkout!



### Upcoming SE LI Trainings in 2026

#### Level One:

August 28<sup>th</sup> & 29<sup>th</sup> - Nashville, TN  
Sept. 25<sup>th</sup> & 26<sup>th</sup> - Nashville, TN

#### Level Two:

June 18<sup>th</sup> & 19<sup>th</sup> - ATL, GA  
November 6<sup>th</sup> & 7<sup>th</sup> - Nashville, TN

#### Level Three:

Dates TBD

#### Level Four:

August 7<sup>th</sup> & 8<sup>th</sup> - ATL, GA

**Additional SE Training Dates for  
2026 Levels 1-4 TBD**



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Learn more about Lifespan Integration:  
[lifespanintegration.com](https://lifespanintegration.com)