



The Clinician's Compass Sex and Ethics Workshop

Earn 6 state approved LIVE CE's (3 ethics)

Session 1

Sex Therapy 101:

Building Comfort, Competence, and Clinical Skill

By the end of this training, participants will be able to:

- Identify common barriers clinicians experience when discussing sexual wellbeing with clients
- Describe key sexual response models and their application to clinical work
- Differentiate between spontaneous and responsive desire and assess for desire discrepancy
- Utilize permission-based language to normalize sexual health concerns within therapeutic scope
- Screen for common pelvic pain disorders and basic hormonal influences on sexual functioning
- Apply the PLISSIT Model, BETTER Model, and Five-Domain Intake during sexual health assessments
- Recognize when referral or interdisciplinary collaboration is clinically indicated

The Instructor



Kristin Trudeau
LPC-MHSP,
LADAC II,
CST, CFRC

Kristin is a licensed professional therapist, addictions counselor, Certified First Responder Counselor, and AASECT Certified Sex Therapist & Continuing Education Provider. With 17 years of experience in the field, Kristin owns and operates her private practice, Franklin Teletherapy & Coaching, where she supports adults, older teens/young adults, families, and first responders in building resilience, strengthening connection, and navigating life's most complex challenges. Kristin specializes in trauma, sex-related concerns, and anxiety, integrating EMDR, mindfulness-based strategies, and other evidence based approaches to create meaningful, lasting change.

Session 2

Ethics: The Real Safe Word

Boundaries, Power, and Ethical Practice in Sex Therapy

Grounded in **AASECT core competencies** and aligned with professional ethics standards across major counseling bodies, this experiential training explores the real-world ethical dilemmas that arise when working with sex, intimacy, identity, trauma, desire, and relationships.

Participants will examine the intersection of **power, boundaries, consent, scope of practice, values, documentation, consultation, and risk management** through case examples, interactive discussion, and applied skill-building. The goal is not only to protect clients and clinicians—but to strengthen the work itself.

The Details

AASECT Approved 6 Live CE hours

For Whom?– LPC'S, LMFT's, LCSW's

Where? – Hampton Inn, Berry Farms

When?– Friday, 02/20/2026 9am–4:30pm

SIGN UP HERE

*****Seating is limited– sign up soon*****

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Lunch Included!

Use Coupon Code **50OFF** to get \$50 off this
\$300 value training

Coupon good until 02/13/2026

For ADA accommodations, please reach out

connect@theclinicianscompass.com