

INTENSIVE OUTPATIENT PROGRAM

# TARGETED GROWTH

VIRTUAL

A STRUCTURED,  
THERAPEUTIC PROGRAM  
FOR YOUTH AGES 8-12



## Virtual IOP Now Available Statewide

This is a structured, short-term intensive outpatient program (IOP) for youth ages 8-12 who need support beyond traditional weekly outpatient sessions.

Services include:

- Group Therapy
- Family Therapy
- Individual Therapy
- Medication Management (as needed)

## Program Schedule

- 3 days/week: Mon • Tues • Thur
- 2 hours/day: 4:00 - 6:00pm
- 6 week program • Next Start Date: June 8 2026

### Designed for those who:

- ✓ Show signs that once-a-week therapy isn't enough
- ✓ Are at risk for school suspension, expulsion, or out-of-home placement
- ✓ Face emotional or behavioral challenges that need more focused care

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