



**Compass Academy Live Online
Summer Course Catalogue**

www.theclinicianscompass.com



THE CLINICIAN'S COMPASS: COMPASS ACADEMY ON DEMAND SEX THERAPY 101

Original Price:
\$179.00

SALE PRICE:
\$150.00

ON DEMAND

Sex Therapy Essentials Series
for Clinicians - Course 1

4.5
AASECT
Approved
CEUs



Join Kristin, our AASECT-approved provider and educator!

This course is the first of our ON DEMAND Sex Therapy Essentials Series for Clinicians. Join Kristin, our AASECT-approved provider and educator, as she guides clinicians on a transformative journey into one of the most underdeveloped—and most essential—areas of clinical training: sex and sexuality.

Whether you work with individuals, couples, or clients across the lifespan, conversations about sex inevitably arises. This training is designed to help clinicians move beyond discomfort or avoidance and toward confidence, competence, and clarity. Participants will develop the skills to thoughtfully assess, discuss, and address sexual concerns in a way that is ethical, inclusive, and clinically grounded—supporting clients in one of the most intimate areas of their lives.

If sex shows up in your therapy room (and it does), you don't have to feel unprepared. This experience empowers clinicians to meet these conversations with confidence and care.

WHAT YOU WILL LEARN

- 1 Identify common barriers clinicians experience when discussing sexual wellbeing with clients.
- 2 Describe key sexual response models and their application to clinical work.
- 3 Differentiate between spontaneous and normalive desire and assess for desire discrepancy.
- 4 Utilize permission-based language to normalize sexual health concerns within therapeutic scope.
- 5 Screen for common pelvic pain disorders and basic hormonal influences on sexual functioning.
- 6 Apply the PLISSIT Model, BETTER Model, and Five-Domain Intake during sexual health assessments.
- 7 Recognize when referral or interdisciplinary collaboration is clinically indicated.

Ethical, Inclusive, and Clinically Grounded
Supporting clients in the most intimate areas of their lives



THE CLINICIAN'S COMPASS

PRACTICAL. ETHICAL. EMPOWERING.



ETHICS IN SEX THERAPY + PRACTICAL INTERVENTIONS



From "I can talk about sex" to "I know how to respond clinically."



JULY 18



8:00 AM-1:00 PM CST



LIVE VIRTUAL OR ON-DEMAND



4.5 CE HOURS
AASECT & NBCC APPROVED



KRISTIN TRUDEAU
LPC-MHSP, LADAC II, CST, CFRC

YOU'LL LEARN:

- ETHICS & SCOPE OF PRACTICE
- SCRIPTS FOR DIFFICULT CONVERSATIONS
- PRACTICAL CLINICAL INTERVENTIONS
- ETHICAL, PROBLEMATIC, OR DEPENDS?
- REAL CASE EXAMPLES

EARLY BIRD

\$150

THROUGH JUNE 26

REGULAR REGISTRATION
\$179

REGISTER TODAY!



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DBT ESSENTIALS COURSES

UNBEATABLE VALUE: 3 CORE ESSENTIALS



COMPLETED: PART 1: THEORETICAL FOUNDATIONS AND PHILOSOPHY OF DBT.

Build a firm foundation. Understand the core principles of dialectics and acceptance.



<PART 2: MINDFULNESS AND DISTRESS TOLERANCE>

<1. MINDFULNESS AND DISTRESS TOLERANCE>

Learn core skills to navigate crisis without making things worse. Build resilience.



<PART 3: EMOTION REGULATION AND SELF MANAGEMENT>

<2. EMOTION REGULATION>

Understand and manage intense feelings. Decrease emotional suffering.



<PART 4: INTERPERSONAL EFFECTIVENESS>

<3. INTERPERSONAL EFFECTIVENESS>

Build healthy relationships, set boundaries, and communicate your needs.



INDIVIDUAL COURSE ACCESS

PER ACTIVE COURSE:

\$100

ACCESS ONLY TO PARTS 2, 3, AND 4

GET ALL 3 ACTIVE COURSES FOR \$300

ENROLL NOW

www.theclinicianscompass.com/store

LIMITED TIME OFFER



Click to Register



NBCC approved continuing education:
3 credits per active course
(9 credits total for remaining courses)




COMPASS
ACADEMY LIVE ONLINE

EACH INDIVIDUAL COURSE IS
3 NBCC APPROVED CONTINUING EDUCATION HOURS

MEN'S MENTAL HEALTH MASTERY SERIES:


BREAKING THE MIRROR

High Stakes Interventions for Narcissistic Systems

Friday, July 10 


SLEEP SABOTAGE

Tactical CBT-I for the Over-Functioning Male

Friday, July 31 

BEYOND THE RITUAL

Tactical Interventions for Clients Battling OCD in Daily Life

Friday, August 14 

INDIVIDUAL COURSE PRICE:

\$115 EACH

BUNDLE PRICE

(ALL 3 COURSES):





\$300



ABOUT YOUR INSTRUCTOR



Dr. Phillip Owens, LPC-MHSP-S

-  Over 21 years of Clinical Experience
-  Approved Supervisor for Trainees
-  Personal & direct, with humor and memorable cases.
-  Attendees leave with **CLEAR, PRACTICAL TOOLS** to strengthen clinical confidence and improve client outcomes immediately.

COMPASS

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REGISTER NOW 

<https://www.theclinicianscompass.com/store>



**COMPASS ACADEMY
LIVE ONLINE** presents
CORE COMPETENCIES SERIES

ETHICS IN THE DIGITAL AGE

Part 2 of our Core Competencies
Series on Ethics

Credits: 3 NBCC approved CEU's (ethics)

Date: Friday, July 31, 2026

Time: 9 am - 12:30 pm

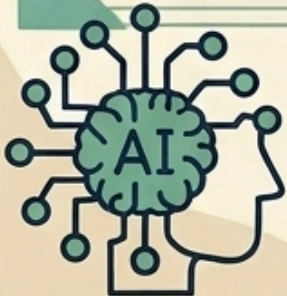
Location: Online - Information will be emailed.

Investment: Full Workshop Price- \$125





COURSE LEARNING OBJECTIVES:


1. Identify key ethical principles that apply to AI use in clinical mental health practice.
2. Analyze confidentiality, informed consent, and documentation risks related to AI-assisted tools.
3. Evaluate ethical challenges related to clinicians' social media presence and client interactions online.
4. Apply ethical decision-making models to technology-related dilemmas.
5. Develop risk-mitigation strategies for integrating AI and managing digital presence responsibly.



**Led by Stacy Phillips,
LPC-MHSP, S, C-DBT**

 **Credits:** 3 NBCC
approved CEU's

 **Date:** Friday, July 31, 2026

 **Time:** 9 am-12:30 pm

 **Location:** Online

 **Investment:**
Regular Price: \$150 |
Early Bird
(until July 24): \$125
Discount automatically
applied before July 24!



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Join us to navigate the complexities of modern mental health practice.

ASSESSING AND MANAGING SUICIDE RISK: A CORE COMPETENCY TRAINING FOR MENTAL HEALTH PROFESSIONALS

Friday, July 17 • 9:00am – 12:00pm

Time zone: America/Chicago
Google Meet joining info shared upon registration

LEARNING OBJECTIVES

Upon completion, participants will be able to:

1. Recognize and manage personal attitudes and emotional reactions that influence clinical work with suicidal clients, and maintain a collaborative stance throughout the assessment and intervention process.
2. Describe prevailing theoretical models of suicidal behavior and apply them to identify evidence-based, culturally informed risk factors, protective factors, and warning signs.
3. Conduct a structured suicide risk assessment interview, integrate findings into a clinical risk formulation, and collaboratively develop a safety plan.
4. Apply evidence-based interventions for suicidality and document risk assessment, clinical reasoning, and treatment decisions according to professional standards.
5. Navigate legal and ethical obligations related to suicide risk and engage in structured debriefing and self-care practices following work with suicidal clients.



ABOUT THE INSTRUCTOR

Alice Bernet, PhD, PMHNP-BC, NBC-HWC

- Board-certified psychiatric nurse practitioner and educator with 20+ years of clinical experience.
- Published researcher and passionate advocate for suicide prevention and clinical tools.
- Focuses on equipping professionals with relational, collaborative, and evidence-based skills.
- Known for making complex psychiatric concepts relatable and engaging in workshops.

Favorite teaching moment: seeing a connection made by a patient or student. Outside of clinic, enjoys indoor rowing and time with her daughter.

Cost: \$125
(\$10 discount if registered by July 10)

3 NBCC approved CE's



The Clinician's Compass has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 8058. Programs that do not qualify for NBCC credit are clearly identified. The Clinician's Compass is responsible for all aspects of the programs.

THE CLINICIAN'S



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