

Your Mental Health Matters



Jeffrey Wegner
Therapist in Smyrna

Do you ever ask yourself...

- Will I ever accept myself?
- How can I heal from trauma?
- Can I manage my anxiety?

What can I offer?

- ✓ Free 15-Minute Consultation
- ✓ Accept Insurance (See List at Link Below)
- ✓ Specialize in Trauma & LGBTQ+ issues
- ✓ Individual, Couple, and Family Therapy
- ✓ Trained in Brainspotting (Part 1 & 2)
- ✓ See Ages 5-100

**LET'S
START
YOUR
HEALING
JOURNEY
TODAY**

📍 521 Stonecrest Pkwy #102, Smyrna, TN 📞 Call Me: 615-854-8495

📅 Hours: Tues-Sat, 9-5 PM 🌐 [PsychologyToday.com/profile/1766632](https://www.psychologytoday.com/profile/1766632)