

Hannah Russell

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Clinton, TN 37716

865-712-3265
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Education

Southwestern College and New Earth Institute /

M.A. in Art Therapy/Counseling

September 2023 - August 2026, Sante Fe, New Mexico

University of Mississippi / M.A. Anthropology

August 2017 - August 2019, Oxford, Mississippi

University of Tennessee / B.A. Anthropology

August 2014 - December 2016, Knoxville, Tennessee

Certifications

Children's Mental Health Certification

Ongoing, Southwestern College and New Earth Institute

Sandplay Therapist Certification

Ongoing, Sandplay Therapists of America

Relevant Work Experience

Ridgeview Behavioral Health / Art Therapy Intern

September 2025 - August 2026, Oak Ridge, TN

Provide individual and family therapy for children ages 6-18 in a school-based outpatient program. Utilize art therapy, eco-therapy, cognitive behavioral therapy, dialectical behavior therapy, and humanistic approaches. Conduct regular assessments including biopsychosocial, Daily Living Assessment (DLA), Columbia Suicide Severity Rating Scale, Expressive Therapies Continuum (ETC) and others. Collaborate with clients to create long term and short term goals while incorporating effective and approachable interventions. Provide community-based support to clients and families based on identified needs. Assist with adult substance abuse outpatient groups by providing therapeutic art interventions. Communicate with the public school system and advocate on behalf of client needs.

Concord Adult Day Enrichment Services / Art Therapist

August 2026 - PRESENT, Knoxville, N

Conduct monthly group art therapy for older adults with cognitive disorders. Facilitate participant feedback and implement community requests into future programming. Collect and disseminate data collected in feedback including mood assessments, perceived challenges, accomplishments, and more.

Appalachian Arts Craft Center / Community Outreach Director

May 2022 - PRESENT, Clinton, TN

Develop and implement Craft in the Community: Senior Outreach Program which operates as a traveling arts program based on therapeutic art interventions for older adults living in assisted and memory care facilities located in rural communities. Develop and implement high-quality arts-based curriculum to homeschool students in rural East Tennessee counties. Showcase regional student art through quarterly exhibitions and collegiate partnerships. Develop community-based workshops focused on equitable, accessible arts programming for children and families in rural communities through the Kids Teaching Kids and Family Craft programs. Organize volunteers and community partnerships to engage with programming.

Arrowmont School of Arts and Crafts / ArtReach Instructor

October 2023 - October 2025, Campbell/Hamblen/Knox County, TN

Design and implement hands-on clay program for elementary and middle school students during an outreach program designed to give rural Appalachian public school children access to arts curriculum. Connect traditional craftspeople with future generations through immersive instruction.

Knoxville Museum of Art/ Summer Art Academy Instructor

June 2023 - August 2023, Norris, TN

Design curriculum for a variety of introductory art courses including faux wood ceramic sculpture, drawing, marbling paper, printmaking, wire sculpture, and painting. Implement lesson plans for students between the ages of 5-12.

References Available Upon Request